AMDA Nepal

Maternal and Child Health Project

Gadhawa, Dang

Monthly Narrative Report

Implementing Partner	AMDA Nepal
Title of the Project	Project for Improving Maternal and Child Health Services
Project Location	Gadhawa Rural municipality, Dang Deukhuri, Gadhawa
Funded By	Ministry of Foreign Affairs (MoFA), Japan / AMDA MINDS
Reporting Period	March 2021
Total Project Budget	Rs. 7,86,25,696.00
Total Annual Budget	Rs. 28,420,325.72
Total Expenses till this Month	Rs. 565,813.71
Total Expenses of this Month	Rs. 565,813.71
Report Prepared By	Keshav Raj Ojha
Report Submitted By	Rajendra Ruchal
Date of Submission	April 8, 2021

1. MAJOR ACOMPLISHMENTS

- Conducted Health Education and Discussion meeting with pregnant women and their Care Takers at different 8 places of Gadhawa RM.
- Provided support and technical guidance to 51 HMG meeting by Community Health Mobilizer.
- Supported and assisted in 1 Outreach Clinic and 9 EPI by Community Health Mobilizers
- CHM regularly conducted home visit of pregnant women.
- Completed bidding process and selected contractor for the construction CHU and ORC
- Finalized the Calendar design, selected vendors and agreement done with selected vendors for publication

2. KEY ACHIEVEMENTS

- 8 events of health education and discussion meeting with pregnant women and their family members/ their care takers were conducted, where 52 pregnant women, 8 their husbands and 34 other family members (total of 94 individuals) were informed about various aspects of safe motherhood and role of family members during the period of pregnancy, delivery and post-partum period. During orientation 88.29% participants passed the post-test whereas only 42.55% participant passed the pretest. At the same time 14 pregnant women who never visited health facility before for ANC were referred to HP for ANC and 23 pregnant women who didn't received MCH greeting card previously were provided MCH greeting card that helped them to get information about safe motherhood.
- During this period CHM visited 51 health mothers group meeting and provided support on conducting health education session. 979 members of 51 health mother's groups informed about various health topics like; uterine prolapse, Fistula, Nutrition, and Immunization etc. that helped to diffuse health messages in the community. And the trend of giving priority in saving & credit related works rather than sharing health information in the meeting is now changed and they have been conducting HMG meeting regularly.
- During the period CHM provided support in 9 EPI clinics and 1 ORC and conducted 10 health education sessions with various health topics, where 267 individuals (264 at EPI & 3 at ORC) were participated and committed to start healthy behaviors by their own and promised to convey messages in their neighborhood.
- Conducted home visit to pregnant women and 61 pregnant women were followed up by CHM at their home and assessed their status and provided health education. Out of 61 pregnant women 51 were visited health facility for ANC and 10 pregnant women were referred to health facilities for ANC and delivery {for ANC=9 and for delivery (postdated case) = 1}. And 85.2% of pregnant women were taking iron tablets regularly.

3. PROJECT ACTIVITY UPDATE

Activity Code	Name of Activity
0.1	Coordination activity

Objective of the activity:

• To maintain good relationship with relevant stakeholders for effective implementation of project activities

Activities:

• Coordination with Local stakeholders

Major discussion/ Content delivered:

• PM and PO visited and met with Health coordinator of Gadhawa Gaunpalika and discussed on third year planning and time line.

- PM visited construction site and conducted meeting with local stakeholders about new construction.
- PO visited 4 health posts and CHU and conducted meeting with HP In-charge for coordination and shared upcoming plan.
- CHM and PM participated in COVID 19 Vaccination program at Gadhawa RM and supported in management of vaccination camp. .
- Regular coordination with ward chairperson and the members of construction monitoring committee has been made regarding construction activity.

***** Follow-up plan (if any):

• Regular Coordination will be continuing with relevant stakeholders.

Activity Code	Name of Activity
0.1.1	Annual Review and reflection meeting

Objective of the activity:

• Review and reflection of the progress made towards the project objectives.

***** Activities:

Annual review and reflection meeting of Year-2 was organized on 4th March 2021 at Babai Resort, Thakurdwara, Bardhiya. A total of 14 individuals (Male= 7 & Female= 7) included representative from AMDA Nepal Central Office, team of AMDA MINDS and team of MCHP were participated in the meeting.

Participants details:

- Ms Kaeko Okuda-Acting Country Director AMDA MINDS
- Mr. Pradip Raj Pant-Project Officer AMDA MINDS
- Mrs. Anuja Sharma- A/F officers AMDA MINDS
- Mrs. Anjana Koirala -Finance Controler AMDA Nepal
- Mr. Achyut Sapkota Admin/HR officer AMDA Nepal
- Mr. Rajendra Ruchal-Program Manager MCHP
- Mr. Keshav Raj Ojha-Program Officer MCHP
- Mr. Sudan Oli-Admin Finance officer MCHP
- Mr. Raja Ram Chaudhary-CHM MCHP
- Mr. Sunita Chaudhary- CHM MCHP
- Mrs Barsha Pandey -CHM MCHP
- Mrs Anusha Yadav -CHM MCHP
- Mrs Sristika Chaudhary- LA MCHP

❖ Major discussion

Discussion was held over the completed activities of 2^{nd} year and planned activities for 3^{rd} year. During the meeting following activities were carried out:

- Presentation on Year 2 program activities
- > Presentation on financial update and compliance
- Construction update sharing
- > Year 3 program and budget sharing

- Year 3 activity planning
- Mr Pradip Raj Pant formally started the program with welcome and introduction.
 Activities progress, lesion learned, issues and challenges over second year was shared and discussed by Mr. Keshav Raj Ojha with support of Mr Rajendra Ruchal.
- Mr Rajendra Ruchal presented the log frame based progress of MCHP where interactive discussion was held over various MCH related indicators of Gadhawa Gaunpalika.
- Financial update and compliance was presented by Mr. Sudan Oli and discussed on the various admin and finance related issues
- The construction work of 2nd year project like initiation of the construction work, monitoring, reporting and handover of ORC and CHU and different issues and challenges during construction work was shared by Mr. Nabin Adhikari. He also shared about the year three construction plan.
- Community health mobilizers of MCHP shared project related success story of their respective working areas.
- Ms Kaeko Okuda presented on how to write beneficiaries opinion/ views and also provided feedback to field staffs about reporting.
- After review and discussion, PM and PO initiated activity planning for 3rd year project with the facilitation of Mr. Pradip Raj Pant.

Program was closed by feedback and suggestion of Ms Kaeko Okuda with her closing remarks. The program was very interactive and with the participatory discussion, year 2 project activities was reviewed properly and as per the learning reflection of 2nd year project Y3 activities has been planned.

***** Follow-up plan (if any):

Third year activities will be implemented as per plan on review and planning meeting.

Activity Code	Name of Activity
1	CHU ORC construction

***** Objective of the activity:

To improve the utilization and access of health services in Gadhawa Gaunpalika

Activities:

For the construction of CHU and ORC, this month bidding process has been completed. AMDA Nepal published the tender notice on 26 February 2021 in Nagarik Daily National News Paper and the website of AMDA Nepal. As per notice AMDA Nepal received three Bid documents from different contractors. Details of Bid opening and selection is as per below:-

A. Technical Bid Opening:

- ➤ Technical bid open day on 15 March, 2021 :
 - Number of Bidders purchased the bid = 4
 - Three contractors were submitted bid-document on time. Which are

- R and CS Builders Pvt. Ltd.
- Dreamway Construction Pvt. Ltd
- Tirupate-Balarupi-Lokmani Builders Pvt. Ltd JV
- Therefore, three contractors were evaluated in the technical evaluation.
- During technical evaluation, following criteria were evaluated:
 - Completeness
 - Detailed evaluation
 - Qualification Evaluation
 - Turnover
 - Financial Resource
 - Net Worth calculation
 - Man Power
 - Equipment
- Three bidder's result is as follows:

S.N	Contractors Name	Result	Remarks
1	R and CS Builders Pvt. Ltd.	Failed	Not submitted line of credit and Bid- Capacity
2	Dreamway Construction Pvt. Ltd	Passed	
3	Tirupate-Balarupi- Lokmani Builders Pvt. Ltd JV	Failed	Not submitted Bid security, line of credit, Bid-Capacity, one partner's similar work experience and Experience in Key Activities, letter of bid document.

- **B.** In Financial Bid Open: In technical evaluation only one contractor was qualified to open financial bid. Financial bid was opened on 24-March, 2021. Selected contractor name is Dreamway Construction Pvt. Ltd. Contractor was quoted less than estimated amount. Which details are below:
 - Estimated Amount: NRs. 14,157,226.80 (With VAT)
 - Contractor's quoted Amount: NRs. 14,142,147.72 (with VAT)
 - i) From above data, contractor was quoted NRs. 15,079.08 less amount than the estimated amount.

After financial evaluation decided to agreement with selected contractor.

❖ Follow up (if any):

Agreement with contractor and initiate the construction work

Activity Code	Name of Activity

2.2.2.2	Regular Assistance at HMG meeting						
		Plan	Actual	Variance			
Number of Event		40 Times	51 Times	11 Times			
Number of Participants		NA	979	NA			
Budget		NA	-	-			

Narrative Explanation:

Date: 1st March to 30th March 2021 Location: Gadhawa RM

Facilitator: Community Health Mobilizers

***** Objective of the activity:

• To provide technical support to HMG for increasing MCH awareness among women of Gadhawa Rural Municipality.

* Major discussion/ Content delivered:

CHM participated and support in 51 HMG meetings at Gadhawa RM, during HMG meeting CHM support in registration process (Minute writing) health related discussion and other administrative procedure. CHM provided support to FCHV for conducting Health education to HMG members regarding maternal and child health through various methods and media such as game playing (Snake ladder game), role play, storytelling etc.

Participants Details:

SN	Ward No.	Village/Tole	Name of HMG	Date of HMG Meeting	No of Participants
1	5	Baki	kalyakari HMG	2021-03-30	20
2	2	Pachahiya.	Gauri HMG	2021-03-22	20
3	3	Gobardiha	laligurasa hmg	2021-03-09	12
4	5	Lokharpur	Ambikkeshwori HMG	2021-03-15	15
5	6	Balakhutti	Hariyo Sag HMG	2021-03-15	40
6	6	Rampur	Sagarmatha HMG	2021-03-15	17
7	3	Madhabapur.	Madhabapur HMG	2021-03-15	15
8	3	Supaila.	Supaila HMG	2021-03-15	21
9	6	Hasipur	Sayapatri HMG	2021-03-16	30
10	1	Jurauni	Sayapatri HMG	2021-03-15	19
11	1	Banbari	Milijuli HMG	2021-03-16	28
12	3	Khaira.	Jyoti HMG	2021-03-16	15
13	3	Khaireni.	Gurdhauli HMG	2021-03-17	20
14	2	Pachahiya.	Laligursa HMG	2021-03-17	20
15	5	Chainpur	Pragati HMG	2021-03-17	29

16	4	Khadkapur	Janachetana HMG	2021-03-17	21
17	4	Khadkapur	Lalilagurasha HMG	2021-03-17	38
18	8	Masjidtol	Himalaye HMG	2021-03-16	16
19	7	Ghoraha	Pragatishil HMG	2021-03-17	33
20	5	Prasiya	Mahadewa HMG	2021-03-18	15
21	2	Pachahiya.	Sirjanashil HMG	2021-03-18	15
22	2	Mahadewa.	Mahadewa HMG	2021-03-19	10
23	4	Praspur	Himal HMG	2021-03-19	16
24	5	Sonpuruwa	Manakamana HMG	2021-03-20	16
25	6	Aatipakar	Kailash HMG	2021-03-20	28
26	6	Gadhawa	Fulbari HMG	2021-03-20	22
27	3	Gobardiha	Pragatishil HMG	2021-03-20	10
28	3	Gobardiha.	Sagarmatha HMG	2021-03-20	9
29	5	Magahar	Nabapratibha HMG	2021-03-21	20
30	2	Baghmaruwa.	Makhamali HMG	2021-03-21	15
31	2	Dada gaun.	Ajmabari HMG	2021-03-21	15
32	1	Jethangau	Laligurasha HMG	2021-03-20	15
33	1	Patringa	Jagriti HMG	2021-03-20	23
34	1	Rangsing	Suryamukhi HMG	2021-03-21	14
35	6	Khabarikhutti	Hariyali HMG	2021-03-22	15
36	2	Ghusra.	Swasthya HMG	2021-03-23	22
37	6	Pragatinagar	Koteshori HMG	2021-03-23	13
38	7	Shntipur	Shirjanshil HMG	2021-03-18	20
39	8	Antarkhal	Sagarmatha HMG	2021-03-21	19
40	8	Nayabazar	Sarswati HMG	2021-03-22	20
41	7	Bhojpur	Ambikeswari HMG	2021-03-23	17
42	7	Chandanpur	Laxmi HMG	2021-03-23	22
43	7	Semari	Laliguras HMG	2021-03-24	11
44	3	Dhaireni	Chetana HMG	2021-03-24	22
45	6	Manikapur	Gankalyan HMG	2021-03-26	11
46	3	Gobardiha.	Jyoti swasthya HMG	2021-03-27	20
47	6	Kumal tool	Koteshori HMG	2021-03-27	17
48	1	Jethangau	Sagarmatha HMG	2021-03-27	19

Grand Total					979
51	4	Ramnagar	Namuna HMG	2021-03-31	27
50	4	Praseni	Milijuli HMG	2021-03-31	16
49	5	Bodhipur / jhali	Himala HMG	2021-03-31	16

❖ Participants feedback/ suggestions/ opinions:

Mrs. Anita Chaudhary , 21 years old female from Koteshwari HMG (Gadhawa RM Ward no 6) said that , "Before 4 month I was not a member of HMG but one day FCHV call me and invite in HMG meeting from that date I am regularly participating in meeting , from HMG meeting I understand about danger signs in pregnancy , importance of nutrition etc. I think HMG meeting is very fruitful for us."

***** Follow-up plan (if any):

CHM should follow up pregnant women during HMG meeting and use more IEC material during HMG meeting.

Activity Code	Name of Activity						
2.2.2.4 / 2.2.2.5	Regular Assistance at ORC/EPI clinics of Health posts						
		Plan		Actual	Variance		
Number of Event	Number of Event			1 ORC and 7 EPI	5 ORC and 4 EPI		
Number of Participants		NA		3 in ORC and 264 in EPI	NA		
Budget		NA					
Narrative Explanation:							
Date: 1 st March to	30 th March	2021	Locati	on: Gadhawa RM			

- **Facilitator:** Community Health Mobilizers
- ***** Objective of the activity:
 - To provide support to the health workers in the clinic, client counseling and facilitate health education session to the visitors.

***** Major discussion/ Content delivered:

CHM visited to the ORC clinics and EPI clinics with Health post staffs. In the month of March CHM assistance 1 ORC clinics and 9 EPI clinics, from ORC clinics 3 people and from EPI clinics 264 Parents got health education in different health related topics.

Following major activities were accomplished by CHMs during ORC EPI

- Support to manage patient queue
- Support to measure weight of children for growth monitoring
- Support for Record keeping and distribution of immunization card
- Support for Distribution of medicines as prescribed
- Support for Health education and counseling

Participants Details:

Nam	e of Health Post	Outlet	Area		Service T	Гуре	Number of Clients
						ANC	2
					Famil	y Planning	3
Koil	abash Health Post	ORC	Musinaka		Growth	Monitoring	1
					Health	Education:	3
SN	Name of Health Post	Outlet	Ward no	Village/ Cluster		Date of conduction	Number of participants participated in health education session
1	Gobardhiya Healt Post	h EPI	1	Kal	akate	2021-03-23	44
2	Gobardhiya Healt Post	h EPI	1	Jetl	nangau	2021-03-25	72
3	Gobardhiya Healt Post	h EPI	2	Mahadewa		2021-03-26	15
4	Gobardhiya Healt Post	h EPI	3	Go	bardiha.	2021-03-27	30

		264				
9	Gadhawa Health Post	EPI	7	Chandanpur	2021-03-23	3
8	Gadhawa Health Post	EPI	6	Manikapur	2021-03-26	12
7	Gangaparashpur Health Post	EPI	5	Dharmapur	2021-03-27	8
6	Gangaparashpur Health Post	EPI	5	Gangaparsh pur H.P.	2021-03-25	70
5	Gangaparashpur Health Post	EPI	4	Praseni	2021-03-24	10

Participants feedback/ suggestions/ opinions:

• Participant of EPI at ward no 4 Presani Mrs Kabita Chaudhary (Parents of child) said that, "From health education session I know about importance of nutrition, how to handling food and food hygiene which is very useful for me and mine baby too"

***** Follow-up plan (if any):

• Assistant to ORC will be continued on monthly basis however major focus of CHM would be on imparting health education and providing counseling service providers to client.

Activity Code	Name of Activity					
2.2.2.8	Health Education and Discussion meeting with PWG and Their Caretakers					
	Plan		Actual	Variance		
Number of Event	Number of Event			9		
Budget		Rs.24000 /-		Rs.22400/-	Rs 1600 /-	
Narrative Explanation:						
Date: March 2021			Gadhawa	RM		

Objective	 To increase awareness about importance of ANC, Intuitional delivery and PNC To make clear about family engagement and role of family members/ care takers during this period. 						
Target Group	Pregnant woman gro	Pregnant woman groups and their family members / care takers					
Participation	Particular	Information Remarks					
	Date	Month of March					
	Venue	Venue All the wards of					
		Gadhawa RM					
	Participant No.	94					
	Gender ratio (F/M)	86/8					

* Major discussion/ Content delivered:

Health education and discussion meeting / orientation with pregnant women and their care takers program were conducted in different places of Gadhawa RM. Four community health mobilizers of MCHP conducted the orientation program at their designated location and PO Mr. Keshav Ojha technically supported. Each event start with introduction of participants and facilitators and FCHV from respective area chairs the program. The following contents were delivered during orientation:

- Objective of program
- Pregnancy, Danger signs during pregnancy, 3 Delays, Birth preparedness and ANC
- Nutrition during pregnancy
- Intuitional delivery, Importance of intuitional delivery and danger signs in PNC
- AAMA SURAKSHYA Program, PNC and Importance of PNC, New born care

***** Participant Details

Date of Orientation	Ward	Cluster	Total Parti cipan ts	Total Preg nant Wom en	Total Husband Participa ted	Total Family Membe	PWGs never visited Health post for ANC	Pregn ant Wome n Refer red for ANC.	MCH greeting cards distribu ted	P assed Pre- test	Pass ed Post- test.
2021-03-23	1	Kalakate	10	6	1	3	4	4	1	8	10
		Balakhut									
2021-03-24	6	ti	11	7	1	4	0	0	7	4	11
2021-03-25	3	Khaireni.	12	7	1	4	4	4	6	4	11
2021-03-25	5	Maguhar	8	4	0	4	0	0	1	4	8
2021-03-23	8	Koilabas	20	10	3	7	0	2	0	4	10
2021-03-26	3	Madhab pur	9	5	0	4	3	3	3	3	9
2021-03-26	4	Praseni	12	6	1	5	0	0	1	7	12
		Shantipu									
3/31/2021	7	r	12	7	1	4	0	1	4	6	12
Grand Total		94	52	8	34	11	14	23	40	83	

Participants feedback/ suggestions/ opinions:

• Mrs. Kiran Yadav, 25 years old pregnant women from Gadhawa 6 Rampur said That, "During my first pregnancy I never take Iron tablet due to lack of knowledge but from this orientation I aware about the importance of Iron tablet in pregnancy hence from today I will take iron tab"

***** Follow-up plan (if any):

• Follow up pregnant women for timely ANC, intuitional delivery and PNC visit as per protocol.

Activity Code	Name of Activity						
	Regular Home Visit and Follow up						
	Plan Actual Variance						
Number of Event	80	64					
Budget	N/A	N/A	N/A				
Narrative Explanation:							

Objective	 To increase awareness about importance of ANC, Intuitional delivery and PNC. To increase knowledge about danger signs during pregnancy, delivery and post-natal period To provide knowledge about nutrition during pregnancy. To provide information about correct technique of breast feeding and use of family planning. 					
Target Group	Pregnant woman					
Participation	Particular	Information	Remarks			
	Date	Month of March				
	Venue	All the wards of				
	Gadhawa RM					
	Participant No. 61					
	Gender ratio (F/M) 61 F					
Date: March 2021	G	adhawa RM	•			

• Conducted home visit to pregnant women and 61 pregnant women were followed up by CHM at their home and assessed their status and provided health education. Out of 61 pregnant women 51 were visited health facility for ANC and 10 pregnant women were referred to health facilities for ANC and delivery {for ANC=9 and for delivery (postdated case) = 1}.

- Out of 51 pregnant women who visited health facilities for ANC, 50 were visited health facilities as per ANC protocol.
- 10 pregnant women had never visited health facilities for ANC out of them 8 pregnant women had just got pregnant, 1 pregnant woman was not aware about ANC and 1 was unmarried pregnancy so she was hiding pregnancy due to fear of exposing.
- Out of 61, 52 pregnant women were regularly taking iron tablets. That is 85.2% of pregnant women were taking iron tablets regularly.

Participants Detail (Details of home visit)

S.N.	Name of CHM	Total No of Home visit	Total Referred	Remarks
1	Anusha Yadav	21	1	
2	RajaRam Chaudhary	3	0	
3	Barsha Pandey	25	4	
4	Sunita Chaudhary	12	5	
Total	,	61	10	

Activity Code	Name of Activity						
3.1	Calendar Publication and Distribution						
	Plan	Actual	Variance				
Number of Event	1	-	On process				
Budget	475000	-	Not Paid till date				

Narrative Explanation:

Date: March 2021 Gadhawa RM

Objective of the activity:

• To promote project and improve the knowledge in MCH related topic among community people

Activities:

For the publication of calendar of 2078 BS, the concept and design has been finalized at office by PM and PO. Quotation was announced through newspaper Yogbodh National daily on 18th March (0015/AMDA/MCHP/2021).

MCHP got three quotation from vendor as per below:-

- * Red Star printing press Butwal
- Resunga Printing Press-Butwal
- ❖ Fast Printing and Designing- Butwal

Internal Management Committee (so called procurement committee) of MCHP opened the sealed quotation on 25th March 2021 and evaluated the specification and cost. Among the three vendors, Resunga Printing Press has been selected and agreement has done for the publication.

❖ Follow up (if any):

Received the calendar within first week of April and distribute accordingly.

4. BUDGET STATUS

Budget Period	Approved budget	Expenses	Expense Percent (%)	Remarks
Annual Budget	Rs. 28,420,325.72	Rs. 565,813.71	2%	

5. WAY FORWARD/RECOMMENDATION

- Regular coordination with local stakeholders will be done.
- Appropriate planning, coordination and management for upcoming events

- CHM will focus on health education and counseling during EPI and ORC.
- Continue home visit of pregnant women

6. PLANNED ACTIVITIES (for upcoming month/ Period)

Following activities will be implementing on the upcoming month.

Activity	Target	t .	Planned	Place /Location of
	No. of Events	Budget	Time Frame	Activity
Agreement with contractor and start construction work	4		3 rd week	CHU – ward no 2 Mahadeva and ward 3, Gobardia ORC – Kakrahawa and Khabari
Regular Assistance at ORC clinics of health posts by CHM	6	-	Regular	Gadhawa Gaupalika
Regular Assistance at EPI clinics of health posts	12	NA	Regular	Gadhawa Gaupalika
MCH related jingles/program broadcast in local radio/FM station	(10 times per day 2 times per Month)	52000 / Year	Continue broadcast	Gadhawa Gaupalika
MCH related News publication	(4 Times Per Month)	52000/Year	Weekly	Gadhawa Gaupalika
Health education and discussion meeting with pregnant women and their care take	8 events	24000	First 2 weeks of April	Gadhawa Gaupalika
CHU management Committee Reactivation Training	2 events	60133	last week of April	Gadhawa Gaupalika
World Health Day and Safe motherhood day celebration	2 Events	60000	April 7 and April 23	Gadhawa Gaupalika

7. ANNEXES

Annex 1: Data









Annex 2: Photographs



Providing Health education at EPI



Home Visit and Follow up of Pregnant women



Health Education and discussion with PWGs and their Care takers



Health Education and discussion with PWGs and their Care takers





Support and assisted at HMG meeting

Support and assisted at HMG meeting

-----The End-----