

AMDA Nepal
Maternal and Child Health Project
Gadhawa, Dang
Monthly Narrative Report

Implementing Partner	AMDA Nepal
Title of the Project	Project for Improving Maternal and Child Health Services
Project Location	Gadhawa Rural municipality, Dang Deukhuri, Gadhawa
Funded By	Ministry of Foreign Affairs (MoFA), Japan / AMDA MINDS
Reporting Period	April 2021
Total Project Budget	Rs. 7,86,25,696.00
Total Annual Budget	Rs. 28,420,325.72
Total Expenses till this Month	Rs.
Total Expenses of this Month	Rs. .
Report Prepared By	Keshav Raj Ojha
Report Submitted By	Rajendra Ruchal
Date of Submission	May 5, 2021

1. MAJOR ACOMPLISHMENTS

- Conducted Health Education and Discussion meeting with pregnant women and their Care Takers at different 5 places of Gadhawa RM.
- Provided support and technical guidance to 21 HMG meeting by Community Health Mobilizer.
- Supported and assisted in 1 Outreach Clinic by Community Health Mobilizers
- CHM conducted 59 home visits of pregnant women.
- Completed vendor selection process and agreement has been done with selected vendor for the construction CHU and ORC
- Conducted ORC management committee reactivation orientation at newly constructed ORC (Musi naka and Khabari Naka)
- Conducted Equipment monitoring in all Health Posts.

2. KEY ACHIEVEMENTS

- 5 events of health education and discussion meeting with pregnant women and their family members/ their care takers were conducted, where 32 pregnant women, 2 their husbands and 19 other family members (total of 53 individuals) were informed about various aspects of safe motherhood and role of family members during the period of pregnancy, delivery and post-partum period. During orientation 100% participants passed the post-test whereas only 56.6% participant passed the pretest. At the same time 20 pregnant women who didn't received MCH greeting card previously were provided MCH greeting card that helped them to get information about safe motherhood.
- During this period CHM visited 21 health mothers group meeting and provided support on conducting health education session. 388 members of 21 health mother's groups informed about various health topics like; Diarrhoea, danger signs during pregnancy, ANC, Things to be considered during pregnancy, Family planning etc. that helped to diffuse health messages in the community. And the trend of giving priority in saving & credit related works rather than sharing health information in the meeting is now changed and they have been conducting HMG meeting regularly.
- During the period CHM provided support in 1 ORC and conducted 1 health education sessions with health topics; breast feeding, where 17 individuals were participated and committed to start healthy behaviors by their own and promised to convey messages in their neighborhood.
- Conducted home visit to pregnant women and 59 pregnant women were followed up by CHM at their home and assessed their status and provided health education. 74.6% of the pregnant women were visited health facility for ANC as per protocol and 14 pregnant women were referred to health facilities for ANC and other problems {for ANC= 10, for danger signs = 1, burning micturition=1 and white discharge=1}. And 76.3% of pregnant women were taking iron tablets regularly.
- 2 events of one-day ORC management committee reactivation and orientation was conducted at newly constructed ORC at Khabarinaka and Musinaka where 15 ORC management committee members were participated and 93 percentages of the members were able to pass post training test (where as in pre-test only 60 percentages were able to pass). In the training they got information about their role and responsibility, also they made action plan based on the issues found during the discussion and committed to solve the issues as soon as possible.

3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>
0.1	Coordination activity
<p>❖ Objective of the activity:</p> <ul style="list-style-type: none"> To maintain good relationship with relevant stakeholders for effective implementation of project activities <p>❖ Activities:</p> <ul style="list-style-type: none"> Coordination with Local stakeholders <p>❖ Major discussion/ Content delivered:</p> <ul style="list-style-type: none"> Coordination and meeting was done by PM and PO with Rural municipality health section and Health facilities for the implementation of day celebration program and ORC management committee orientation. PM visited construction site and conducted meeting with local stakeholders about new construction. PO visited 4 health posts and CHU and conducted meeting with HP In-charge for coordination. CHM and PM participated in national filariasis campaign program at Gadhawa RM and supported in management of campaign. . Regular coordination with ward chairperson and the members of construction monitoring committee has been made regarding construction activity. PM and PO visited and met with Health coordinator of Gadhawa Gaunpalika and discussed on COVID 19 second wave and MCHP activities.. <p>❖ Follow-up plan (if any):</p> <ul style="list-style-type: none"> Regular Coordination will be continuing with relevant stakeholders. 	

<i>Activity Code</i>	<i>Name of Activity</i>
1	CHU ORC construction
<p>❖ Activities:</p> <p>For the construction of CHU and ORC, this month vendor selection and agreement with selected vendor has been completed.</p> <p>After technical and financial evaluation of three Bidders on March, Dream way Construction Pvt. Ltd was selected as per below details;</p> <ul style="list-style-type: none"> Estimated Amount: NRs. 14,157,226.80 (With VAT) Contractor's quoted Amount: NRs. 14,142,147.72 (with VAT) <ul style="list-style-type: none"> From above data, contractor was quoted NRs. 15,079.08 less amount than the estimated amount. <p>AMDA Nepal center office published notice of vendor selection and requested for the agreement on April 12. Agreement between AMDA Nepal and Dream way Construction Pvt.</p>	

Ltd was done on 19th April and provided work order to contractor on 27th April by AMDA Nepal.

❖ **Follow up (if any):**

Coordination with selected contractor and seek/arrange for the favorable situation for construction activity

Activity Code	Name of Activity				
1.1	HP equipment monitoring				
		Plan	Actual	Variance	
Number of Event		1 Times	1 Times		
Number of Participants		4 HF	4 HF	NA	
Budget		NA	NA	NA	
Narrative Explanation:					
Date: 1 st April to 30 th April 2021			Location: 4 HP of Gadhawa RM		
<ul style="list-style-type: none">• Facilitator: Community Health Mobilizers• Objective of the activity:<ul style="list-style-type: none">• To secure the proper utilization of equipment provided by AMDA Nepal to Health posts of Gadhawa• Major discussion/ Content delivered: <p>CHM visited each health post with monitoring checklist and assessed either equipment were properly utilized or not. Based on the latest monitoring conducted on the month of March and April 2021 , the following findings were found:</p>					
S.N.	Name of HP	No. of equipment provided	Date of Monitoring	Major findings	Remarks
1	Gadhawa	30 Types	21 st March 2021	<ul style="list-style-type: none">• Peri-light is not working (Problem in bulb)	HP in charge and HFOMC insured for maintenance
2	Ganga Paraspur	39 Types		<ul style="list-style-type: none">• Suction machine was not in use, it was in store as they were using previous set they had.• Autoclave was not functional; during operation the pressure gauze was not working	HP in charge insured for maintenance

				properly	
3	Gobardia	28 Items	26 April 2021	• Sphygmomanometer (BP SET) is need to maintain	HP In charge and HFOMC secure for maintenance
4	Koilabash	23 Types	27 th April 2021	• Water pump was not in use as there was problem in piping system in new building.	HP In-charge will coordinate with ward office for solution

• **Follow-up plan (if any):**

MCHP should follow up utilization of equipment during Health posts visit and secure utilization of equipment.

Activity Code	Name of Activity		
1.2.4.2.	ORC Management Committee orientation		
	Plan	Actual	Variance
Number of Event	2 Events	2 Events	
Number of Participants	18	15	3
Budget	Rs. 35400	Rs.	
Narrative Explanation:			
Date: 16 th April and 17 th April 2021		Location: Musinaka & Khabari naka	
<ul style="list-style-type: none">Facilitator: Health Post In charge, Health Coordinator, PO and PMObjective of the activity:<ul style="list-style-type: none">To aware ORC Management Committee members about their role and responsibility for the management of ORCMajor discussion/ Content delivered:<p>Program manager MCHP visited and conducted meeting with Rural Municipality Health Coordinator for the time and schedule of orientation. PM and PO developed the contents of training as per the ORC reactivation guideline 2070 Government of Nepal MoHP family health division. Coordination with health post in charge (Koilabas) was done by Program officer to inform and arrange the meeting of ORC members at Khabarinaka and Musinaka. CHM supported to preparation of training materials and other necessary preperations.</p>			

ORCMC reactivation orientation at Musinaka

As per plan, one day ORC Management Committee reactivation & orientation was conducted at Gadhawa 8 Musinaka on 16th March 2021. A total of 7 members (M=5, F=2) participated in the orientation. Health coordinator of Gaddhawa RM Mr. Kailash Chandra Chaudhary and HP In-charge Koilabash Mr. Krishna Prasad Acharya along with PM and PO facilitated the orientation. Program was conducted using the methods like Lecture, Discussion, Group work and the materials like flex print, hand notes, news print and met cards were used.

Work Plan drafted by ORCMC Musinaka:

S.N.	Major Problem Identified	Way of solution	Date of solution	Responsible person	Remarks
1	Water supply is not available in ORC	Management of Pipe and gate valve	End of Baisakh	HP In charge for Pipe and gate valve and ORCMC for work	
2	Lack of Caring in ORC building	Regular monitoring from ORCMC	Regular	ORCMC	
3	Availability of electricity	Request letter to ward office	End of Baisakh	ORCMC / HP In-charge	

ORCMC reactivation orientation at Khabari Naka

On 17th March 2021 one day ORC OMC reactivation and orientation was conducted at Gadhawa 8 Khabari Naka. A total of 8 members (M=3, F=5) participated in the orientation. Health coordinator of Gaddhawa RM Mr. Kailash Chandra Chaudhary and HP In-charge Koilabash HP Mr. Krishna Prasad Acharya along with MCHP PO facilitated the orientation. Orientation was conducted using the methods like Lecture, Discussion, Group work and the materials like flex print, headnotes, news print and meta-cards were used.

Work Plan drafted by ORCMC Khabarinaka:

S.N.	Major Problem Identified	Way of solution	Date of solution	Responsible person	Remarks
1	Water supply is not available in ORC	Management of Pipe a	End of Baisakh	HPI Incharge for Pipe and ORCMC for	

				work	
2	Lack of Service utilization from ORC	Community based awareness and home to home visit	Every Month	ORCMC and health worker of ORC	
3	Availability of electricity	Request letter to ward office	End of Baisakh	ORCMC / HPI	

Following contents were delivered during the orientation.

- Concept, history , importance and role of PHC / ORC in Nepal
- Health Services that must provide through ORC
- Structure of ORC Management Committee and their responsibilities.
- Role of RM, HP, Health workers, FCHV and community people for effective running of ORC
- Prioritization of problem and development of work plan

Pre-test and post test was conducted before and after the orientation respectively and 93 percentages of the members were able to pass post training test (where as in pre-test only 60 percentages were able to pass). In the training they got information about their role and responsibility, also they made action plan based on the issues found during the discussion and committed to solve the issues as soon as possible.

• Participants feedback/ suggestions/ opinions:

Mr Dalpati Budha , ORC MC chairmen of Khabari Naka said that , " This training help us to understand about role and responsibilities of ORCMC and from this training we are also able to prepare action plan for betterment of ORC."

Follow-up plan (if any):

CHM should follow up implementation of action Plan in ORC

Activity Code	Name of Activity			
2.2.2.1	World Health Day celebration			
	Plan	Actual	Variance	
Number of Event	1 Times	1 Times		
Number of Participants	NA	38		
Budget	30000	29813	-183	
Narrative Explanation:				
Date: 5 th , 6 th and 7 th April 2021		Location: Gadhawa RM		
<ul style="list-style-type: none">• Facilitator: Community Health Mobilizers, PO, PM• Objective of the activity: To sensitized community people on health related issues and make them aware on health.• Major discussion/ Content delivered: <p>With the slogan of “Building fairer, Healthier world” world health day 2021 world health day was celebrated jointly in Gadhawa RM on 5th, 6th and 7th April 2021with various community activities. Health coordinator (Gadhawa RM) called the meeting to the organizations working in Gadhawa RM (Nepal red cross society, CP, Deukhuri community library, SUA AHARA and AMDA Nepal) to discuss and finalize the schedule of day celebration program on 2nd April 2021. PM and PO were participated in the meeting from MCHP. After healthier discussion all the participants of meeting agreed the following schedule for celebration of world health day.</p>				
S.N.	Activity / Event	Event Date	Responsible Organization	Remarks
1	Quiz contest about maternal health among HMGs at Gobardia CHU and Koilabash HP	5 th April 2021	AMDA Nepal, MCHP Dang	Making access to female from the remote community
3	Badminton contest (Male and Female) among staffs of Gadhawa RM and NGOs	6 – 7 th April 2021	All	Paricipants from organizations working at Gadhawa RM,Gaupalika staffs and Health Post staffs
2	Public rally at Gadhawa 6, Gadhawa Bazar	7 th April 2021	Health section , Gadhawa RM	Make aware people about fairer and healthier word

Quiz contest among health mother groups at Gobardia CHU and Koilabash Health Post

Quiz contest on maternal and child health among health mother groups was conducted at gobardia CHU (Participants from ward no 3 and 4) and Koilbash HP (Participants from ward no 8). Quiz contest was conducted in 3 stage/Round first round was question and answer

round, second round was yes/no question round and third round was picture show round. 8 HMGs participated in Gobardia CHU and 5 HMGs participated in Koilabash HP. As per the score they secured, top three HMGs from each place were awarded with certificate and Prize of sanitary package. Sanitary package contains set of sanitary pads, Dettol soap, penty (Under wear) and masks.

The sanitary package was distributed based on the position hold in quiz contest as:

Position Hold in quiz contest	Description of materials with quantity
First	Sanitary pad 12 Pcs Dettol Shop 18 Pcs Pentey 3 Pcs Mask 3 Pkt
Second	Sanitary pad 9 Pcs Dettol Shop 9 Pcs Massk 3 Pkt Pentey 3 Pcs
Third	Sanitary pad 6 Pcs Dettol Shop 6 Pcs Pentey 3 pcs Mask 3 Pkt

Particiant Detail of quiz program at Koilabash

S. N.	Name of HMG	Adress	Participant No	Winner	Remar ks
1	Swargdwary HMG	Gadhawa 8 Koilabash	3	First	
2	Sagarmatha HMG	Gadhawa 8 Koilabash	3	Third	
3	Hariyali HMG	Gadhawa 8 Koilabash	3	Second	
4	Laligurash HMG	Gadhawa 8 Koilabash	3		
5	Sarswati HMG	Gadhawa 8 Koilabash	3		

Particiant Detail of quiz program at Gobardia

S. N.	Name of HMG	Adress	Participant No	Winner	Remar ks
1	Chetana HMG	Gadhawa 3, Dhairani	3		
2	Pragaishil HMG	Gadhawa 3, Gobardia	3		
3	Madhavpur HMG	Gadhawa 3, Madhavpur	3	Second	
4	Jyoti HMG	Gadhawa 3, Khaira	3	Third	
5	Himal HMG	Gadhawa 4, parasspur	3	First	
6	Hariyali HMG	Gadhawa 4, Parsa	3		
7	Namuna HMG	Gadhawa 4, Ramnagar	2		
8	Sitalchautari HMG	Gadhawwa 4, Hadaiya	3		

Public rally at Gadhawa 6, Gadhawa Bazar

To increase awareness about equitable health service from health institution and maternal and

child health, public rally was conducted at gadhawa 6 gadhawa bazar. Chairmen of Gadhwara RM Mr. Sahajram Yadav , Staff of Gadhwara RM, representative from different organization (Nepal red cross society, SUA AHARA, CP, Community Library e.t.c.), Elected political representaives and general people participated in public rally. Play cards with different message like make healthier world, family planning, Safe-motherhood, equity in health, reproductive health was displayed during rally.

Badminton Tournament among RM staff and Health related organizations Working in Gadhwara RM.

On the occasion of world health day Gadhwara RM health section organized friendly badminton tournament (Male and Female) in 7th april 2021. 20 teams (11 male and 9 female) participated, where the chairmen of Gadhwara RM Mr. Sahaj Ram Yadav chair the opening and closing ceremony.

Activity Code	Name of Activity		
2.2.2.2	Regular Assistance at HMG meeting		
	Plan	Actual	Variance
Number of Event	40 Times	21 Times	19 Times
Number of Participants	NA	388	NA
Budget	NA	-	-
Narrative Explanation:			
Date: 1 st April to 30 th April 2021		Location: Gadhawa RM	
<ul style="list-style-type: none">• Facilitator: Community Health Mobilizers• Objective of the activity:<ul style="list-style-type: none">• To provide technical support to HMG for increasing MCH awareness among women of Gadhawa Rural Municipality.• Major discussion/ Content delivered: <p>During this period CHM visited 21 health mothers group meeting and provided support on conducting health education session. 388 members of 21 health mother’s groups informed about various health topics like; Diarrhoea, danger signs during pregnancy, ANC, Things to be considered during pregnancy, Family planning etc. that helped to diffuse health messages in the community. And the trend of giving priority in saving & credit related works rather than sharing health information in the meeting is now changed and they have been conducting HMG meeting regularly. During HMG meeting CHM support in</p>			

registration process (Minute writing) health related discussion and other administrative procedure.

CHM provided Health education to HMG members by using various methods and media such as playing game (Snake ladder game), role play, storytelling etc.

- **Participants Details:**

S.N.	Name of Health Mother's Group	Ward No.	Village	Date of HMG	Number of Participants
1	Chetanshil HMG	8	Musinaka	2021-04-15	17
2	Supaila HMG	3	Supaila.	2021-04-15	21
3	Madhabpur sangini HMG	3	Madhabpur.	2021-04-15	12
4	Indrani HMG	3	Ratanpur.	2021-04-01	15
5	Sital Chautari HMG	4	Hadaiya	2021-04-01	21
6	Shiris HMG	1	Badahara	2021-04-09	16
7	Ambikeshori HMG	5	Lokharpur	2021-04-15	14
8	Sagaramatha HMG	6	Rampur	2021-04-15	20
9	Hariyasaga HMG	6	Balakhutti	2021-04-15	20
10	Saibtari HMG	6	Hasipur	2021-04-16	43
11	Sayapatri HMG	1	Jurauni	2021-04-15	15
12	Milijuli HMG	1	Banbari	2021-04-16	25
13	pragati HMG	5	Chainpur	2021-04-17	25
14	Fulabari HMG	6	Gadhawa bajar	2021-04-17	13
15	Senegalese HMG	8	Dada	2021-04-18	7
16	Mahadewa HMG	5	Prasiya	2021-04-18	15
17	Himal HMG	4	Praspur	2021-04-19	20
18	Jagriti HMG	1	Patringa	2021-04-19	19
19	Manakamana HMG	5	Sonpuruwa	2021-04-20	15
20	Nabapratibha HMG	5	Magahar	2021-04-21	21
21	Suryamukhi HMG	1	Rangsing	2021-04-21	14
Grand Tortal					388

- **Participants feedback/ suggestions/ opinions:**

Mrs. Shanti Chaudhary, 32 years old female from Koteshwari HMG (Gadhawa RM Ward no 6) said that, "I am new member of this group after FCHV asked me to join and now I am regularly participating in meeting , got opportunity to understand about various health topics including danger signs in pregnancy. I think HMG meeting is very fruitful for us."

- **Follow-up plan (if any):**

CHM should follow up pregnant women during HMG meeting and use more IEC material during HMG meeting.

Activity Code	Name of Activity			
2.2.2.4 / 2.2.2.5	Regular Assistance at ORC/EPI clinics of Health posts			
	Plan	Actual	Variance	
Number of Event	6 ORC 12 EPI	1 ORC	5 ORC and 12 EPI	
Number of Participants	NA	17	NA	
Budget	NA			
Narrative Explanation:				
Date: 1 st April to 30 th April 2021		Location: Gadhawa RM		
<ul style="list-style-type: none">• Facilitator: Community Health Mobilizers• Objective of the activity:<ul style="list-style-type: none">• To provide support to the health workers in the clinic, client counseling and facilitate health education session to the visitors.• Major discussion/ Content delivered:<p>During the period CHM provided support in 1 ORC and conducted 1 health education sessions with health topics; breast feeding, where 17 individuals were participated and committed to start healthy behaviors by their own and promised to convey messages in their neighborhood.</p><p>Following major activities were accomplished by CHMs during ORC EPI</p><ul style="list-style-type: none">• Support to manage patient queue• Support to measure weight of children for growth monitoring• Support for Record keeping and distribution of immunization card• Support for Distribution of medicines as prescribed• Support for Health education and counseling• Participants Details:				
Name of Health Post	Outlet	Area	Service Type	Number of Clients
Koilabash Health Post	ORC	Musinaka	ANC	2
			Family Planning	1

			Growth Monitoring	2
			Other Services	12
			Health Education :	17

- **Participants feedback/ suggestions/ opinions:**
 - Participant of ORC at ward no 8 Koilabash Mrs Manmaya Gharti (Parents of child) said that, “ From health education session I know about importance of breastfeeding, importance of exclusive breast feeding and proper technique of breast feeding this type of health education program are needed in our community”
- **Follow-up plan (if any):**
 - Assistant to ORC will be continued on monthly basis however major focus of CHM would be on imparting health education and providing counseling service providers to client.

Activity Code	Name of Activity		
2.2.2.8	Health Education and Discussion meeting with PWG and Their Caretakers		
	Plan	Actual	Variance
Number of Event	8	4	
Budget	Rs.24000 /-	Rs.9000/-	Rs 15000/-
Narrative Explanation:			
Date: April 2021		Gadhawa RM	
Objective	<ul style="list-style-type: none">To increase awareness about importance of ANC, Intuitional delivery and PNCTo make clear about family engagement and role of family members/ care takers during this period.		
Target Group	Pregnant woman groups and their family members / care takers		
Participation	Particular	Information	Remarks
	Date	Month of March	
	Venue	All the wards of Gadhawa RM	
	Participant No.	45	
	Gender ratio (F/M)	86/8	
	GESI Population		

- **Major discussion/ Content delivered:**

5 events of health education and discussion meeting with pregnant women and their family members/ their care takers were conducted, where 32 pregnant women, 2 their husbands and 19 other family members (total of 53 individuals) were participated and informed about various aspects of safe motherhood and role of family members during the period of pregnancy, delivery and post-partum period. During orientation 100% participants passed the post-test whereas only 56.6% participant passed the pretest. At the same time 20 pregnant women who didn't received MCH greeting card previously were provided MCH greeting card that helped them to get information about safe motherhood. Among the pregnant women who participated in the orientation; 60.4% were regularly visiting health facility for ANC.

Four community health mobilizers of MCHP, AMDA Nepal, conducted orientation program separately and PO help if needed. Each event start with introduction of participants and facilitators and FCHV from respective area chairs the program. The following contents were delivered during orientation:

- Objective of program
- Pregnancy, Danger signs during pregnancy, 3 Delays, Birth preparedness and ANC
- Nutrition during pregnancy
- Intuitional delivery, Importance of intuitional delivery and danger signs in PNC
- AAMA SURAKSHYA Program, PNC and Importance of PNC, New born care

- **Participant Details**

S.N.	Date of Orientation	Location	Total # of participants	# of Pregnant Women	# of Husband	# of Care Taker
1	2021-04-12	Gadhawa RM, W/N-4, Hadiya	17	9	1	7
2	2021-04-13	Gadhawa RM, W/N-2, Kothari	8	5	0	3
3	2021-04-13	Gadhawa RM, W/N-3, Gobardhiya	9	6	0	3
4	2021-04-17	Gadhawa RM, W/N-5, Banki	11	6	1	4
5	2021-04-12	Gadhawa RM, W/N-7, Gadhawa	8	6	0	2
Total			53	32	2	19

- **Participants feedback/ suggestions/ opinions:**

- Mrs. Kabita Yadav , 60 years old pregnant women caretaker Gadhawa Baki said That, "This training help me to understand about various aspects of maternal health, from now I am prepared (Money , blood, transportation) for delivery"

- **Follow-up plan (if any):**

- Follow up pregnant women for timely ANC intuitional delivery and PNC visit as per protocol.

Activity Code	Name of Activity		
2.2.2.6	MCH related information published in local news paper		
	Plan	Actual	Variance
Number of Event	40 times	-	-
Budget	52000	-	-
Narrative Explanation:			
Date: September 2020		Location: Gadhawa Gaunpalika	
<div>❖ Objective of the activity:<ul style="list-style-type: none">To raise awareness on MCH related issues among community people.</div> <div>❖ Activities<ul style="list-style-type: none">Agreement has been done with Yugbodh national daily and will start from the month May 2021.</div>			

Activity Code	Name of Activity		
2.2.2.7	MCH related jingles/program broadcast in local radio/FM station		
	Plan	Actual	Variance
Number of Event	4 Times /2 Program	4 Times / 2 Program	-
Budget	130300	-	-
Narrative Explanation:			
Date: September 2020		Location: Gadhawa rural municipality	
<p>❖ Objective of the activity:</p> <p>To raise awareness on MCH related issues among community people by airing Radio program/ jingle/messages.</p> <p>❖ Activities</p> <ul style="list-style-type: none">• Agreement has been done with Radio Sajha Awaj and will start from first week of May 2021			

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2.2.8	<i>Regular Home Visit and Follow up of pregnant women</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	80	59	

Budget	N/A	N/A	N/A
Narrative Explanation:			
Date: April 2021		Gadhawa RM	

- **Facilitator:** Community Health Mobilizers
- **Objective of the activity:**
 - 1- To increase awareness about importance of ANC, Intuitional delivery and PNC.
 - 2- To increase knowledge about danger signs during pregnancy, delivery and post-natal period
 - 3- To provide knowledge about nutrition during pregnancy.
 - 4- To provide information about correct technique of breast feeding and use of family planning.

- **Major discussion/ Content delivered:**

Conducted home visit to pregnant women and 59 pregnant women were followed up by CHM at their home and assessed their status and provided health education. 74.6% of the pregnant women were visited health facility for ANC as per protocol and 14 pregnant women were referred to health facilities for ANC and other problems {for ANC= 10, for danger signs = 1, burning micturition=1 and white discharge=1}. And 76.3% of pregnant women were taking iron tablets regularly.

Following major activities were accomplished by CHMs during home visit

- Provided health education about maternal health, importance of visiting health post as per protocol, family planning and neonatal health.
- Provided greeting card if they do not have
- Check health post visit LMP and EDD through ANC card
- Refer to HP if needed etc.

- **Participants Detail (Details of home visit)**

S.N.	Name of CHM	Total No of Home visit	Total Referred	Remarks
1	Anusha Yadav	22	0	
2	RajaRam Chaudhary	11	3	Refer 1 for ANC, 1 for white discharge & 1 for burning micturition
3	Barsha Pandey	18	6	Refer 6 for ANC
4	Sunita Chaudhary	8	5	Refer 4 for ANC & 1 for danger signs

Total	59	14	
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- **Follow-up plan (if any):**

- Regular Follow up and secure pregnant women for timely ANC intuitional delivery and PNC visit as per protocol.

4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expense Percent (%)</i>	<i>Remarks</i>
Annual Budget	Rs. 28,420,325.72	Rs.		

5. WAY FORWARD/RECOMMENDATION

- Regular coordination with local stakeholders will be done.
- Appropriate planning, coordination and management for upcoming events
- CHM will focus on health education and counseling during EPI and ORC.
- Continue home visit of pregnant women

6. PLANNED ACTIVITIES (for upcoming month/ Period)

Following activities will be implementing on the upcoming month.

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Place /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
start construction work	4	--	3 rd week	CHU – ward no 2 Mahadeva and ward 3, Gobardia ORC – Kakrahawa and Khabari
Regular Assistance at ORC clinics of health posts by CHM	6	-	Regular	Gadhawa Gaupalika
Regular Assistance at EPI clinics of health posts	12	NA	Regular	Gadhawa Gaupalika
MCH related jingles/program broadcast in local radio/FM station	(10 times per day 2 times per Month)	52000 / Year	Continue broadcast	Gadhawa Gaupalika
MCH related News publication	(4 Times Per Month)	52000/Year	Weekly	Gadhawa Gaupalika
Health education and discussion meeting with pregnant women	8 events	24000	First 2 weeks	Gadhawa Gaupalika

and their care take			of April	
CHU management Committee Reactivation Training	2 events	60133	last week of April	Gadhawa Gaupalika

7. ANNEXES

Annex 1: Data



EPI & ORC
Data_April 2021



HMG Meeting
data_April 2021



Pregnant women
home visit data_April



PWG orientation
data_April 2021

Annex 2: Photographs



Providing Health education at EPI



Home Visit and Follow up of Pregnant women



Health Education and discussion with PWGs and their Care takers



Health Education and discussion with PWGs and their Care takers



Support and assisted at HMG meeting



Support and assisted at HMG meeting



ORC MC reactivation Training at Khabari Naka



ORC MC reactivation Training at Khabari Naka



Quiz Competition on World Health Day at Koilabash



Quiz Competition on World Health Day at Gobardia

-----The End-----