

**AMDA Nepal**  
**Maternal and Child Health Project**  
**Gadhawa, Dang**  
**Monthly Narrative Report**

<b>Implementing Partner</b>	<b>AMDA Nepal</b>
<b>Title of the Project</b>	<b>Project for Improving Maternal and Child Health Services</b>
<b>Project Location</b>	<b>Gadhawa Rural municipality, Dang Deukhuri, Gadhawa</b>
<b>Funded By</b>	<b>Ministry of Foreign Affairs (MoFA), Japan / AMDA MINDS</b>
<b>Reporting Period</b>	<b>June 2021</b>
<b>Total Project Budget</b>	<b>Rs. 7,86,25,696.00</b>
<b>Total Annual Budget</b>	<b>Rs. 28,420,325.72</b>
<b>Total Expenses till this Month</b>	<b>Rs. 2392532.70</b>
<b>Total Expenses of this Month</b>	<b>Rs. 373256</b>
<b>Report Submitted By</b>	<b>Rajendra Ruchal</b>
<b>Date of Submission</b>	<b>July 6, 2021</b>

**1. MAJOR ACOMPLISHMENTS**

**Due to COVID 19 long lock down imposed in Dang district and our all field activities were halted except Radio program and Publication of messages in newspaper. At the last week of June we have made some field visit and supported in EPI clinic as Lock down situation became little flexible.**

- 2 Episode of Radio program was recorded and broadcasted.
- CHM recorded 5 Kosheli program among them 2 Kosheli program was broadcasted
- Heath awareness message through newspaper was published 4 times in Yugbodh national daily.(every Sunday)
- Supported in one EPI clinic of Gadhawa Health Post
- Follow up of pregnant women through telephone
- Coordination activities

## 2. KEY ACHIEVEMENTS

- ❖ 121 pregnant women were followed up by CHM via telephone and took update & provided education & support based on their need. Among them 9 pregnant women were suggested/ referred to health facility to sought out their problem (1 for swelling of leg, 4 for USG, 1 for vomiting, 1 for burning micturation, 2 for abdominal pain)
- ❖ 12 beneficiaries called for the answer of Kosheli program 1 & 2 at MCHP office, among them MCHP declared 2 winner through lottery number
- ❖ During EPI clinic at Gadhawa HP total 65 participants (pregnant mother and guardians) got health education and counseling on different immunization and prevention and control measure of second wave of COVID 19

## 3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>
<b>0.1</b>	<b>Coordination activity</b>
<ul style="list-style-type: none"> <li>❖ <b>Objective of the activity:</b> <ul style="list-style-type: none"> <li>• To maintain good relationship with relevant stakeholders for effective implementation of project activities</li> </ul> </li> <li>❖ <b>Activities:</b> <ul style="list-style-type: none"> <li>• Coordination with Local stakeholders</li> </ul> </li> <li>❖ <b>Major discussion/ Content delivered:</b> <ul style="list-style-type: none"> <li>• Regular coordination was conducted with Gaupalika team and health coordinator regarding project activities and COVID 19 situation.</li> <li>• PM coordinated with ward chairperson and discussed for initiation of construction activities.</li> <li>• Coordination visit was done by Construction supervisor and CHM with ward chairperson of ward no 2, 3 &amp; 5</li> <li>• PM and PO coordinated with Health coordinator and chairmen of Gadhawa Gaunpalika and discussed on COVID 19 second wave and MCHP activities..</li> </ul> </li> <li>❖ <b>Follow-up plan (if any):</b> <ul style="list-style-type: none"> <li>• Regular Coordination will be continuing with relevant stakeholders.</li> </ul> </li> </ul>	

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.3</b>	<b>CHU/ORC Construction Activities</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<b>Number of Event</b>	4	0	4 (start from July)
<b>Budget</b>	14142147.73	NA	NA
<b>Narrative Explanation:</b>			
<ul style="list-style-type: none"> <li>❖ <b>Objective of the activity:</b> To improve the utilization and access of health services in Gadhawa Gaunpalika</li> </ul>			

❖ **Activities:**

- Coordinate with Contractor for construction activities
- Coordination visit to Gaunpalika and Ward office discuss and briefing about construction activities
- Visit construction site and meet with community stakeholders (Members of management committee)

❖ **Major discussion/ Content delivered:**

- PM regularly coordinated with ward chairperson discussed assured about continuation of construction activities
- Telephonic conversation was done by CHM with ward chairperson and discussed about planned construction activities
- Construction supervisor meet with ward chairperson discussed and assured for the initiation of construction activities from July
- PM coordinated with contractor and requested the contractor to visit at site and start of work from next month.

❖ **Follow-up plan (if any):**

- Regular coordination with relevant stakeholders and start the construction work.
- Meeting with contractor to start the construction work as soon as possible..

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>2.2.2.4 / 2.2.2.5</i>	<i>Regular Assistance at ORC/EPI clinics of Health posts</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	6 ORC / 12 EPI	0 ORC / 1 EPI	6 ORC / 11 EPI
<i>Number of Participants</i>	NA	72 in 1 EPI	NA
<i>Budget</i>	NA	NA	NA
<i>Narrative Explanation:</i>			
Date: 1 <sup>st</sup> June to 30 <sup>th</sup> June 2021		Location: Gadhawa RM	

❖ **Facilitator:** Community Health Mobilizers

❖ **Objective of the activity:**

- To provide support to the health workers in the clinic, client counseling and facilitate health education session to the visitors.

❖ **Major discussion/ Content delivered:**

Due to Lockdown CHM could not support EPI of all Health post. At the end of June CHM assisted only 1 EPI clinics where total 72 children and pregnant mother got vaccination and 65 got health education and counseling.

Following major activities were accomplished by CHM during EPI

- Support in registration process
- Support in growth monitoring
- Provided health education and counseling regarding immunization and prevention and control of COVID 19 to pregnant mothers and guardians of children

❖ **Participants Details:**

SN	Name of Health Post	Outlet	Date	Location	Total Participants	No of participants educated
1	Gadhawa HP	EPI	28 <sup>th</sup> June	Gadhawa	72	65
<b>Grand Total</b>					<b>72</b>	<b>65</b>

❖ **Follow-up plan (if any):**

- Assistant to ORC will be continued on monthly basis however major focus of CHM would be on imparting health education and providing counseling service providers to client.

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2.2.6	<i>MCH related information published in local news paper</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	4 times	4 Times	-
<i>Budget</i>	52000	50% paid	-
<i>Narrative Explanation:</i>			
Date: May 2021		Location: Gadhawa Gaunpalika	
<p>❖ <b>Objective of the activity:</b></p> <ul style="list-style-type: none"> <li>• To raise awareness on MCH related issues among community people.</li> </ul>			

❖ **Activities**

- Follow up with Yugbodh National daily office for messages publication.
- Ensure for distribution

❖ **Follow up**

Regular follow up with Yougbod National Daily office ensure for the regular message publication and distribution of news paper

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2.2.7	<b><i>MCH related jingles/program broadcast in local radio/FM station</i></b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	4 Times /2 Program	4 Times / 2 Program	-
<i>Budget</i>	130300	50% paid	-
<b><i>Narrative Explanation:</i></b>			
Date: June 1 <sup>st</sup> to June 30 <sup>th</sup> 2021		Location: Gadhawa rural municipality	
<p>❖ <b>Objective of the activity:</b></p> <p>To raise awareness on MCH related issues among community people by airing Radio program/ jingle/messages.</p> <p>❖ <b>Activities</b></p> <ul style="list-style-type: none"> <li>• Follow up of broadcasting of the Jingles</li> <li>• Preparation of Radio Program and Broadcast</li> </ul> <p>❖ <b>Major discussion/ Content delivered:</b></p> <ul style="list-style-type: none"> <li>• MCH related Jingles has been broadcasting by radio station daily.</li> <li>• PM and PO coordinated with radio station for the development of radio program</li> <li>• CHM supported for field visit to radio staff for collection of public voice.</li> <li>• CHM with the support of PM and PO developed the concept of Kosheli program and recorded.</li> <li>• <b><u>Details of 3<sup>rd</sup> and 4<sup>th</sup> Radio program:</u></b> The 3<sup>rd</sup> radio program was broadcasted on 5<sup>th</sup> and 12<sup>th</sup> of June 2021 which included following section:-</li> </ul> <p style="text-align: center;"><b><u>Briefing on COVID 19:</u></b> The program started with announcement of second wave of COVID 19, its impact on people and prevention and control measure announced by District and Local level.</p>			

**Voice form pregnant women:** Radio staff collected voices from mother group of different community of Gaunpalika regarding what were the problem faced by them due to lockdown, what prevention measure they had applied, problem for pregnancy and children etc

**Voice from HP staff:** Lalika Chaudhary ANM (Gadhawa HP) explained about how the health facility had been providing the MCH service during lockdown situation

**Kosheli Program:** 1<sup>st</sup> Kesheli program was developed and broadcasted regarding information about second wave of COVID 19, Prevention and control, special attention to pregnant women and children

The 4<sup>th</sup> radio program broadcasted on 19<sup>th</sup> and 26<sup>th</sup> June which included following section:-

**Briefing about Post natal period:** 4<sup>th</sup> radio program was started with short explanation on definition of postnatal period and its importance.

**Voice from PN Mother:** In this section the voice form Postnatal mothers of Gaunpalika were broadcasted regarding their daily activities, daily diet practice, breast feeding etc

**Voice from HP Staff:** Rekha Sharma (ANM-Gangaparaspur HP) talked about timely PNC visit, its importance, danger sign during postnatal period etc

**Kosheli Program:** 2<sup>nd</sup> Kosheli program was developed and broadcasted regarding Postnatal care and newborn care

**Details of participants in Kosheli**

S.N .	Name of Participant	Adress of Participant	Radio Program No.	Correct Answer	Wron g Ans.	Remark s
<b>Kosheli 1</b>			<b>Broadcasted Date - 5<sup>th</sup> and 12<sup>th</sup> June</b>			
1	Sita Chaudhary	Madhapur Sangini HMG, Ward no 3	Radio program 3, Kosheli 1	√		
2	Amrita Chaudhary	Madhapur Sangini HMG, Ward no 3	Radio program 3	√		
3	Puspa Chaudhary	Himal HMG, Ward no 4	Radio program 3	√		

4	Manisha Chaudhary	Himal HMG, Ward no 4	Radio program 3	√		
5	Srijana Chaudhary	Laliguras HMG, Ward no 4	Radio program 3	√		
6	<b>Pushpa Thapa</b>	<b>Milijuli HMG Ward no 1</b>	<b>Radio program 3</b>	√		<b>Winner</b>
<b>Kosheli 2</b>			<b>Broadcasted Date - 19<sup>th</sup> June and 26<sup>th</sup> June</b>			
1	Shree Chaudhary	Laligurash HMG, ward no 3	Radio program 4, Kosheli 2	√		
2	<b>Gita Sharma</b>	<b>Laligurash HMG, ward no 7</b>	<b>Radio program 4, Kosheli 2</b>	√		<b>Winner</b>
3	Pushpa Chaudhary	Himal HMG ward no 4	Radio program 4, Kosheli 2	√		
4	Manisha Chaudhary	Himal HMG ward no 4	Radio program 4, Kosheli 2	√		
5	Puspa Thapa	Milijuli HMG ward no 1	Radio program 4, Kosheli 2	√		
4	Kabita Chaudhary	Hariyali HMG ward no 4	Radio program 4, Kosheli 2	√		

❖ **Follow-up plan (if any):**

- Ensure regular broadcasting of radio program jingles and support for Radio program
- Provide information to the mothers groups and FCHVs about the radio program and messages airing from FM.
- Distribution of prize to winner of Kosheli 1 and 2

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2.2.8	<i>Telephone Follow up of pregnant women</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	N/A	121	
<i>Budget</i>	N/A	N/A	N/A
<b><i>Narrative Explanation:</i></b>			
Date: May 2021		Gadhawa RM	

❖ **Facilitator:** Community Health Mobilizers

❖ **Objective of the activity:**

- To ensure MCH services during COVID 19 situation.

❖ **Major discussion/ Content delivered:**

- ❖ This month CHM conducted telephonic follow up of 121 pregnant women of different community of Gaunpalika. During follow up CHM asked for their situation, provided education & supported based on their need. Among them 9 pregnant women were suggested/ referred to health facility to sought out their problem
  - 1 PW referred due to swelling of leg
  - 4 PWs referred for video x-ray
  - 1 PW referred due to vomiting
  - 1 PW referred due to burning micturation
  - 2 PW referred due to abdominal pain
- ❖ **Participants Detail (Details of home visit)**

S.N.	Name of CHM	Total No of Telephone Follow-up	Total Referred	Remarks
1	Anusha Yadav	35	4	Referred 2 abdomen pain 2 for USG
2	RajaRam Chaudhary	39	2	Refer 1 for burning micturation 1 for vomiting
3	Barsha Pandey	27	0	
4	Sunita Chaudhary	20	3	Refer 1 for swelling 2 for USG
<b>Total</b>		<b>121</b>	<b>9</b>	

❖ **Follow-up plan (if any):**

- Regular Follow up and secure pregnant women for timely ANC intuitional delivery and PNC visit as per protocol.

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.2.4.2.</i>	<i>F/U of ORC MC action plan developed during orientation</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1Time	1 Time	NA
<i>Number of Participants</i>	NA	NA	NA
<i>Budget</i>	NA	NA	NA
<b><i>Narrative Explanation:</i></b>			
Date: May 2021		Location: Gadhawa RM	



❖ **Activities:**

In the month of April we conducted orientation of ORC management committee of Khabarinaka and Mushinaka. Action plan was made by the committee for further management of ORC. This month we followed up for the update, few activities have been carried out and few have been awaited due to lock down situation.

**Musi Naka ORC**

S.N.	Major Identified Problem	Way of solution	Date of solution	Responsible person	Progress Up to Month of June 2021
1	Water supply is not available in ORC	Management of Pipe and gate vulb	End of Baisakh	HPI Incharge for Pipe and gate valve and ORCMC for work	Budget for gate valve and pipe was secured but due to lockdown HPI unable to buy gate valve and pipe
2	Lack of Caring in ORC building	Regular monitoring from ORCMC	Regular	ORCMC	Regular monitoring of building was started
3	Availability of electricity	Request letter to ward office	End of Baisakh	ORCMC / HPI	Due to lock down process has been awaited

**Khabari Naka ORC**

S.N.	Major Identified Problem	Way of solution	Date of solution	Responsible person	Progress Up to June 2021
1	Water supply is not available in ORC	Management of Pipe and gate vulb	End of Baisakh	HP In charge for Pipe and ORCMC for work	Request was submitted to ward chairmen for budget in next FY.
2	Lack of Service utilization from ORC	Community based awareness and home to home visit	Every Month	ORCMC and health worker of ORC	Due to Lock down ORC was closed till next notice from Gadhawa RM

3	Availability of electricity	Request letter to ward office	End of Baisakh	ORCMC / HPI	Coordination was done with ward chairmen and he committed for budget in next year.
<p>❖ <b>Follow-up plan (if any):</b></p> <p>Regular coordinate with committee members and HP in-charge and ensure for the planned activities completed</p>					

#### 4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expense Percent (%)</i>	<i>Remarks</i>
<b>Annual Budget</b>	Rs. 28,420,325.72	Rs.		There is no Program expenses in this month

#### 5. WAY FORWARD/RECOMMENDATION

- Regular coordination with local stakeholders will be done.
- Appropriate planning, coordination and management for upcoming events
- Phone follow up of pregnant women till lock down
- Even software activities halted, need to initiate construction activities as soon as possible

#### 6. PLANNED ACTIVITIES (for upcoming month/ Period)

Following activities will be implementing on the upcoming month. (If the situation is normal)

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Place /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
Start construction work	4	14142147.73	2 <sup>nd</sup> week of July	CHU – W 2 Mahadeva and W3, Gobardia ORC – Kakrahawa and Khabari
Regular Assistance at ORC clinics of health posts by CHM	6	NA	Regular	Gadhawa Gaupalika
Regular Assistance at EPI clinics of health posts	12	NA	Regular	Gadhawa Gaupalika
MCH related jingles/program broadcast in local radio/FM station	( 10 times per day 2 times per Month)	52000 / Year	Jingles-Daily Program-1 <sup>st</sup> and 3 <sup>rd</sup> week	Gadhawa Gaupalika

MCH related News publication	(4 Times Per Month)	52000/Year	Every sunday	Gadhawa Gaupalika
Implant Training	1 time	313680	3 <sup>rd</sup> week of July	PHTC, Butwal
Health education and discussion meeting with pregnant women and their care take	8 events	24000	3 <sup>rd</sup> and 4 <sup>th</sup> weeks	Gadhawa Gaupalika
CHU management Committee Reactivation Training	2 events	60133	last week of July	Gadhawa Gaupalika

**Annex 1: Photographs**



CHM recording Koseli program



CS and CHM Visiting Kalakate CHU



CHM Supporting at EPI clinic



Radio staff taking voice from community member

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