



AMDA-Nepal

AMDA Institute of Health Science

Kharkhare, Damak-2, Jhapa



Monthly Academic Progress Report

2081 Chaitra

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1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of Chaitra 2081.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

2. Academic activities of the Chaitra 2081

2.1 Welcome Program for New Principal:

On 3rd Chaitra 2081, the Amda Hospital and AIHS, Damak organized a welcome program for the newly appointed Principal. The event was attended by medical superintendent Dr Shikher Kattel, former medical superintendent Dr. Prakash Sharma, admin officer Mr. Suman Nepal from AMDA Hospital Damak and outgoing principal Ms. Pramila Dewan, Mr. Pradip Shrestha, faculty members and staffs from AMDA Institute of Health Science Damak. The institute looks forward to the leadership and guidance of the new principal in achieving its academic goals.

2.2 General Medicine, CMLT & PHYSIOTHERAPY 1st year:

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes of 1st year students of General medicine, Physiotherapy and CMLT programs respectively. Faculty members ensured that the curriculum was delivered effectively, with a focus on integrating theoretical knowledge. Students actively participated in theory, practical and demonstration classes to enhance their learning experience.
- ❖ Previously held **First Internal Assessment** report cards were distributed to the students in the presence of their **guardians**, fostering transparency and active parental involvement. This also provided a platform for open discussion on student progress.
- ❖ Subject-wise **individual feedback** was provided to students, helping them understand their strengths and areas needing improvement. Counseling sessions were held for students who showed weaker academic performance.

2.3 Certificate in Medical Laboratory Technology 2nd & 3rd year: -

- ❖ CMLT 2nd year scheduled theory and practical classes were conducted smoothly throughout the month of Chaitra without any interruptions. Practical lab sessions were held alongside theoretical instruction to ensure integrated learning and reinforce key concepts.

- ❖ CMLT 2nd & 3rd year **2nd Internal Assessment**, covering both theory and practical components, was successfully conducted from **2081/12/25 to 2081/12/31 & 2081/12/27 to 2081/12/29** respectively. The assessments aimed to evaluate students' theoretical knowledge as well as their clinical/practical skill competencies. All the students were participated and the assessments were conducted in a fair and transparent manner.
- ❖ CMLT 3rd year **clinical postings** were continued as scheduled in different clinical areas, i.e. AMDA Hospital, Damak Hospital and Nepal Red Cross Society, Damak. These postings aimed to provide students with hands-on experience in patient care, hospital procedures, communication skills, and exposure to laboratory and emergency lab services.

2.4 General Medicine 2nd & 3rd year:-

- ❖ **GM 2nd year** students continued their clinical observation postings at AMDA Hospital, Gauradaha Nagar Hospital and Lakhanpur Health Post. Faculty members worked on the preparation of 2nd internal assessment.
- ❖ **GM 3rd year** students continued their clinical and community postings smoothly as per the duty roster in AMDA Hospital Damak, Amda Mechi Hospital Dhulabari, Mechi Nagar Adharbhat Hospital Dhulabari, and Birta Jyoti Eye Hospital, Damak.
- ❖ A notable highlight was the successful execution of a School Health Program by students posted in the community on the 4th of Chaitra at Shree Kabi Siromani Secondary School, Mechinagar. The program included basic health screenings and awareness sessions on hygiene and nutrition for school children, contributing to both community wellness and the practical learning of the students.

2.5 Certificate in Diagnostic Radiography 3rd year:-

- ❖ During the month of Chaitra RG 3rd year students continued their theoretical classes as well as clinical exposure posting at AMDA hospital. They are learning about patient preparation, machine operation, image acquisition and interpretation under the guidance of radiologists and technologists.

2.6 PCL Nursing 1st, 2nd & 3rd year

- ❖ Clinical postings of PCL Nursing, 1st, 2nd and 3rd year students were continued in various departments of AMDA Hospital. Theoretical classes were continued once a week alongside clinical postings, as per the curriculum.
- ❖ 3rd year students completed their PHC leadership and management posting on 15th Chaitra 2081
- ❖ 2nd internal assessment of PCL Nursing, 1st, 2nd and 3rd year students is going on

2.7 Participation in Health camp

- ❖ 3rd Year students of General Medicine, CMLT, and certificate of Nursing participated in a health camp organized by Kamalgaupalika on 28th Chaitra 2081. Their involvement provided a valuable opportunity to apply their academic knowledge in real-world settings, serving the local community under the guidance of faculty and health professionals. In the health camp -
 - ✚ Nursing students assisted in basic health checkups, vital sign monitoring and patient education.
 - ✚ General Medicine students supported clinical assessments and basic diagnosis under supervision of doctors.
 - ✚ CMLT students contributed to sample collection and basic laboratory testing.

2.8 CTEVT Inspection:

On **29th Chaitra 2081**, an official inspection visit was conducted by the **Council for Technical Education and Vocational Training (CTEVT)** at AIHS. The inspection focused on evaluating the academic environment, teaching-learning activities, infrastructure, clinical and laboratory facilities, as well as administrative and student support systems. The inspection team interacted with faculty members, administrative staffs, and students to assess the overall quality and effectiveness of academic programs. The visit served as an important opportunity for institutional review and feedback, helping to ensure compliance with CTEVT standards and the continuous improvement of educational quality at AIHS.

3. Administrative Activities

Meetings were conducted with AIHS Management Team, faculty members, Hostel Warden separately regarding regular administrative and academic affairs. The agenda included routine matters, academic progress and hostel issues. There was active participation of all faculties to enhance the overall function of the institution.

4. Conclusion

The month of Chaitra was academically productive, with consistent engagement in teaching-learning activities across all departments. The combined efforts of faculty members, students, and guardians contributed to a supportive learning environment. Continuous evaluations and personalized feedback have paved the way for better academic outcomes in the coming months. The month concluded as a productive and impactful academic period, contributing significantly to students' overall development as future health professionals.

5. PLAN FOR NEXT MONTH

5.1 GM, CMLT, & PHYSIOTHERAPY 1st year:

- ❖ Theoretical and practical classes, unit test and revision for second internal assessment will be continued and 2nd internal assessment will be conducted.

5.2 CMLT (2nd and 3rd year)

- ❖ A parents meeting will be conducted to brief 2nd internal assessments results
- ❖ Public health field visit will be arranged (pasteurization of milk, water purification and hospital waste management for 2nd year students)
- ❖ Group rotation of the 3rd year students will be made in clinical posting.

5.3 GENERAL MEDICINE (2nd and 3rd year)

- ❖ Clinical posting of 2nd year at Amda Hospital, Gauradaha Nagar Hospital, Lakhanpur Health Post will be Continued for 15th of Baisakh 2082

- ❖ 3rd year clinical posting will be continued interchanging the clinical and community group and making duty schedule as accordingly in Amda Mechi Hospital Dhulabari, Mechi Nagar Hospital Dhulabari, Birta Jyoti Eye Hospital Damak, and Amda Hospital, Damak
- ❖ 1st internal assessment report card will be published and meeting with guardians regarding academic progress and attendance will be conducted.

5.4 Certificate in Diagnostic Radiography (3rd year)

- ❖ 2nd internal assessment, regular theoretical and clinical posting

5.5 PCL Nursing:

- ❖ PCL nursing 1st year and 2nd year and 3rd year will continue clinical posting in various departments and theoretical class once in a week as well as complete 2nd internal assessment.

6. PHOTO GALLERY



Fig: Participating in Health Camp



Fig: School Health Program by General Medicine 3rd year



Fig: Clinical posting Birta jyoti Eye Hospital, Damak



Fig: Welcome Program for New Principal



Fig: CTEVT Inspection at AIHS, Damak

Thank you!