

EpiC Nepal Project

Monthly Update: March 2022

Objectives

Objective 1 &2: Attain and maintain HIV epidemic control among at-risk adult men, women and PPs and KPs

Support group meeting:

Sunsari

AMDA EpiC Nepal conducted support group meeting on March 10, 2022 in Itahari Field Office, Sunsari. A total of 18 PLHIV (2 Male and 16 Female) participated in the meeting, maintaining all the precautions including proper distancing and proper use of mask. Meeting was facilitated by Case manager and PN. Discussion was done on Health Insurance, U=U, ART enrollment and re enrollment of all positive cases, importance of Index based partner testing, health insurance and about viral load.

Morang

AMDA EpiC Nepal conducted support group meeting on March 16, 2022 in Biratnagar Field Office, Morang. A total of 15 PLHIV (8 Male and 7 Female) participated in the meeting, maintaining all the precautions including proper distancing and proper use of mask. Meeting was facilitated by Case Supervisor and PN. Discussion was done on Importance of COVID-19 vaccine & viral load importance & benefits. Among 15, 4 PLHIV participants sample was collection for Viral load testing.

Monthly review meeting:

AMDA EpiC Nepal conducted monthly review meetings to review the progress and decide way forward on March 24th in Jhapa and Sunsari district and 31st in Morang district. In the meeting, there was the presence of PC, AFO, M&E Officer, HA, CBS, PN, Lab staffs and DIC Operator. There was discussion on following:

- District and indicators wise target vs achievement.
- ART enrollment of all diagnosed cases and known positive cases.
- VL report follow up of all sample collected.
- PrEP follow up and enrollment.
- Index testing and IPV screening.
- PM mobilization and EPOA follow up
- QR code distribution and its recording
- Recording of 180 days follow up in a separate Register
- Follow-up of COVID Vaccination and its recording and reporting.

Online Activities

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- A total of 17 KPs and 22 PPs were reached through online platform for HIV testing, STI, PrEP & Covid-19 prevention in Jhapa.
- Similarly, 11 PP was followed through phone for HIV testing, STI and COVID-19 prevention in Jhapa.
- 16 Merosathi bookings were done. 2 case finding was done through it.
- Also, 13 PLHIV (3 male) were followed through phone for ART adherence, index partner testing, viral load testing and other services in Jhapa.

ARV Distribution Services

- In this period, 6 PLHIV were supported for pill pick up from ART center in community and home by PN and CBS in Jhapa district.
- In this period, 11 PLHIV were supported for pill pick up from ART center in community and home by PN and CBS in Sunsari district.
- In this period, 7 PLHIV were supported for pill pick up from ART center in community and home by PN and CBS in Morang district.

Relief Packages

- Not done in this period.

COVID-19 Isolation Kit:

- Not done in this period.

Hygiene kit Distribution:

- Not done in this period.

Creative events:

- **Sunsari**

Conducted creative event (PrEP focused Holi program) on March 15, 2022 in Itahari City clinic. A total of 21 FSWs participated (1.1=11, 1.3=7, 67=1, 0.2=2) in the event, maintaining all the precautions including proper distancing and proper use of mask. It was facilitated by PC, M&E, DIC Operator and CBS. There was discussion on importance of PrEP and its continuation. After compilation of program all participants were shared wishes of Holi festival with each other with colors.

- **Morang**

Conducted creative event (PrEP focused) on March 13, 2022 in Biratnagar Field Office. A total of 18 FSWs, 10 (1.3) and 8 (1.2) were participated in the event, maintaining all the precautions including proper distancing and proper use of mask. It was facilitated CBS, PN and Field Supervisor. There was discussion on importance of PrEP and its continuation. After compilation of program all participants were shared wishes of Holi festival with each other with colors.

Jhapa

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Conducted creative event (Holi based) on 17th February in Birtamode City clinic. A total of 16 (FSWs) participated in the event, maintaining all the precautions including proper distancing and proper use of mask. It was facilitated by M & E, Case Manager, CBS & P.N. Discussion about Covid, covid hotline number and importance of covid vaccination & PrEP in aspect to HIV & AIDS was done. The program was interactive and the questions of participants were also solved in this matter.

Stigma and Discrimination Reduction Training:

- **Ilam**

Conducted training on stigma and discrimination and basic orientation on HIV/AIDS was conducted on March 24th from 11 am to 3:30 pm at ilam municipality ward number 9 Bhanjyang by AMDA Nepal EpiC Project. Training was divided into 3 Phase initially from 11:00 am to 1:00 pm in which welcome speech and basic orientation on HIV/AIDS was given by HA-ART **Mr. Radhe shyam yadav** and after break of 30 minutes from 1:30 pm presentation and discussion on Stigma and Discrimination was given by ART Counsellor **Mr. Mahendra Rajbanshi & P.N. Krishna Gurung** and ending session program was closed by ward member **Mr. Sher Bahadur Khadka**. Total number of participants were 32 among them 6 were male and 26 were female. Participants were from different sector and organization. Among all of the participants some of them are FCHV, Health workers, ward members, students and some of them are from mother's group and others organization. According to participants this program was new program to them. Pre evaluation and post evaluation and feedback to the program was done by ward member **Mr. Sher bahadur Khadka**.

- **Sunsari**

S&D conducted on March 22, at itahari-5, Janta Basti where 15 females were participated. We discussed about the discriminates HIV clients, their problems and solution also we talked about how to handle or counsel those who does the discrimination. Also, on March 10 at itahri-4, Saya Patri tole where 26 (male-4, female 22) participated.

- **Morang**

S&D conducted on march 15 at Biratnagar-5, kochakhal where 24 females were participated. We discussed about the discriminates HIV clients, their problems and solution also we talked about how to handle or counsel those who does the discrimination. Also, on March 20 at katahri-3, chamrahi tole where 20 (male-1, female 19) participated.

- **Jhapa**

Conducted stigma & Discrimination reduction training on Prathana Nepal Prathisthan (Rehabilitation center) of Birtamode on March 23, where there was presence of 23 participants. There was discussion HIV/AIDS causation, prevention and treatment therapy.

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Monthly joint inter-Network meeting:

- Conducted coordination and sharing meeting with local bodies and stakeholders in Sunsari on March 21. In the meeting there was presence from Itahari Municipality, HWS, Astha Foundation, Mahila Sahayogi Samuha, Prayash Mahila Samuha, Jagaran Aarogya Kendra, Sahara Samaj, Dharan Positive Group, Maiti Nepal. There was sharing of EpiC Project activities and achievements along with COVID-19 activities.
- Participated in the coordination meeting on Bhadrapur organized by CCC. There was presence of Lead Nepal, ART counselor, CCC staff, municipality staff and health office staff. Discussion was done for working together with better coordination and collaboration incoming days.

Viral Load campaign

- In this period altogether 32 on March 14 & 21 viral load sample collection was done from AMDA Nepal Itahari city clinic in coordination with ART center, BDS Sub IPs, CCC and sent to Koshi Zonal Hospital.
- In Morang district total 17 viral load sample collection was done on March 2022 in coordination with ART Center and BDS sub-IPs and send to Koshi Zonal Hospital.

Festival campaign social media posts:

- Not done in this period.

Objective 3: Improve program management including HIS and HRH and financial systems to ensure attainment and maintenance of epidemic control; and

Data Quality Assessment:

- Not done in this period.

Monitoring visits:

- Monitoring visit was conducted on ART center of Mechi and Ilam and Birtamode city clinic on 10th and 9th March by Upendra Shrestha (M& E Specialist) & Salina Joshi (PO).
- Similarly, Sanjit pandit (Lab Specialist) and Dr. Kriti Adhikari (Technical Specialist) were present for monitoring in the city clinic on 8th, 9th and 13th March and ART center and Lab of Koshi hospital at 14th March respectively.

Community monitoring Scorecard:

- Not done in this period.

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Provincial / Other GoN meeting:

- Coordination meeting was done with Health Office of Sunsari and Jhapa on March 14th and 16th respectively. In the meeting there was presence of Technical Specialist from FHI, Chief of Health Office, Vaccine supervisor, HIV focal Person, PC, M&E Officer, COVID-19 response Officer, HA. In the meeting discussion was done on COVID-19 supportive activities that is going to be done by EpiC Project in coordination with Health Office in Sunsari and Jhapa.

Monitoring visit by GoN

- Monitoring visit was done from local bodies (Health Office, Municipality and Koshi Hospital) in City clinic of Morang district. There was monitoring visit of DIC, Lab, Clinic and sharing was done on activities conducted by EpiC Project in the district and COVID-19 planned activities.
- Monitoring visit from local governance of Health Office Jhapa, Birtamod Municipality, ART Center Damak and Mechi, Laboratory of Mechi Hospital was done on March 29th to City clinic of Morang. In the visit there was visit of DIC, Lab and clinic on process of services delivered. After visit there was sharing and discussion on project activities with progress, challenges, Issues and way forward for FY22.

Trainings and Orientations:

- Not done in this period.

Monthly ART center Meetings

- **Ilam ART Center**

Quarterly ART Meeting was conducted at Ilam ART center of Ilam Hospital on March 25th. In the meeting there was presence of Mesu, Medical Recorder, Emergency Incharge, Lab Incharge, ART counselor, HA-ART, Peer Navigator, Luv Kush Ashram. In the meeting there was discussion on progress of ART center, VL sample collection, COVID-19 vaccination coverage to PLHIV, IIT follow up and maintain register and timely entry of viral load report in DHIS-2 tracker.

Sunsari:

Monthly ART Meeting was conducted at BPKIHS ART center of Sunsari on March 30th. In the meeting there was presence of Tropical Ward Incharge, ART doctor, ART counselor, HA-ART, NAP+N representative, AMDA & HWS PC, PN, CBS. In the meeting there was discussion on agenda making ART center client friendly and support that can be provide by EpiC Project as per need. Initiation of TPT services to all newly diagnosed cases from April. Minimization of duplication cases in our districts.

Morang:

Monthly ART Meeting was conducted at Koshi ART center of Morang on March 31st. In the meeting there was presence ART doctor, ART counselor, HA-ART, Lab Technician, CCC

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representative, AMDA PN, CBS. In the meeting there was discussion on Viral load testing of all eligible clients and report for timely dispatch. Also making ART center client friendly and support that can be provide by EpiC Project as per need. Initiation of TPT services to all newly diagnosed cases from April.

Jhapa:

Monthly ART Meeting was conducted at Mechi ART center of Jhapa on March 31st. In the meeting there was presence AMDA M&E Officer, ART counselor, HA-ART, Case Manager, CCC representative and CHBC team. In the meeting there was discussion on Viral load testing of all eligible clients in coordination with ART center, AMDA Nepal, Lead Nepal and CCC every month in presence of ART center. Provide care and support to 6 PMTCT cases of Jhapa district in coordination with each other. Listing of IIT clients and follow up by each organization and re enrolled with coordination with all partners in the district.

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Target Vs Achievement

S.N.	Indicators	Target FY 2022	Achievement March.2022	Cumulative Achievement (Oct 2021-September2022) FY2022
1	KP_Prev	598	135	506(84%)
2	PP_Prev	501	125	662(132%)
3	HTS_TST_FSWs	423	118	431(101%)
4	HTS_TST_PPs	348	86	477 (137%)
5	HTS_TST_POS_FSWs	13	2	11(84%)
6	HTS_TST_POS_PPs	48	7	43(89%)
7	TX_New_FSWs	13	2	11(84%)
8	TX_NEW_PPs	133	8	51 (38%)
9	TX_PVLS(D)	460	141	323 (71%)
10	TX_PVLS(N)	437	127	306 (70%)
11	STI_Screening	233	116	703 (301%)
12	STI_Diagnosis & Treatment	86	41	266 (475%)
13	PrEP_New	291	20	86(29%)
14	Condom distribution	90188	11,711	100156(111%)
15	Stigma & discrimination reduction training	380	140	220(57%)

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Photos



Pics: Coordination and Sharing meeting with stakeholders in Sunsari

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Pic: Conducting S&D reduction training to Health workers, FCHV and ward Members.

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Pics: Monitoring visit by Lab Specialist, Technical Specialist and M&E Specialist at City Clinic and ART Center.



Pics: Monitoring visit of City clinic by Local bodies in Morang.

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Monitoring visit by Local bodies in Birtamod City Clinic.

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Pics: Quarterly review meeting of Ilam ART center