

# AMDA Nepal

## Breast and Cervical Cancer Screening Project

### Monthly Progress Report

<b>Implementing organization</b>	AMDA Nepal
<b>Title of the Project</b>	Project for Breast and Cervical Cancer Screening Camp
<b>Project Location</b>	Gokarneshwor Municipality, Kathmandu District, Bagmati Province
<b>Funded By</b>	Daiichi Sankyo Co. Ltd. / AMDA MINDS
<b>Reporting Month</b>	November 2023
<b>Total Project Budget</b>	Rs. 2,68,76,925
<b>Total Annual Budget</b>	Rs. 55,22,882
<b>Total Expenses till this month</b>	Rs. 40,73,302.79
<b>Total Expenses of this Month</b>	Rs. 1,29,100.00
<b>Report Submitted By</b>	Srijana Shrestha
<b>Date of Submission</b>	December 12, 2023

#### 1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1.	End Line Survey	1		November 2023 - Ongoing
2.	Kobo Tool –Door to Door Visit by FCHV	13 FCHV	171	November 2023
3.	Educational Activities	0		
a.	Awareness Program to President of Aama, Mahila Samuha	6	242	November 8,22,24,28 & 30 , 2023
4.	Service Delivery from Health Facilities	8	49	November 2023
5.	Training to Health Facility Staffs	1	10	November 28, 2023

#### 2. KEY ACHIEVEMENTS

- End line survey had commenced from November 2023 lead by Sabina Pokharel, Consultant.
- Among total trained 22 FCHVs on Kobo Tool, 13 FCHV had done the door to door visit by using **Kobo tool**.
- We had conducted 6 **educational activities** among president of Aama and Mahile Samuha of respective ward at ward office.

- Among total 10 health facilities, 7 **health facilities** had provided the breast and cervical cancer screening services to the patient at respective health facility.
- Technical training to health facilities staffs on Cervical Cancer Screening Service & Breast Cancer Screening Service had completed on 28 November 2023 at Mariestopes Training Center Satdobato.

### 3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>0</b>	<b>End Line Survey</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	0	0	0
<i>Budget</i>	0	0	0
<i>Narrative Explanation:</i>			
Date: November 2023		Location: AMDA Office	
<b>Objective of the activity:</b>	<ul style="list-style-type: none"> <li>• To assess the impact of the project deliverables and outputs.</li> <li>• To collect information for project- based indicators and outputs.</li> <li>• To share evaluation finding to concerned internal and external bodies.</li> </ul>		
<p>❖ <b>Activity details:</b></p> <ul style="list-style-type: none"> <li>• The end line survey had commenced from November 2023 lead by Sabina Pokharel, Consultant. Project overview was provided by Program Officer to Consultant and had a meeting regarding conducting End Line Survey. Discussed on Baseline Survey and shared the report. Prior the commencement we had meeting with donor and consultant on November 24, 2023 where we had discussion on importance aspects i.e. methods, samples, etc. We had discussed on the questionnaire that she had prepared for End Line Survey and also discussed with Donor in the meeting on November 28, 2023. Planned to organize orientation to enumerator regarding data collection.</li> </ul> <p>❖ <b>Participants feedback/ suggestions/ opinions:</b> Not Any.</p> <p>❖ <b>Follow-up plan (if any):</b> Not any.</p>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.1</b>	<b>Door to Door Visit by FCHV- Kobo Tool</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event/Person</i>	18	13	5
<i>Number of Participants/ beneficiaries</i>	150	171	21
<i>Budget</i>	9000	6500	2500 (Quarterly Payment from Oct to Dec)
<b><i>Narrative Explanation:</i></b>			
Date: November 2023		Location: Gokarneshwor Municipality	
Objective of the activity:		<ol style="list-style-type: none"> <li>1) To conduct the door to door activities by FCHVs by using Kobo Tool in order to refer the new clients and follow up the old clients.</li> <li>2) To record the door to door activities conducted by FCHV.</li> </ol>	
<ul style="list-style-type: none"> <li>• Activity details  Among total trained 22 FCHVs on Kobo Tool, only 13 FCHVs had done the door to door visit by using <b>Kobo tool</b> on November 2023. Total 171 clients had been visited by FCHV, among all 39 were old followed up clients and 132 clients were new clients to whom they referred for the service at nearby health facilities and AMDA clinic.</li> <li>• Participants feedback/ suggestions/ opinions: Not Any.</li> <li>• Follow-up plan (if any): Not Any.</li> </ul>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>1.2</b>	<b>Educational Activity among President of Aama and Mahila Samuha</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	6		0
<i>Number of Participants/ beneficiaries</i>	180	242	62
<i>Budget</i>	4000	43000	3000
<b><i>Narrative Explanation:</i></b>			
Date: 8, 22,24,27, 28 & 30 November 2023		Location: Ward 1,2,3,4,5 and 9	

Objective of the activity:	<ul style="list-style-type: none"> <li>• To disseminate and bring awareness among President community women regarding imperative aspect of breast &amp; cervical cancer screening services.</li> <li>• To bring awareness regarding breast and cervical cancer to all the women of that specific group through president.</li> <li>• To be accessible to all the women of Gokarneshwor Municipality to nearby health facility and AMDA Clinic.</li> </ul>
<ul style="list-style-type: none"> <li>• Activity details  Total 6 educational event was conducted among President, Vice President and Secretary of Aama and Mahila Samuha of ward 1,2,3,4,5 and 9 on 8, 22,24,27 &amp; 28 November 2023 which was conducted at the respective ward office. The program was conducted in the presence of Ward President, Focal Person of Health Department of Gokarneshwor Municipality(GM) and the facilitator from GM. Before the commencement of the program, Ward President highlighted the main objective of the program and the reason for the selection of only President, Vice President and Secretary of Aama and Mahila Samuha of the respective ward in order to disseminate the awareness regarding breast and cervical cancer to all the women of that specific group through president and also increase the accessibility to all the women of Gokarneshwor Municipality to nearby health facility and AMDA Clinic.  Likewise, Ms. Srijana Shrestha, Program Officer, AMDA Nepal addressed the importance of early diagnosis and treatment of the services, also emphasized on utmost importance to receive the service by all the women as this need to be continued in every 3 years till the age of 60 years as early diagnosis helps to cure the disease through simple procedures and highlighted on screening service which should be done by the healthy women rather than by ill person. Additionally, she also stated on the service available at all the health facility and AMDA clinic.  Further, Ms. Shobha Shrestha, Facilitator, GM started the session. She presented on Breast and Cervical Cancer, its causes, diagnosis, sign and symptoms, prevention and treatment and services provided during screening camp and health facilities, benefits of the service and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated through sharing the examples we had experienced during camp. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had. Also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3-year interval till the client reaches up to 60 years old at nearby health facilities.  She also emphasized to be aware first and also to bring awareness among family members and all the women of respective group by sharing the information she has understood in this educational activity.  The program was officially closed with the closing remarks by Mr. Hari Prasad Upadhaya, PHO, GM with the highlight of the program including the utmost important aspects and also, addressed that it is a great way to raise awareness about breast &amp; cervical cancer and disseminate the information to all the women through participation of President, Vice President and Secretary of Aama and Mahila Samuha.</li> </ul>	

- **Participants feedback/ suggestions/ opinions:**  
Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. Most of them were unaware about the screening service they can receive from nearby health facility and about the camp as well. Also, they had a trust issue for the service they receive from health facility which was cleared with the assurance and details on services from health center and they agreed to receive the service and will visit AMDA clinic for diagnostic service on a scheduled day.
- **Follow-up plan (if any):**  
Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
2.3	<i>Service Delivery from Health Facilities by trained staffs</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	10	7	3
<i>Number of Participants/ beneficiaries</i>	50	52	2
<i>Budget</i>	0	0	0
<i>Narrative Explanation:</i>			
Date: October 2023	Location: Sundarijal, Nayapati , Baluwa and Jorpati Health Post, Urban Health Center Jorpati, Shivachock Urban Health Center and Gokarneshwor Nagar Hospital		
<b>Objective of the activity:</b>	To provide screening services on breast & cervical cancer to all the women of respective health facility.		
<ul style="list-style-type: none"> <li>• <b>Activity details</b> Among total 10 health facilities, 7 health facilities had provided services of breast and cervical cancer screening services namely Sundarijal, Nayapati, Baluwa and Jorpati Health Post, Urban Health Center Jorpati, Shivachock Urban Health Center and Gokarneshwor Nagar Hospital. In total, 52 clients received the service from the health facilities. In Urban Health Center Jorpati, one client was diagnosed with VIA positive. Service provider has referred the client for colposcopy service at AMDA Clinic.</li> <li>• <b>Participants feedback/ suggestions/ opinions:</b> Not Any.</li> <li>• <b>Follow-up plan (if any):</b> Not Any.</li> </ul>			

<i>Activity Code</i>	<i>Name of Activity</i>		
<b>2.4</b>	<b>Training to Health Facility Staffs</b>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	10	10	0
<i>Budget</i>	151000	0	0

***Narrative Explanation:***

Date: 28 November 2023	Location: Mariestopes Training Center Satdobato
Objective of the activity:	To trained the staffs of health facility on cervical cancer and breast cancer screening services.

- Activity details

We had trained total 10 staffs of Gokarneshwor Nagar Hospital and Shivachock Urban Health Center of Gokarneshwore Municipality conducted from 28<sup>th</sup> November to 2 December 2023 at Mariestopes Training Center, Satdobato. For intial 3 days, staffs were trained on VIA for Cervical Cancer Screening and Breast Cancer Screening and on 4-day practicum session was conducted at Pacha Pokhari Secondary School, Makalbari, Ward 8. All the trainee attended screening camp and were satisfied with the training.

The following are the details of equipment:

SN	Name of Staff	Designation	Name of Health Facility
1	Tila Adhikari	ANM	Gokarneshwore Nagar Hospital
2	Anju Adhikari	PHN	Gokarneshwore Nagar Hospital
3	Laxmi Basnet	ANM	Gokarneshwore Nagar Hospital
4	Rubina Thapa	SN	Gokarneshwore Nagar Hospital
5	Phampha Maya Yonjan	Sr. ANM	Shivachock Urban Health Center
6	Manju Shrestha	SN	Gokarneshwore Nagar Hospital
7	Anjana Aryal	SN	Gokarneshwore Nagar Hospital
8	Yasodha Bhattraï	Sr. ANM	Gokarneshwore Nagar Hospital
9	Sulochana Khadka	Sr. ANM	Gokarneshwore Nagar Hospital
10	Anita Adhikari	Nursing Officer	Gokarneshwore Nagar Hospital

- Participants feedback/ suggestions/ opinions:  
Participant were glad to receive the training as it had increased their productivity and enrich the confident and enhance the skills. They are now confident to commence the service without any hesitation and doubt.
- Follow-up plan (if any):  
Not Any.

#### 4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 55,22,882	Rs. 4073302.79	74%	
Quarterly Budget	Rs. 15,00,000	Rs. 653161.00	44%	
Monthly Budget	Rs. 2,50,000	Rs. 1,29,100.00	52%	

#### 5. ISSUES, CHALLENGES

- Due to Dashain and Tihar festive month, we are unable to conduct both screening and diagnostic screening camp on November 2023.

#### 6. LESSONS LEARNED

- Not Any.

#### 7. WAY FORWARD/RECOMMENDATION

- Continue end line survey of the project.
- Continue awareness program to president of women's group and educational activity among swastha aama samuha/ Women's Group.
- Support the FCHV day program conducted by Gokarneshwor Municipality.
- Conduct Screening and Diagnostic Screening Camp.
- Plan for the Review Meeting of the Project.

#### 8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

## 9. PLANNED ACTIVITIES (for upcoming month/ Period)

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Educational Activities with President of Aama Samuha	3	20000	18 and 19 December 2023	President of Aama Samuha
2. Educational Activities	4	20,000	14,21 and 22 December 2023	Swatha Aama samuha
3. End Line Survey	1	320200	December 2023	
4. FCHV Day Celebration	1	130000	5 December 2023	
5. Screening Camp	4	200000	2, 9,16 and 23 December 2023	
6. Diagnostic Screening Camp	5	45000	5,19,20 and 23 December 2023	
7. Training to Health Staff	1	151600	29 Nov to 2 Dec 2023	
8. Procurement Expenses	1	1,50,000	By the end of month	
9. Admin & Overhead Cost	1	130,000	By the end of month	
<b>Total</b>		<b>Rs. 11,66,800/-</b>		

### Annex 2: Consolidate data Report



Consolidate Report\_  
Nov 2023

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### Annex 3. Photographs

Awareness Program to President of Aama, Mahila Samuha at Ward 4.



Awareness Program to President of Aama, Mahila Samuha at Nayapati, Ward 2.



Awareness Program to President of Aama, Mahila Samuha at Sundarijal, Ward 1



Awareness Program to President of Aama, Mahila Samuha at Ward 9



Awareness Program to President of Aama, Mahila Samuha at Ward 5.



Awareness Program to President of Aama, Mahila Samuha at Ward 3.



Technical Training to Health Facility Staff at Satdobato Training Center, Satdobato.



Technical Training to Health Facility Staff at Satdobato Training Center, Satdobato.



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