

AMDA Nepal
Breast and Cervical Cancer Screening Project

Monthly Progress Report

Implementing organization	AMDA Nepal
Title of the Project	Project for Breast and Cervical Cancer Screening Camp
Project Location	Gokarneshwar Municipality, Kathmandu District, Bagmati Province
Funded By	Daiichi Sankyo Co. Ltd. / AMDA MINDS
Reporting Month	December 2022
Total Project Budget	Rs. 2,68,76,925
Total Annual Budget	Rs. 60,22,031
Total Expenses till this month	Rs. 4832749.5
Total Expenses of this Month	Rs. 3,24,249
Report Submitted By	Srijana Shrestha
Date of Submission	10th January, 2023

1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	1	0	
2	Kobo Tool –Door to Door Visit by FCHV	11 FCHV	91	8 th , 9 th and 19 th December 2022
3	Educational Activities	1	26	14 th December 2022
4	FCHV Day Celebration	1	1	5 th December 2022
5	Screening Camp			
a.	Screening Camp at AMDA Clinic	1	Reg.Client: 37 BCSS: 37 BL: 1 CCSS: 33 VIA+ve:11	3 rd December 2022
b.	Screening Camp at Gram Sudhar Basic School, Gamcha Baluwa 3 (Conducted for the practicum of trainee)	1	Reg.Client: 41 BCSS: 41 BL: 2 CCSS: 37 VIA +ve:3	17 th December 2022
6	Diagnostic Screening Camp			

a.	Mammogram Service	33		3 rd and 20 th December 2022
b.	USG Service	16		3 rd December 2022
7	Need Based Training to Health Facility Staff	1	1	16 th and 17 th December 2022
8	Distribution of Equipment's at Urban clinics	3		

2. KEY ACHIEVEMENTS

- Orientation on **Kobo tool** to 6 FCHV was done on 8th, 9th and 19th December 2022 at AMDA Office and Sundarijal ward 1, respectively. We installed the tool in their phone and oriented about the form that need to be filled up during door to door visit. Total 6 FCHV was oriented on Kobo tool. 91 clients were visited by 6 FCHVs. Among all, 38 clients were old followed up clients and 53 clients were new clients to whom they referred for the service.
- **1 Educational event** was conducted on 14th December 2022 at Basnet Gaun, Gamcha, ward 3 were 26 local women group of the community participated the program.
- **FCHV day celebration** was conducted on 5th December 2022 at Ward 4. Along with FCHVs, health facility Incharge and staffs, School Health Nurse, Doctors of Nagar Hospital, health team of Gokarneshwor Municipality and Chief administrator of Gokarneshwor Municipality, also, team of AMDA Minds and AMDA Nepal was present on the day. The total 141 people had participated in the program. As per the scheduled program, the program was conducted smoothly.
- **2 events** of one-day free breast & cervical cancer **screening camp** were conducted at AMDA Clinic, and Gram Sudhar Basic School, Gamcha, Baluwa-3 on 3rd and 17th December 2022 respectively. A total of 78 women attended the camp and among them 70 clients benefitted from cervical cancer screening services (CCSS) and 78 clients benefitted from breast cancer screening service (BCSS). Out of them, 3 women found with Benign Lump in the breast and 14 with VIA positive. We conducted camp at AMDA Clinic in a **Single Visit Approach** as clients were benefitted with both service i.e. Screening camp and Diagnostic screening camp on the same day. Additional one screening camp had been planned for the practicum session of training at Gram Sudhar Basic School, Gamcha.
- **3 Diagnostic screening camp** were conducted at AMDA Clinic. A total of 49 clients benefitted with the service, where 33 clients received the Mammogram service, and 16 client received the USG service on 3rd and 20th December 2022 respectively.
- **Need Based training** for trained staff of Gokarneshwore Municipality was conducted on 16th and 17th 2022 at Mariestopes Training Center Satdobato and at Gram Sudhar Basic School Gamcha. The total number of participants was 13. All the participants had competency in the service along with the theoretical knowledge on it.
- We had received the equipment and supplies for the **Distribution of Equipment and supplies** at Urban clinics on 30th December 2022 which we had planned to distribute on 13th January 2023 in the presence of Ward President and Health team of GM and Health Facility Staffs.

3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
0	Coordination Meeting with health team of GM and Health Facility Incharge		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>			
<i>Number of Participants/ beneficiaries</i>			
<i>Budget</i>			
<i>Narrative Explanation:</i>			
Date:		Location:	
Objective of the activity:			
<ul style="list-style-type: none"> ❖ Activity details: ❖ Participants feedback/ suggestions/ opinions: ❖ Follow-up plan (if any) Not Any. 			

<i>Activity Code</i>	<i>Name of Activity</i>		
1.1	Kobo Tool –Door to Door Visit by FCHV		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	3	3	0
<i>Number of Participants/ beneficiaries</i>	70	91	21
<i>Budget</i>	10000	7500	2500
<i>Narrative Explanation:</i>			
Date: 8 th , 9 th and 19 th December 2022		Location: Ward 6, ward -5 and ward 1	
Objective of the activity:		<ol style="list-style-type: none"> 1. To orientate about Kobo Tool to FCHV. 2. To follow up and record the door to door activities of FCHV. 	
<ul style="list-style-type: none"> ❖ Activity details 6 FCHV of Sundarijal Health Post, Urban Clinic Jorpati and Urban Clinic Sarbeshwore was orientated on Kobo Tool on at AMDA Office, ward -6 and ward 1 respectively. We installed the tool in their phone and oriented about the form that need to be filled up during door to door visit. Total 13 FCHV are oriented on Kobo tool till this month. 91 clients were visited by 11 FCHVs. 			

Among all, 38 clients were old followed up clients and 53 clients were new clients to whom they referred for the service.

- ❖ Participants feedback/ suggestions/ opinions:
FCHV were glad to learn the new technique and also, this had built the confident in them. They had acknowledged for the opportunity and new learnings that had helped to nurture their skills and confident in them.
- ❖ Follow-up plan (if any):
Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.2</i>	<i>Educational Activities</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	30	26	4
<i>Budget</i>	5000	4420	580
<i>Narrative Explanation:</i>			
Date: 14 th November 2022		Location: ,Ward 3	
Objective of the activity:		To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.	
<ul style="list-style-type: none"> ❖ Activity details One Educational event was conducted on 14th December 2022 at Basnet Gaun, Gamcha, Ward 3 where 26 local women participated from the community. We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had. We also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3 year interval till the client be 60 years old at nearby health facilities. ❖ Participants feedback/ suggestions/ opinions: Participants thanked for such informative session and this had changed their view on health seeking behavior and will come to receive the service on schedule day. Also, unaware about screening 			

which should be done by healthy person and need to do regularly for the optimum health of their own instead of going hospital after being ill.

❖ **Follow-up plan (if any):**

Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.2</i>	<i>FCHV Day Celebration</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	150	141	9
<i>Budget</i>	100000	94920	5080
<i>Narrative Explanation:</i>			
Date: 5 th December 2022	Location: Himali Ghar Resort, Ward 4		
Objective of the activity:	<ul style="list-style-type: none"> To celebrate the day for the contribution provided by FCHVs in health system 		
<p>❖ Activity details</p> <p>Dec 5 was celebrated as a Female Community Health Volunteer (FCHV) day in Nepal. Nepal government has forwarded message to all Municipality to celebrate the day. Gokarneshwor Municipality had organized the program at Himali Ghar Resort, Uttartbahini, Ward 4. All FCHVs were invited in the program. The Chief guest was Deputy Mayor, Baikuntha Prasad Sapkota, Chief Administrative Officer of Gokarneshwore Municipality and Dawarika Shrestha, Ward President -1 from Sundarijal. Other were Hospital and Health post staffs, Ward Presidents, School Health Nurse and other members of health , administrative and finance team of Gokarneshwor Municipality(GM).</p> <p>The program was hosted by Purna Bahadur Basnet , Officer, GM. It was designed to discuss about the contributions from FCHVs in health service providing to the communities. It was also discussed about the challenges for FCHVs. Most of them said that they are happy to work as a health volunteer but they have many challenges. Also, addressed the need of basic trainings about health and were expecting refresher trainings in order to enhance the knowledge and nurture their skills and build confident in the service they are providing.</p> <p>Nine best FCHVs were awarded based on their performance from each ward. They were granted with 5000 NRS each. Also, distributed the First Aid Box and Digital BP set and Glucometer for each.</p> <p>Sanni Lama, Deputy major of GM remembered the contribution did by FCHVs. She explained the important of FCHV in health system who has a great contribution to reduce child and maternal mortality rate in country health status. Also, appreciated FCHVs work and ask them to continue the same dedication toward their work.</p>			

Likewise, Mr.Hari Krishna Aryal gave thanks to all FCHVs for their great contribution for the strengthen of health system in Gokarneshwor Municipality. Also, Kobayashi Maiko, Country Director of AMDA Minds highlighted the contribution done by FCHVs inspite of all those challenge they had faced, appreciated the door to door activities that each FCHVs does and helping the community people to be accessible to the health services.

At the end of the program, all guests and participants wished FCHVs for their future. After the closure of formal program, AMDA Nepal organized the Musical Chair competition to the FCHVs for the refreshment and cherish the day. Also, distributed prize who secured 1st, 2nd and 3rd position in the game. As a whole, the program was organized in a well-managed and in effective way. Every one, especially FCHV enjoyed the day in the fullest.

❖ Participants feedback/ suggestions/ opinions:

FCHV has thanked for supporting to organize such a huge program where they were able to meet all the team in one roof and appreciating the work they are doing and also added that such kind of program motivate to continue the service they are providing in the community.

❖ Follow-up plan (if any):

Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2	Screening Camp		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
Number of Event	4	4	0
Number of Participants/ beneficiaries	90	78	12
Budget	100000	98395	1605
<i>Narrative Explanation:</i>			
Date: 3 rd and 17 th December 2022	Location: AMDA Clinic, and Gram Sudhar Basic School, Gamcha, Baluwa-3		
Objective of the activity:	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.		
<ul style="list-style-type: none"> • Activity details 2 events of one-day free breast & cervical cancer screening camp were conducted at AMDA Clinic, and Gram Sudhar Basic School, Gamcha, Baluwa-3 on 3rd and 17th December 2022 respectively. A total of 78 women attended the camp and among them 70 clients benefitted from cervical cancer screening services (CCSS) and 78 clients benefitted from breast cancer screening service (BCSS). Out of them, 3 women found with Benign Lump in the breast and 14 with VIA positive. We conducted camp at AMDA Clinic in a Single Visit Approach as 			

clients were benefitted with both service i.e. Screening camp and Diagnostic screening camp on the same day.

Additional one screening camp had been planned for the practicum session of training at Gram Sudhar Basic School, Gamcha.

- **Participants feedback/ suggestions/ opinions:**

Clients were very glad to receive both cancer screening service nearby their locality and also glad to hear about free referral services.

- **Follow-up plan (if any):**

As soon we receive the mammogram report, need to inform the same to all the clients.

- Follow up to the suspected client.

<i>Activity Code</i>	<i>Name of Activity</i>				
2.5	<i>Diagnostic Screening camp</i>				
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>		
<i>Number of Event</i>	4	3	1		
<i>Number of Participants/ beneficiaries</i>	60	49	11		
<i>Budget</i>	30000	25670	4330		
<i>Narrative Explanation:</i>					
Date: 3 rd & 20th December 2022		Location: AMDA Clinic (AGWC)			
Objective of the activity:		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
❖ Activity details					
SN	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	3 rd & 20th	Mammogram	33	49	All report are normal except 2 clients who had heterogeneously dense breast might obscure small lesions and Multiple variable sized radio dense lesions in bilateral breast – multiple fibroadenoma.B/L axillary lymphadenopathy. Both require to do breast USG for further investigation.
2	3rd	USG	16		All Normal except 4 clients had cystic lesion and breast cyst. Need to do follow up after a year.

❖ **Participants feedback/ suggestions/ opinions:**

Not Any.

❖ **Follow-up plan (if any):**

- To those client advised for follow up.

2.5	<i>Need Based Training</i>		
•	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	1
<i>Number of Participants/ beneficiaries</i>	14	13	1
<i>Budget</i>	50000	42000	8000
<i>Narrative Explanation:</i>			
Date: 16 th and 17 th December 2022	Location: Mariestopes Training Center Satdobato and at Gram Sudhar Basic School Gamcha.		
Objective of the activity:	<ul style="list-style-type: none"> • To enhance the knowledge and practice on breast and cervical cancer screening services. • To nurture the skills and upgrade the competency of the service provider. 		
<p>❖ Activity details The need based training was conducted on 16th and 17th 2022 at Mariestopes Training Center Satdobato and at Gram Sudhar Basic School Gamcha respectively. The total number of participants was 13. This training had enhanced the knowledge they had and nurtured the skills and increased the competency with confident in the service provider. Also, motivated the provider to commence the service from their health facilities.</p> <p>❖ Participants feedback/ suggestions/ opinions: Participant were glad to receive the training as it had increased their productivity and enrich the confident and enhance the skills. They are now confident to commence the service without any hesitation and doubt.</p> <p>❖ Follow-up plan (if any): Need to follow up for the commencement of the service from the respective health facility.</p>			

4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 60,22,031	Rs. 4832749.5	80.25	
Quarterly Budget	Rs. 15,00,000	Rs. 15,02,726	100	
Monthly Budget	Rs. 5,00,000	Rs. 3,24,249	175751	

5. ISSUES, CHALLENGES

- Need to address the referral system with the health team of Gokarneshwor Municipality according to their norms and send the suspected clients accordingly.

6. LESSONS LEARNED

- Not Any

7. WAY FORWARD/RECOMMENDATION

- Distribution of Equipment and Supplies at 3 Urban Clinics namely, Sarbeshwore, ShivaChock & Besigaun Urban Clinic.
- Program Planning of third year with team
- Annual Review Meeting

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

9. PLANNED ACTIVITIES (for upcoming month/ Period)

Activity	Target		Planned Time Frame	Venue /Location of Activity
	No. of Events	Budget		
1. Orientation to FCHV on Kobo Tool	7	-	By the end of month	Ward 1,2,3,7,8
2. Screening Camp	2	Rs. 1,00,000	21 st & 28 th Jan 2023	AMDA HP & Chamunda School
3. Diagnostic Screening Camp	2	Rs. 30,000	21 st & 31 st Jan 2023	AMDA Clinic
4. Annual Review Meeting	1	Rs. 1,25,750	27 th Jan 2023	
5. Procurement Expenses	1	Rs. 1,00,000	By the end of month	
6. Admin & Overhead Cost	1	Rs. 130,000	By the end of month	
Total		Rs. 4,85,750/-		

Annex 2: Consolidate data Report



Consolidate Report

Annex 3. Orientation on Kobo Tool to FCHV

SN	Name of FCHV	Orientation	HF/Ward
1	Ganga Adhikari	Completed	UC Sarbeshwore - 6
2	Kabita Ghimire	Completed	UC Sarbeshwore - 6
3	Timila Baral	Completed	UC Jorpati -5
4	Binda Timalsina Baral	Completed	UC Jorpati -5
5	Dil Maya Shrestha	Completed	Sundarijal HP -1
6	Shanti Khadka	Completed	Sundarijal HP -1

Annex 3. List of Participants at Need Based Training

SN	Name of Staff	Designation	Name of Health Facility
1.	Krishna Maya BK	ANM	Jorpati HP
2.	Chandrawati Bohora	ANM	UC Sarbeshwore
3.	Binda Ghimire	ANM	Gokarna Nagar Hospital
4.	Hira Devi Dhungana	ANM	Nayapati HP
5.	Usha Gyawali	ANM	Gokarna Nagar Hospital
6.	Brinda Dahal	ANM	Tarebhir Urban Clinic
7.	Sita Bhattarai	ANM	Jorpati HP
8.	Sita Gharti	ANM	Gokarna Nagar Hospital
9.	Rita Sapkota	ANM	Gokarna Nagar Hospital
10.	Sharmila Katawal	ANM	Gokarna Nagar Hospital
11.	Sakuntala Ghimire	ANM	Gokarna Nagar Hospital
12.	Chandra Kala Rai	ANM	Baluwa HP
13.	Khim Kumari Adhikari	ANM	UC Jorpati

Annex 6. Photographs

Educational Activities at Basnet Gaun, Gamcha, Ward 3



KOBO Tool Orientation to FCHV of Ward 5 at AMDA Clinic.



FCHV Day Celebration at Ward 4



Screening Camp at AMDA Clinic



Screening Camp and Practicum of Trainee at Gram Sudhar School



Training at Mariestopes Training Center, Satdobato



USG Diagnostic Screening Camp at at AMDA Clinic.



Mammogram Diagnostic Screening Cam at AMDA Clinic.

