

AMDA Nepal
Breast and Cervical Cancer Screening Program
Monthly Progress Report

Reporting Month: February 2022

Reporting Date: March 2022

A. List of Activities accomplished in the month

SN	Activities	Status
1.	Screening Camp	
a.	Screening Camp at AMDA Clinic, Jorpati	19 th February 2022
b.	Screening Camp at Gamcha Community Health Center, Gamcha-3	26 th February 2022
2.	Diagnostic Screening Camp-Mammogram	9 th and 16 th February 2022
3.	Educational Activities	15 th & 24 th February 2022
4.	Coordination Meeting	21 st February 2022
5.	Annual Review Meeting	20 th February 2022

B. Narrative Summary of Activities and Key Findings

1. Details on Screening Camp

The activities undertaken in the camp have been listed in the points below in a sequential manner.

- Registration of clients was undertaken.
- Written informed consent was taken from the clients in the consent form.
- Breast and Cervical Cancer Screening Forms were filled which included personal details, medical history, family history and detail on procedure conducted and findings.
- Blood pressure and height of the clients were measured and recorded.
- Cervical cancer screening was performed through visual inspection of the cervix with acetic acid (VIA).
- After the cervical cancer screening, clinical examination of breast was performed for breast cancer screening.
- The findings from both the cervical and breast cancer screening was disseminated by the medical team with necessary health information and counseling.
- Those women who were screened positive (VIA positive and suspected lump in the breast) in the screening tests were referred to the Teaching Hospital for confirmatory diagnosis and prompt treatment.

1.1 Composition of the team members :

SN	Name of Team	Designation	Organization	Camp at AMDA Clinic	Camp at Gamcha Community Health Center	Remarks
1	Dr. YP Singh	Consultant	TUTH	✓	✓	
2	Dr. Neebha Ojha	Consultant	TUTH	✓	×	
3	Dr. Aiska Shrestha	MS Resident	TUTH	×	✓	
4	Dr Kemi KC	MS Resident	TUTH	✓	×	
5.	Dr. Karishma Pradhananga	MS Resident	TUTH	✓	✓	
6.	Neema Lama	ANM	Sundarijal HP	×	✓	Trained Staff by AMDA
7.	Krishna Maya B.K	ANM	JHP	✓	×	Trained Staff by AMDA
8.	Hima Katawal	ANM	JHP	✓	✓	Trained Staff by AMDA
9.	Parbati Bhatt	Registration	AMDA	✓	✓	
10	Srijana Shrestha	PO	AMDA	✓	✓	
11	Subash Dulal	CF	AMDA	✓	✓	
12	Bishnu Adhikari	CS	AMDA	✓	✓	
13	Niru Thami	Clinic Aid	-	✓	✓	
14	Ram Maya Nagarkoti	CA	CHC Gamcha	×	✓	
15	Laxman Lama	Driver	AMDA	✓	✓	
16	Rama Pokharel	FCHV	JHP	✓	×	
17	Sarasawoti Shrestha	FCHV	JHP	✓	×	
18	Rupa Adhikari	FCHV	JHP	✓	×	
19	Januka Devi Khanal	FCHV	JHP	✓	×	
20	Sawostika Thapa	FCHV	JHP	✓	×	

21	Sunita Nagarkoti	FCHV	BHP	×	✓	
22	Asha KC	FCHV	BHP	×	✓	
23	Sanu Nagarkoti	FCHV	BHP	×	✓	
24	Sashi Timalsina	FCHV	BHP	×	✓	
25	Baikuntha Psd Sapkota	Chief Administrator	Gokarna Municipality	✓	✓	
26	Tanka Pd Dhakal	Section Officer	Gokarna Municipality	×	✓	
27	Ramji Rayamajhi	Finance Officer	Gokarna Municipality	×	✓	
28	Purna Bdr Basnet	HDT	Gokarna Municipality	×	✓	
29	Shova Dev Shrestha	HDT	Gokarna Municipality	×	✓	
30	Bharat Gurung	Incharge	BHP	×	✓	
31	Laxmi Bhandari	Ward Member	Baluwa	×	✓	
	Total Members			18	23	

a) Screening Camp at AMDA Clinic

This was a one day event conducted on 19th February (5th Falgun 2078) at AMDA Clinic, Ward no 6. The camp was executed from 9.00 am to 3:00 pm. A total of 10 team members, comprising of doctors, nursing staffs, clinic aid, and project staffs (see section 1.1, complete list of team members), 2 trained staff of Jorpati Health Post (JHP) and 5 FCHV of JHP were mobilized for the camp administration and service delivery. The Chief Administrator of Gokarneshwore Municipality had arrived for the supervision of the screening camp at the clinic. The event was targeted to women between 30 to 60 years of age. A total of 65 women attended the camp and among them 52 clients benefitted from cervical cancer screening services and 65 clients benefitted from breast cancer screening service.

I. Service Details Age Group wise :

SN	Age Group of Clients	Total Registered Clients	Breast Cancer Serviced Clients	Cervical Cancer Serviced Clients	Remarks
1	30-34 years	15	15	13	

2	35-39 years	16	16	11	
3	40- 44 years	19	19	15	
4	45-49 years	4	4	4	
5	50- 54years	6	6	6	
6	55-59 years	3	3	2	
7	60-64 years	2	2	1	
	Total Clients	65	65	52	

II. Outcomes from the Screening Client

Screening Results (Cervical Cancer)

Result	No.	Remark
VIA Positive	1	Referred for HPV DNA test at NMC(Nepal Medical College)
VIA Negative	51	
Endocervical Polyp	4	Referred to TUTH for Polypectomy 1 client polypectomy done and send for biopsy.
Not Being Screened	13	6 Client rejected to screen due to Menstruation 1 Client rejected due to Total abdominal Hysterectomy. 2 Client rejected due to Abortion. 1 Client rejected due to Pregnancy Test Positive 3 Client denied to receive service
Total	65	

Screening Results (Breast Cancer)

Result	No.	Remark
Suspected _Benign Lump	10	Advised Mammogram and Breast USG at AMDA Office
Suspected_Suspicious Lump	1	Advised Mammogram at AMDA Office

Nothing Abnormal Detected	54	
Total	65	

b) Screening Camp at Gamcha Community Health Center, Gamcha

This was a one day event conducted on 26th February 2022 (12th Falgun 2078) Gamcha Community Health Center(CHC) at Ward- 3. This CHC comes under the Baluwa Health Post The camp was executed from 9.00 am to 3:00 pm. A total of 12 team members comprising of doctors, nursing staffs, clinic aid, and project staffs (see section 1.1, complete list of team members)were mobilized for the camp administration and service delivery. There was a supervision visit by Chief Administrator, Section Officer, Finance Officer and Health desk Team (HDT) of Gokarneswore Nagarpalika. In this camp, 2 trained Staff, 5 FCHV along with the support of Baluwa HP Incharge the camp was conducted in a well managed manner.The event was targeted to women between 30 to 60 years of age. A total of 67 women attended the camp and 62 clients benefitted from cervical cancer screening services and 65 clients benefitted from breast cancer screening services.

I. Service Details Age Group wise :

SN	Age Group of Clients	Total Registered Clients	Breast Cancer Serviced Clients	Cervical Cancer Serviced Clients
1	30-34 years	23	21	21
2	35-39 years	13	13	11
3	40- 44 years	10	10	10
4	45-49 years	6	6	6
5	50- 54 years	6	6	5
6	55-59 years	6	6	6
7	60-64 years	3	3	3
	Total Clients	67	65	62

II. Outcomes from the Screening Client

Screening Results (Cervical Cancer)

Result	No.	Remark
VIA Positive	2	Referred to NMC for HPV DNA Test.
VIA Negative	60	

Not Being Screened	5	2 Client rejected due to Menstruation 1 Client rejected due to Total abdominal Hysterectomy. 1 Client rejected due to pain complain while insertion of speculum. 1 Client refused to receive the service.
Total	67	

Screening Results (Breast Cancer)

Result	No.	Remark
Suspected (Benign Lump)	2	Advised for Breast USG & Mammogram at AMDA Office
Nothing Abnormal Detected	63	
Not Being Screened	2	Client refused to screen due to discomfort and hesitation of exposure.
Total	67	

2. Diagnostic Screening Camp at AMDA Clinic

The diagnostic screening camp - Mammogram was conducted at AMDA clinic on 9th and 16th February 2022. We registered and recorded the details of each clients.

The following are the details regarding screening camp:

SN	Date of Screening Camp	No of clients	Findings	Remarks
1	9th February 2022	8		Radiologist is on sick leave. As soon he resume, the findings will be recorded and informed to clients.
2	16th February 2022	22		
	Total	30		

All of them were glad to receive the service and was awaiting to receive the report of the test.

3. Educational Activities

As per the scheduled plan, we conducted the educational activities before the camp conduction at respective health facilities with the objective to bring awareness on the importance on the screening service, remove the myths and improve on health seeking behavior of the women and also, to disseminate the information about camp conduction date at the respective health post site. This has aided in demand generation activities and client flow management during screening camp day.

The following are the details on Educational Activities we had conducted during this month December 2021:

SN	Name of the Women Group	Venue	Date	Total Participants	Remarks
1	Beautician Women Group	Malkalbari-5	15 th Feb 2022	24	
2	Womens Group	Gamcha -3	24 th Feb 2022	46	
TOTAL				70	

Through this educational activities, we are able to reach to the community women and was aware on Breast and Cervical Cancer Screening Services. Also emphasized the imperative aspects of screening on healthy person and need to bring positive change on their health seeking behaviors of women instead of being shy and hesitated. Ultimately, it had promoted the women health and that lead to happy and healthy life of women and family too.

4. Coordination Meeting

On 21st February, we had coordination meeting with women focal person of Ward Member, FCHV and Health Post Incharge of Baluwa. On the day, we discussed regarding need of screening camp at Gamcha Community, also ensured whether any camp had conducted or not. We finalized the date of educational activities among womens group. Likewise, on the same day, we had meeting with Health Facility In-charge and Health Desk Team at Gokarna Primary Hospital. We discussed and finalized the camp schedule and educational activities at the respective sites for the upcoming month. Also, had discussion on follow up of the positive cases and concluded with the preparation on the list of positive clients and circular that to respective health facilities(HF) for further follow-up. This meeting was quite productive for the liaison with the HF Incharge and Health Desk team of Gokarna Municipality.

5. Annual Review Meeting

On 4th February 2022, we had Annual Review Meeting-Internal within the team at AMDA office where program officer shared all the achievement, progress report and challenges faced within this year. Discussed on the areas that need to be addressed with the rational and also in the follow up of the clients of VIA positive. Concluded with few amendments and need of immediate action on referral linakge.

On 20th February 2022, Annual Review Meeting was conducted at Gokarna Forest Resort in the presence of Mayor and Deputy Mayor of Gokarneshwore Municipality(GM), Chief Administrator, Section Officer and Health Desk Team and Health Facility Incharge of Gokarneshwore Municipality. Likewise, President, Chief Administrator, Consultant and all the team of AMDA Office along with

Program Officer from District Health office(DHO) and the Medical Director and Oncologist of Nepal Medical College and representative of AMDA-Minds was also present in the meeting.

The program was conducted smoothly as per the planned program schedule. With the warm welcome, program officer presented in detail regarding program objective, activities, progress report, service report i.e complied report and health facility wise report, achievement, success story and challenges faced during an entire year. Also, shared the year 2 Program Planning along with the set targets. Likewise, Dr. YP Singh, Consultant and Health Post In-charge of Sundarrijal shared their experiences regarding this program. After that, we had a feedback session from all the delegated and shared the solution for the major challenges i.e. referral linkage for the suspected clients. For which, MD of NMC was eager to work jointly along with the GM and AMDA Nepal. At the end of the program, closing remarks was given by DHO and AMDA Minds with their valuable suggestion and appreciation regarding the program. The program was ended with the vote of thanks by President of AMDA.

6. Lesson Learned

Before finalization of the Camp Site we need to reconfirm whether any event or similar camp had been conducted on the same site or not. At Tareeveer Urban Clinic, Gynae Camp was conducted at around 8 month back due to which we had to post pond the Screening Camp at Tareeveer Urban Clinic on 16th April 2022 (tentative date).

7. Success Story

Educational Activities

Educational Activities had always played the pivotal role in our approach to improve access to screening services. It had educated the women regarding need of regular checkup inspite of presence of any medical problems. Also, screening is done to healthy person to rule out the health status of person and promote the well- being.

Unlike the regular women's group, we were able to conduct educational activities among the beautician. Two groups of beautician i.e Rupa's Beauty Parlour, Makalbari and Sunaura Beauty Studio, Boudha jointly gathered at Rupa's Beauty Parlour. The group was quite different than the regular one as this women were educated, active and health conscious. However, they were unaware regarding importance of regular cancer screening checkup. With the active participation and interactive lecture we were able to disseminate the information regarding breast and cervical cancer screening services. Ultimately, the program brought positive changes regarding their concept on screening services and also, emphasized on need of health seeking behavior and practices.





Krishna Maya Nagarkoti, 47 years old lady who is the member of women's group of Gamcha, stated that this is her first check up at the age of 47. Due to shyness and hesitation, she never went for the check-up neither during her delivery time. She was so glad to receive service at Gamcha Community Health Center and was thankful to conduct the awareness program through which she was able to understand the importance of screening services, otherwise she would never be ready for the service. Also, being the member of women's group, she is going to disseminate the information regarding breast and cervical cancer screening services to the women in her community as this both are the preventable if we do regular screening and be saved from the fatal disease.

Note: The vedio of the same had recorded which is attached within the report.

8. Plan for the Next Month (March 2021)

SN	Planned Activities	Planned Date
1.	Screening Camp	
a.	Screening Camp at Sarbeshwore Community Health Center, Jorpati	12 th March 2022
b.	Screening Camp at Bhim Dev Mavi School, Nayapati	19 th March 2022
2.	Educational Activities	10 th and 16 th March 2022
3.	Diagnostic Screening Camp(USG and Mammogram)	4 th , 9 th , 16 th and 26 th March 2022
4.	Coordination Meeting	23 rd March 2022
5.	FCHV Training	24 th March 2022
6.	Procurement Activities	Entire Month