

**AMDA Nepal**  
**Breast and Cervical Cancer Screening Project**

**Monthly Progress**

|                                       |  |
|---------------------------------------|--|
| <b>Implementing organization</b>      | <b>AMDA Nepal</b>  |
| <b>Title of the Project</b>           | <b>Project for Breast and Cervical Cancer Screening Camp</b>           |
| <b>Project Location</b>               | <b>Gokerneshwar Municipality, Kathmandu District, Bagmati Province</b> |
| <b>Funded By</b>                      | <b>Daiichi Sankyo Co. Ltd. / AMDA MINDS</b>                            |
| <b>Reporting Month</b>                | <b>May 2022</b>  |
| <b>Total Project Budget</b>           | <b>Rs. 2,68,76,925</b>   |
| <b>Total Annual Budget</b>            | <b>Rs. 60,22,031</b>   |
| <b>Total Expenses till this month</b> | <b>Rs. 18,29,233.9</b>   |
| <b>Total Expenses of this Month</b>   | <b>Rs. 5,78,800.9</b>  |
| <b>Report Submitted By</b>            | <b>Srijana Shrestha</b>  |
| <b>Date of Submission</b>             | <b>10<sup>th</sup> June, 2022</b>                                      |

| SN        | Activities  | Number of event | No. of beneficiaries/ Individuals      | Date of conduction  |
|-----------|---|-----------------|--|---|
| <b>1.</b> | <b>Screening Camp</b>                                   |                 |  |   |
| a.        | Screening Camp at Shree Tarebhir Basic School           | 1               | Reg.Client: 65<br>BCSS: 63<br>CCSS: 62 | 28th May 2022   |
| <b>2.</b> | <b>Diagnostic Screening Camp-Mammogram</b>              |                 |  |   |
| a.        | Mammogram Service                                       | 3               | 88                                     | 1 <sup>st</sup> , 7 <sup>th</sup> and 31 <sup>st</sup> May 2022 |
| b.        | USG Service   | 1               | 15                                     | 11 <sup>th</sup> May 2022                                       |
| c.        | Colposcopy  | 1               | 4                                      | 1 <sup>st</sup> May 2022  |
| <b>3.</b> | <b>Educational Activities</b>                           | 1               | 30                                     | 25 <sup>th</sup> May 2022                                       |
| <b>4.</b> | <b>Health Facility Incharge Meeting at Municipality</b> | 1               | 25                                     | 23 <sup>rd</sup> May 2022                                       |

**1. KEY ACHIEVEMENTS**

- One events of one-day free breast & cervical cancer screening camp were conducted at Shree Tarebhir Basic School, Ward-3, one of the remote area of Gokarneswore Municipality(GM). A total of 65 women attended the camp and among them 62 clients benefitted from cervical cancer screening services (CCSS) and 63 clients benefitted from breast cancer screening service (BCSS). Out of them 3 women found with VIA positive result and 9 women found with Benign Lump in the breast and referred for further diagnostic test for VIA positive client and for breast diagnostic service at AMDA clinic.
- 1 educational event was conducted at Shree Tarebhir Basic School, Ward -3, where 30 members of local women’s group was informed about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated.
- 4 Diagnostic screening camp were conducted at AMDA Clinic. A total of 107 clients benefitted with the service, where 88 clients received the Mammogram service and 15 client received the USG service. Among those USG screened client, 1 client was advised for Mammogram for the confirmation of cancer. Meanwhile, we had conducted the colposcopy service for the VIA positive cases and 4 clients received the service. Among them, 1 client cervical biopsy was sent for further investigation.
- Finalized the camp schedule, educational activities and FCHV training at the respective sites for the upcoming month in the Health Facility In-charge Meeting conducted on 23<sup>rd</sup> May 2022 at Gokarna Primary Hospital, Ward -4.

## 2. PROJECT ACTIVITY UPDATE

| <i>Activity Code</i>                         | <i>Name of Activity</i>                                    |   |                 |
|--|--|---|-----------------|
| <i>0</i>                                     | <i>Coordination Meeting with Health Facility In-charge</i> |   |                 |
|  | <i>Plan</i>  | <i>Actual</i>   | <i>Variance</i> |
| <i>Number of Event</i>                       | 1  | 1   | 0               |
| <i>Number of Participants/ beneficiaries</i> | 25   | 25  |                 |
| <i>Budget</i>                                | NA   | NA  | NA              |
| <b><i>Narrative Explanation:</i></b>         |  |   |                 |
| Date: 23 <sup>rd</sup> May 2022              |  | Location: Gokarna Primary Hospital  |                 |
| <b>Objective of the activity:</b>            |  | <ul style="list-style-type: none"> <li>• To coordinate with all the in-charge, provide update on camp, share challenges and lesson learned and FCHV participation during camp.</li> <li>• To schedule the camp site, FCHV training and other program activities for the upcoming months.</li> </ul> |                 |
| <b>❖ Activity details</b>                    |  |   |                 |

On 23rd May 2022, we had meeting with Health Facility Incharge at Gokarna Primary Hospital where we confirmed the camp schedule, educational activities and FCHV training at the respective sites for the upcoming month. Also, requested to select the active staffs for the training and send the participants list accordingly. Along with that, we shared the detail update regarding camp, on case finding we had, use of short-term FP methods by women in a long term basis, the need of gynae check up to every women along with STI treatment and challenges faced during camp conduction.

❖ **Participants feedback/ suggestions/ opinions:**

Regarding long term use of FP methods by women, HF In-charge had assured to take a lead on it and will mobilize the FCHV to trace the women and provide the service as per their informed choice.

❖ **Follow-up plan (if any):**

Not Any.

| <i>Activity Code</i>  | <i>Name of Activity</i>       |  |                               |                              |                        |                |
|---|-------------------------------|--|-------------------------------|------------------------------|------------------------|----------------|
| <i>1.2</i>  | <i>Educational Activities</i> |  |                               |                              |                        |                |
|   | <i>Plan</i>                   | <i>Actual</i>  | <i>Variance</i>               |                              |                        |                |
| <i>Number of Event</i>  | 2                             | 1  | 1                             |                              |                        |                |
| <i>Number of Participants/ beneficiaries</i>  | 60                            | 30   | 30                            |                              |                        |                |
| <i>Budget</i>   | 20,000                        | 6400   | 68%                           |                              |                        |                |
| <b><i>Narrative Explanation:</i></b>  |                               |  |                               |                              |                        |                |
| Date: 25 <sup>th</sup> May 2022   |                               | Location: Shree Tarebhir Basic School  |                               |                              |                        |                |
| <b>Objective of the activity:</b>   |                               | To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services. |                               |                              |                        |                |
| <p>❖ <b>Activity details</b></p> <p>Women's group are those local people of women who resides in the same community. FCHV and leader of women's group had informed to all the women of their community. Among all, only interested candidate participated in the educational activity. The following are the details:</p> |                               |  |                               |                              |                        |                |
| <b>S<br/>N</b>  | <b>Month</b>                  | <b>Date</b>  | <b>Venue</b>                  | <b>Number of<br/>Clients</b> | <b>Grand<br/>Total</b> | <b>Remarks</b> |
| 1   | May                           | 25 <sup>th</sup> May<br>2022   | Shree Tarebir<br>Basic School | 30                           | 30                     |                |

❖ **Participants feedback/ suggestions/ opinions:**

- Requested to conduct screening camp one more time in their locality as one time screening camp will not cover all the women of the community.

❖ **Follow-up plan (if any):**

Not Any.

| <i>Activity Code</i>                         | <i>Name of Activity</i> |   |                 |
|--|-------------------------|---|-----------------|
| 2.2  | Screening Camp          |   |                 |
|  | <i>Plan</i>             | <i>Actual</i>   | <i>Variance</i> |
| <i>Number of Event</i>                       | 1                       | 1   | 0               |
| <i>Number of Participants/ beneficiaries</i> | 60                      | 63  |                 |
| <i>Budget</i>                                | 70,000                  | 55200   | 21%             |
| <i>Narrative Explanation:</i>                |                         |   |                 |
| Date: 28 <sup>th</sup> May 2022              |                         | Location: Shree Tarebhir Basic School   |                 |
| <b>Objective of the activity:</b>            |                         | To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality. |                 |

❖ **Activity details**

- All those three camps were conducted in a well-managed manner. The event was targeted to women between 30 to 60 years of age. Along with screening service we provided STI medicine as per the need of the client which was supported by Gokarneshwore Municipality.

A total of 65 women attended the camp and among them 62 clients benefitted from cervical cancer screening services (CCSS) and 63 clients benefitted from breast cancer screening service (BCSS). Out of them 3 women found with VIA positive result and 9 women found with Benign Lump in the breast and referred for further diagnostic test for VIA positive client and for breast diagnostic service at AMDA clinic. Among all only 4 client had went for the screening service while they had visited the hospital for gynae check-up. However, the rest of them had visited for the first time for screening services.

❖ **Participants feedback/ suggestions/ opinions:**

Clients were very happy to receive the service nearby their locality amidst this season (rainy) and rough off road transportation. Also, requesting for another camp for the remaining clients.

❖ **Follow-up plan (if any):**

- Follow up for the further diagnostic screening camp on allotted date.
- Follow up to those suspected client of cervical cancer screening.

| <i>Activity Code</i>   | <i>Name of Activity</i>          |  |                          |                    |  |
|--|----------------------------------|--|--------------------------|--------------------|--|
| <b>2.5</b>   | <b>Diagnostic Screening camp</b> |  |                          |                    |  |
|  | <i>Plan</i>                      | <i>Actual</i>  | <i>Variance</i>          |                    |  |
| <b>Number of Event</b>   | 4                                | 4  | 0                        |                    |  |
| <b>Number of Participants/ beneficiaries</b>   | 100                              | 107  | +23                      |                    |  |
| <b>Budget</b>  | 30000                            | 84400  |                          |                    |  |
| <b>Narrative Explanation:</b>  |                                  |  |                          |                    |  |
| Date: 6 <sup>th</sup> , 12 <sup>th</sup> , 20 <sup>th</sup> & 26 <sup>th</sup> April 2022        |                                  | Location: AMDA Clinic (AGWC)   |                          |                    |  |
| <b>Objective of the activity:</b>  |                                  | To provide service to the clients in order to detect the early cancer detection and way out for the further investigation. |                          |                    |  |
| <b>❖ Activity details</b>  |                                  |  |                          |                    |  |
| <b>S N</b>   | <b>Date</b>                      | <b>Diagnostic Service</b>  | <b>Number of Clients</b> | <b>Grand Total</b> | <b>Findings</b>  |
| 1  | 1st                              | Colposcopy   | 4                        | 107                | Normal Report. Except 1 client whose Biopsy was sent. As her phone is not reachable. |
|  | 1st                              | Mammogram  | 20                       |                    | Normal Report.   |
|  | 7th                              | Mammogram  | 27                       |                    | Normal Report  |
|  | 11th                             | USG  | 15                       |                    | 1 client was advised to do Mammogram. Rest had normal report.                        |
|  | 31st                             | Mammogram  | 41                       |                    | Not received the report yet.   |
| <b>❖ Participants feedback/ suggestions/ opinions:</b><br>Not Any.                               |                                  |  |                          |                    |  |
| <b>❖ Follow-up plan (if any):</b>  |                                  |  |                          |                    |  |
| <ul style="list-style-type: none"> <li>To those client advised for mammogram service.</li> </ul> |                                  |  |                          |                    |  |

### 3. BUDGET STATUS

| <i>Budget Period</i> | <i>Approved budget</i> | <i>Expenses</i>      | <i>Expenses Percent (%)</i> | <i>Reason of Variation</i> |
|----------------------|------------------------|----------------------|-----------------------------|----------------------------|
| Annual Budget        | <b>Rs. 60,22,031</b>   | <b>Rs. 12,50,433</b> | 20.76                       |                            |
| Quarterly Budget     | Rs. 15,00,000          | Rs. 754135           | 50                          |                            |
| Monthly Budget       | Rs. 500,000            | <b>Rs. 578800.9</b>  | 115                         |                            |

#### 4. ISSUES, CHALLENGES

- The geographical and season was the main challenge while conducting the educational activity and screening camp at Tarebhir. There was a continue heavy rainfall during both educational activity and screening camp. And due to off rough road, one vehicle was stacked while travelling to service site.
- National election activities had halted the planned program due to which we are able to conduct camp and other program activities only in one site.

#### 5. LESSONS LEARNED

- With the active participation of women president of women's group and health facility staffs we can conduct program in a successful way in such a remote area and group of shy and hesitated community women.

#### 6. WAY FORWARD/RECOMMENDATION

- Planning to conduct coordination meeting with the newly elected stakeholders.
- Follow up on referral sites with Gokarneshwore Municipality.

#### 7. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

| <i>Activity</i>                      | <i>Budget</i> | <i>Reason for not completing</i>     |
|--------------------------------------|---------------|--------------------------------------|
| FCHV training                        | Rs. 40,000    | Due to national election activities. |
| Distribution of Equipment & Supplies | Rs. 5,000     |                                      |
| Total                                | Rs. 45000     |                                      |

#### 8. PLANNED ACTIVITIES (for upcoming month/ Period)

| <i>Activity</i>              | <i>Target</i>        |               | <i>Planned Time Frame</i>  | <i>Venue /Location of Activity</i>                         |
|------------------------------|----------------------|---------------|--|--|
|                              | <i>No. of Events</i> | <i>Budget</i> |  |  |
| 1. Screening Camp            | 3                    | Rs. 1,80,000  | 4 <sup>th</sup> , 18 <sup>th</sup> & 25 <sup>th</sup> June 2022                    | Urban Clinic Jorpati, AMDA Clinic & Sundarijal Health Post |
| 2. Educational Activities    | 1                    | Rs. 6,000     | 21 <sup>st</sup> June 2022   | Sundarijal Health Post                                     |
| 3. Diagnostic Screening Camp | 4                    | Rs. 60,000    | 7 <sup>th</sup> , 14 <sup>th</sup> , 18 <sup>th</sup> & 22 <sup>nd</sup> June 2022 | AMDA Clinic  |
| 4. FCHV training             | 2                    | Rs. 140,000   | 2 <sup>nd</sup> & 17 <sup>th</sup> June 2022                                       | Sundarijal Health Post & Urban Clinic Jorpati              |
| 5. Coordination Meeting      | 2                    | Rs. 10,000    | 6 <sup>th</sup> & 23 <sup>rd</sup> June 2022                                       | AMDA Nepal and Gokarneshwore Municipality                  |

|   |   |                     |                     |  |
|---|---|---------------------|---------------------|--|
| 6. Distribution of Equipment & Supplies | 2 | Rs. 5,000           | By the end of month | Tareveer Urban Clinic & Jorpati Urban Clinic   |
| 7. Technical Screening Training         | 1 | Rs. 1,25,000        | By the end of month | NHTC or Mariestopes Training Center, Satdobato |
| 8. Admin & Overhead Cost                | 1 | Rs. 1,40,000        | By the end of month |  |
| <b>Total</b>                            |   | <b>Rs. 6,66,000</b> |                     |  |

## 9. ANNEXES

### Annex 1: Case stories

#### **Screening Camp at Shree Tarebhir Basic School**

Tarebhir isn't so far from the main area of Gokarneshwore Municipality, just 12 km from the Jorpati where the Tamang community does resides here. It is famous for hiking, mountain bike riding and campaigning to be mesmerized with the profound natural beauty. However, the place is lack of access to quality health care, public transportation and many more.

This site was our fourth rural camp and 3<sup>rd</sup> Tamang community where we were going to conduct the camp. As per the service record of all those camps, the client flow was quite low and people are very shyful and hesitated inspite of attending the educational activity. It was quite hard to change their concept on importance on screening services, though their family members, husband and FCHV insist them to go for checkup as the health screening camp is free, nearby and best doctors were available. So, we were quite worried for the same as in Tarebhir the same Tamang Community resides and is the rural area where people lack on importance screening services and lack of time for own health check up.

So, beforehand, we planned to visit the site to assess the health facility, to coordinate with the women focal person, interact with stakeholder and to build rapport with health facility staff & FCHV on 10<sup>th</sup> Feb 2022 so that we will be able to disseminate the information regarding screening camp to every women of that community. After that we again coordinated with Service provider of Urban Clinic and the president of women's group namely Brinda Ghimire & Ms. Sunita Rana Magar respectively, who are the main focal person and has contact with every women of that area on 2<sup>nd</sup> May 2022. Both of them were quite positive and enthusiastic for this screening camp services at their locality and finalized the date for Educational activity & Screening camp on 25<sup>th</sup> & 28<sup>th</sup> May 2022 respectively.

On 25<sup>th</sup> May 2022, we conducted educational activity in the presence of 30 women at Shree Tarebhir Basic School where we provided the detail information on Breast and cervical Cancer along with the importance of screening for good health and the procedure of screening services we provide on camp day. Also, shared the incidence of shy women who didn't check up their health and the consequences they had to face and past experience we had in last 3 camp days at rural area. Meanwhile we also, addressed why we are here in this remote area and about the doctor team who will provide the service. On the day, all the women were quite positive and assured they will be at camp for the screening service.

On 28<sup>th</sup> May 2022, we organized the camp at Shree Tarebhir Basic School inspite of continue heavy rainfall and slippery off road. One of the vehicle got stucked in the middle of the way to Tareveer. Despite of all those hurdles, continue rainfall we were able to conduct camp successfully where a total of 65 women attended the camp and among them 62 clients benefitted from cervical cancer screening services (CCSS) and 63 clients benefitted from breast cancer screening service (BCSS). Out of them 3 women found with VIA positive result and 9 women found with Benign Lump in the breast and referred for further diagnostic test for VIA positive client and for breast diagnostic service at AMDA clinic.

Among all the screening camp conducted at rural area, this was one of those where people were quite positive and eager for the health checkup. They knew the importance of screening service and also requested to bring such kind of camp again as they lack for quality health services.

## **Annex 2: Consolidate data Report**

[..\..\Consolidate Report\Consolidate Report Age Wise 2022.xlsx](#)

## **Annex 3: Photographs**



Img. Educational Activity at Shree Tareveer Basic School



Image 3. Mammogram at AMDA Clinic



Img. 4. Breast USG Screening at AMDA Clinic



Img. 5 Screening Services at Shree Tarebhir Basic School (STBS)



Img.6. Cervical Screeing Services at STBS



Img.7. Registration of clients at STBS

**Annex 4: List of Participants during Health Facility Incharge Meeting**

| SN | Name of Participants  | Designation         | Working Station | Remarks |
|----|-----------------------|---------------------|-----------------|---------|
| 1  | Baikuntha Psd Sapkota | Chief Administrator | GM              |         |
| 2  | Hari Psd Upadhyay     | PHO                 | GM              |         |
| 3  | Ram Krishna Phuyal    | FPO                 | DHO             |         |
| 4  | Purna Bdr Basnet      | Officer             | GM              |         |

|    |                     |                           |                 |  |
|----|---------------------|---------------------------|-----------------|--|
| 5  | Dev Shobha Shrestha | S.ANM                     | GM              |  |
| 6  | Dr. Shangbho Lama   | MO                        | GPH             |  |
| 7  | Tika Ram Khadka     | PHI                       | GPH             |  |
| 8  | Sundar Khadka       | PHI                       | SHP             |  |
| 9  | Sabitri Shrestha    | Incharge                  | NHP             |  |
| 10 | Bharat Gurung       | PHI                       | BHP             |  |
| 11 | Lalita Lama         | PHO                       | JHP             |  |
| 12 | Sadikshya Shrestha  | AHW                       | UC Tarebhir     |  |
| 13 | Sarala Rai          | PHI                       | UC Jorpati      |  |
| 14 | Rekha Shrestha      | S. AHW                    | UC Sarbeshwore  |  |
| 15 | Tulsi Psd Subedi    | S.AHW                     | UC Shivachock   |  |
| 16 | Janabandu Bhote     | PHI                       | UC Besigaun     |  |
| 17 | Nawaraj Bagale      | PHI                       | GM              |  |
| 18 | Usha Gyawali        | S.ANM                     | GM              |  |
| 19 | Sanju Tamang        | School Health Nurse (SHC) | Gokarna Ma.V.   |  |
| 20 | Subhadra Adhikari   | SHC                       | Arunodaya Ma.V. |  |
| 21 | Saru Pandit         | SHC                       | Okhareni Ma.V.  |  |
| 22 | Sarmila Lama        | SHC                       | Chamunda. Ma.V. |  |