

AMDA Nepal
Breast and Cervical Cancer Screening Project

Monthly Progress Report

Implementing organization	AMDA Nepal
Title of the Project	Project for Breast and Cervical Cancer Screening Camp
Project Location	Gokarneshwar Municipality, Kathmandu District, Bagmati Province
Funded By	Daiichi Sankyo Co. Ltd. / AMDA MINDS
Reporting Month	July 2022
Total Project Budget	Rs. 2,68,76,925
Total Annual Budget	Rs. 60,22,031
Total Expenses till this month	Rs. 29,42,280.9
Total Expenses of this Month	Rs. 6,85,419
Report Submitted By	Srijana Shrestha
Date of Submission	10th August, 2022

1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Semi Annual Meeting	1	32	22 nd July 2022
2	FCHV Training	1	18	27 th July 2022
3	Educational Activities	1	23	25 th July 2022
4	Screening Camp			
a.	Screening Camp at Shree Iswori Basic School, Sundarijal	1	Reg.Client: 36 BCSS: 29 BL:1 CCSS: 24	2nd July 2022
b.	Screening Camp at Urban Clinic Shivachock	1	Reg.Client: 66 BCSS: 66 BL:4 CCSS: 62 VIA +ve:1	9 th July 2022
c.	Screening Camp at AMDA Nepal	1	Reg.Client: 76 BCSS: 73 SL:1 CCSS: 70	23rd July 2022
d.	Screening Camp at Urban Clinic Besigaun	1	Reg.Client: 43 BCSS: 43 BL:4 CCSS: 40	30 th July 2022
5.	Diagnostic Screening Camp-Mammogram			

a.	Mammogram Service	3	74	19 th and 23 rd July 2022
b.	USG Service	1	32	27 th July 2022
c.	Colposcopy	1	2	23 rd July 2022
6.	Technical Screening Training to Health Facility Staff	1	7	25 th to 28 th July 2022

2. KEY ACHIEVEMENTS

- We had conducted Semi Annual Meeting in the presence of Mayor, Deputy Mayor, Chief Administrator, finance officer, PHO, team of health department and Incharge of Health Facilities of Gokarneshwar Municipality, team of AMDA Minds and AMDA Nepal on 22nd July 2022.
- 1 FCHV training was conducted at Urban Clinic Besigaun on 27th July 2022. Among total 20 FCHV of Ward 7,8 and 9 only 18 FCHV received the training and was refreshed with each essential topic and focused on upmost importance information that need to be disseminate to the community people. Also, distributed the Jacket to FCHV in the presence of Ward president of ward -8.
- 1 educational event was conducted on 25th July 2022 at Urban Clinic Shiva Chock, Ward -7, where 23 members of local women's group participated & awared about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated.
- 4 events of one-day free breast & cervical cancer screening camp were conducted at Shree ISwori Basic School, Sundarijal, Urban Clinic ShivaChock, AMDA Nepal and Urban Clinic Besigaun on 2nd , 9th ,23rd & 30th July 2022 respectively. A total of 203 women attended the camp and among them 182 clients benefitted from cervical cancer screening services (CCSS) and 200 clients benefitted from breast cancer screening service (BCSS). Out of them, 8 women found with Benign Lump in the breast and 1 with Suspicious Lump for which referred to further diagnostic test at AMDA clinic. We had conducted camp at AMDA Clinic in a **Single Visit Approach** as clients were benefitted with both service. i.e Screening camp and Diagnostic screening camp.
- 4 Diagnostic screening camp were conducted at AMDA Clinic. A total of 108 clients benefitted with the service, where 74 clients received the Mammogram service, 32 client received the USG service and 2 client received colposcopy service.
- Technical training to health facilities staffs on Cervical Cancer Screening Service & Breast Cancer Screening Service had been completed on 28th July 2022 at Mariestopes Training Center Satdobato.

3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>0</i>	<i>Semi Annual Meeting</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	30	20	-2
<i>Budget</i>	40000	42025	-2025
<i>Narrative Explanation:</i>			
Date: 22 nd July 2022		Location: Gokarna-4	
Objective of the activity:	<ul style="list-style-type: none"> ✚ To disseminate the key achievement, progress and update of the program from Jan to June 2022. ✚ To discuss on lesson learned, challenges and way forward of the program. ✚ To disseminate the plan of third quarter. ✚ To address the programmatic activities as per the feedback session provided by HF team and Health team of GM. 		
<p>❖ Activity details</p> <p>On 22nd July 2022, Semi Annual Meeting was conducted at Himali Ghar Resort, Uttarahini -4 in the presence of Mayor and Deputy Mayor of Gokarneshwore Municipality(GM), Ward President of each ward, Chief Administrator, Section Officer and Health Desk Team and Health Facility Incharge of Gokarneshwore Municipality. Likewise, President, Chief Administrator, Consultant and all the team of AMDA Office along with Program Officer from District Health office (DHO) and Country Director and program coordinator of AMDA-Minds was also present in the meeting.</p> <p>The program was conducted smoothly as per the planned program schedule. With the warm welcome, program officer presented in detail regarding program objective, activities, progress report, service report i.e complied report and health facility wise report, achievement, success story and challenges faced during an entire mentioned period. Also, shared the third quarter Program Planning along with the set targets. Likewise, Dr. Neebha Ojha, Consultant and Health Post In-charge of Sundarijal shared their experiences regarding this program. After that, we had a feedback session from all the delegates and shared the solution for the major challenges i.e. referral linkage for the suspected clients. At the end of the program, closing remarks was given by DHO and AMDA Minds & chief administrator of GM with their valuable suggestion and appreciation regarding the program.</p> <p>The Recommendation & Way Forward discussed during this meeting are:</p> <ul style="list-style-type: none"> ✚ The referral linkage: Immediately implement the referral system for the suspected clients. 			

- ✚ Commencement of service of Breast & cervical cancer screening camp at HFs by trained staffs
- ✚ Clinic Registration of AMDA clinic.

❖ **Participants feedback/ suggestions/ opinions:**

- ✓ To increase the number of client service per day. If possible, to provide service to visited clients more than 60 client per day.

❖ **Follow-up plan (if any):**

- Referral Site
- Clinic Registration

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.1</i>	<i>FCHV training</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	2	0
<i>Number of Participants/ beneficiaries</i>	20	18	2
<i>Budget</i>	25000	128143	103143
<i>Narrative Explanation:</i>			
Date: 27 th July 2022		Location: Urban Clinic Shiva Chock	
Objective of the activity:		<ul style="list-style-type: none"> ✚ To evaluate the knowledge of FCHV on Breast and Cervical Cancer based on previous training. ✚ To revive the knowledge of FCHV and highlight the main topic that need to disseminate to community women. 	
<p>❖ Activity details</p> <p>On 27th July 2022 we conducted FCHV training at Urban Clinic Besigaun in coordination with Health Department of Gokarneswore Nagarpalika and HF incharge. The program was conducted in the presence of Ward President and Hari Psd Upadhaya of Health Department of Municipality, Shobha Shrestha, Sr.ANM and the Incharge of Health Facility. Before the commencement of training, Program Officer had provided the brief on program, its objective and importance of this training and key messages that need to be addressed. Among total 20, only 18 FCHV participated at Urban Clinic Besigaun of Ward 7,8 and 9. Initially we assessed the level of knowledge of participants through pre-test in order to assess the knowledge of FCHV and identify the topic that need to be addressed. Focused on key message that is required to propagate with community people. Also, focusing on active participation we conducted group discussion session among FCHV and presented the given specific topic by FCHV. And concluded the training session with summary in each topic among all FCHV. This had helped to</p>			

retain the information and with the key message, it became easy to circulate the message to community women. After the session, we took the post – test in order to assess the level of knowledge acquired by FCHV on today’s session.

After the session, Ward President gave their valuable word on this ongoing project and requested FCHV to disseminate and participate all the eligible community women to receive the service. Also, we **distributed the Jacket** to all FCHV in the presence of Ward President and Ward Members.

Participants feedback/ suggestions/ opinions:

With this training session, FCHVs had understand and retain the information regarding Breast and Cervical Cancer and certainly, this will help them to disseminate the information to community women. Such kind of refresher training should be conducted every yearly.

❖ **Follow-up plan (if any):**

Need to follow up the FCHV door to door activities with the use of Kobo tool.

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>1.2</i>	<i>Educational Activities</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	2	1	1
<i>Number of Participants/ beneficiaries</i>	25	23	2
<i>Budget</i>	11000	12100	1100
<i>Narrative Explanation:</i>			
Date: 25 th July 2022		Location: Urban Clinic Shivachcok	
Objective of the activity:		To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.	
<p>❖ Activity details</p> <p>The local women who resides in the same community had participated in educational activities program at Urban Clinic Shivachock, Ward 7. FCHV had informed to all the women of their community. Among many womens, only interested candidate participated in the educational activity.</p> <p>❖ Participants feedback/ suggestions/ opinions:</p> <p>Participants thanked for such informative session and assured that this had changed their view on health seeking behavior and will come to receive the service on schedule day.</p>			

❖ **Follow-up plan (if any):**

Not Any.

Activity Code	Name of Activity		
2.2	<i>Screening Camp</i>		
	Plan	Actual	Variance
Number of Event	4	4	0
Number of Participants/ beneficiaries	200	207	7
Budget	200000	208978	8978
<i>Narrative Explanation:</i>			
Date: 2 nd , 9 th , 23 rd & 30 th July 2022	Location: Iswori Ma. Vidhjayala, Sundarijal, Urban Clinic Shivachock, AMDA Nepal and Urban Clinic Besigaun		
Objective of the activity:	To provide screening services on breast & cervical cancer to all the women of Gokarneshwore Municipality.		
<p>❖ Activity details</p> <ul style="list-style-type: none"> All those four camp conducted in a well-managed manner. The event was targeted to women between 30 to 60 years of age. Along with screening service we provided STI medicine as per the need of the client which was supported by Gokarneshwore Municipality. <p>Among total of 214 women attended the camp and 186 clients benefitted from cervical cancer screening services (CCSS) and 207 clients benefitted from breast cancer screening service (BCSS). Out of them 10 women found with Benign Lump and 1 VIA positive and referred for further breast diagnostic service at AMDA clinic & for cervical cancer to NMC.</p> <p>Among all, only 11 clients had done previous breast screening and 40 clients had done cervical screening at respective hospitals.</p> <p>The client with VIA positive had done PAP smear test and the report was endocervicitis and USG report was Fatty liver. So as per consultation with Dr. Neebha, we had planned to do follow up after 3-6 month period.</p>			
<p>❖ Participants feedback/ suggestions/ opinions:</p> <p>Clients were very glad to receive both cancer screening and diagnostic service on the same day at AMDA clinic. Also, requested to provide USG service if possible.</p>			
<p>❖ Follow-up plan (if any):</p> <ul style="list-style-type: none"> Follow up for the further diagnostic screening camp on allotted date. Follow up to the suspected client after 3month. 			

Activity Code	Name of Activity		
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2.5		<i>Diagnostic Screening camp</i>			
		<i>Plan</i>	<i>Actual</i>	<i>Variance</i>	
<i>Number of Event</i>		4	4	0	
<i>Number of Participants/ beneficiaries</i>		100	108	-8	
<i>Budget</i>		60000	35530	24470	
Narrative Explanation:					
Date: 19 th , 23 rd & 27 th July 2022		Location: AMDA Clinic (AGWC)			
Objective of the activity:		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
❖ Activity details					
S N	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	19th	Mammogram	33	108	Normal Report.
	23rd	Mammogram	41		Normal Report.
	27th	USG	32		1. Fibroadenoma in left breast 2. Fibrocystic disease of right breast. 3. Fibroadenoma in right breast BIRAD2 Probability of malignancy. Suggested for surgical excision. 4. Fibroadenoma in both breast. Suggested for surgical excision. 5. Likely atypical fibroadenoma – Follow up after 2 month.
	23rd	Colposcopy	2		Report normal. 1 client - cervical biopsy was sent and advised Abdominal USG. The PAP test report was endo-cervicitis and in USG fatty liver was diagnosed.
❖ Participants feedback/ suggestions/ opinions: Not Any.					
❖ Follow-up plan (if any):					
<ul style="list-style-type: none"> To those client advised for follow up after 2 month. 					

4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 60,22,031	Rs. 29,42,280.9	49	
Quarterly Budget	Rs. 15,00,000	Rs. 15,02,726	100	
Monthly Budget	Rs. 6,26,000	Rs. 6,85,419	109	

5. ISSUES, CHALLENGES

- Most of the women lost to follow –up for further Breast & Cervical Cancer diagnostic screening. The flow of the client for the same is low comparison to screening services though we inform all the clients via phone about date, time and venue and the importance of checkup.
- Timely dissemination of Mammogram Report had been a challenge.

6. LESSONS LEARNED

- Though we had prior informed about meeting to Gokarneshwore Municipality, still we need to ensure the programmatic activities with Ward President if any, as the program at Ward -6 and meeting of PBCCSC on the same day had affected the presence of focal person at Meeting.

7. WAY FORWARD/RECOMMENDATION

- Planning to conduct orientation session to trained staff.
- Coordinate with Health Department of GM to commence the services through health facility.
- Follow up on referral sites with Gokarneshwore Municipality (GM).

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>
Orientation to trained staff for commencement of Service from HFs	Rs. 20000	Due to fiscal year end, most the staff were engaged in trainings and program conducted by Health Department of Gokarneshwar Municipality.
Total		

9. PLANNED ACTIVITIES (for upcoming month/ Period)

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Screening Camp	2	Rs. 1,00,000	6 th and 20 th August 2022	Urban Clinic Shiva Chock & AMDA Clinic
2. Educational Activities	2	Rs. 12,000	18 th & 25 th August 2022	Jorpati -6 & Baluwa-3
3. Diagnostic Screening Camp	4	Rs. 30,000	2 nd , 3 rd , 9 th 23 rd & 24 th August 2022	AMDA Clinic
4. FCHV training	2	Rs. 40,000	10 th & 25 th August 2022	Baluwa HP & Gokarna Nagar Hospital
5. Coordination Meeting	1	-	25 th August 2022	Gokarneswore Municipality
6. Orientation to trained staff for commencement of Service from HFs	1	Rs. 20000	24 th August 2022	AMDA Meeting Hall
7. Admin & Overhead Cost	1	Rs. 240544	By the end of month	
Total		Rs. 442544		

ANNEXES

Annex 2: Consolidate data Report



Microsoft Excel
Worksheet

Annex 3. List of Participants at Semi Annual Meeting of Gokarneswore Municipality

SN	Name	Designation	Organization	Remarks
1	Dipak Kumar Risal	Mayor	GM	
2	Sannani Lama	Deputy Mayor	GM	
3	Jayaram Mahat	President	Ward 4	
4	Narayan Bahadur Subedi	President	Ward 5	
5	Nawaraj Lama	President	Ward 6	
6	Rajib Thapa	President	Ward 9	
7	Baikuntha Psd Upadhya	Chief Administrator	GM	
8	Tanka Nath Ghimire	Section Officer	GM	
9	Ramji Rayamajhi	Account Officer	GM	
10	Hari Psd Upadhyaya	PHO	GM	
11	Shobha Shrestha	Sr. ANM	GM	
12	Dr. Anil Kumar Das	President	AMDA Nepal	
13	Dr. Neebha Ojha	Consultant	AMDA Nepal	
14	Ananta Sharma	FPO	DHO Teku	
15	Sudesh Regmi	Chief Administrator	AMDA Nepal	
15	Dr. Sangbo Lama	MO	GNH,GM	
16	Sundar Khadka	PHI	SHP	
17	Nabaraj Bagale	PHI	GM	
18	Sabitri Shrestha	AHW	NHP	
19	Lalita Kumari Lama	PHO	JHP	
20	Sudipa Mishra	ANM	GM	
21	Bharat Gurung	PHI	BHP	
22	Usha Gyawali	SANM	GM	
23	Sadikshya Shrestha	CMA	UC Tarevir	
24	Sarala Rai	PHI	UC Jorpati	
25	Tulsi Psd Subedi	S. AHW	UC Shivachock	
26	Maiko Kobayashi	Country Director	AMDA Minds	
27	Pradeep Raj Panta	Program Coordinator	AMDA Minds	
28	Umesh Acharya	Administrator	AMDA Nepal	
29	Anjana Koirala	Finance Controller	AMDA Nepal	
30	Srijana Shrestha	PO	AMDA Nepal	
31	Achyut Acharya	Senior Officer	AMDA Nepal	
32	Punya Lal Mahato	Senior Assistant	AMDA Nepal	
33	Subash Dulal	Clinic Facilitator	AMDA Nepal	

Annex 4. Pre and Post Test Result Report

1. FCHV Training at Urban Clinic Jorpati (Ward 6 and 5)

SN	Name of FCHV	Pre Test Number	Post Test Number	Remarks
1	Indira Khatiwada	40%	60%	
2	Rama Pokharel	35%	95%	
3	Indrawati Khanal	55%	80%	
4	Padma Chalise	30%	50%	
5	Bidya Rijal	40%	45%	
6	Saarasawoti Shrestha	40%	45%	
7	Anju Bhusal	40%	45%	
8	Gita Raut	40%	50%	
9	Lila Shrestha	30%	45%	
10	Shanti Acharya	55%	60%	
11	Rita	45%	50%	
12	Sarasawoti Malla Thakuri	35%	50%	
13	Anita Sapkota	35%	70%	
14	Laxmi Aryal	50%	45%	
15	Sushila Adhikari	50%	75%	
16	Bina Raut	80%	85%	
17	Sumila Raut	30%	60%	
18	Maiya Limba	50%	65%	
	Average Accuracy Rate	43%	60%	

Annex 5: Name list of technical training of Health Facility Staff

SN	Name	Designation	Organization	Remarks
1	Sita Gharti	ANM	GNH	
2	Sakuntala Ghimire	Sr.ANM	GNH	
3	Sumita Ghole	ANM	GNH	
4	Rita Sapkota	Sr.ANM	GNH	
5	Sarmila Katwal	ANM	Jorpati HP	
6	Sita Bhattraï	Sr. ANM	UHC Jorpati	
7	Khim K. Adhiraki	ANM	UHC Jorpati	

Annex 6. Photographs



Figure I Semi Annual Meeting at Himali Ghar Resort.



Figure II Addressing about program by Mayor at Semi Annual Meeting.



Figure III Breast Self examination video display during FCHV training.



Figure IV Group Work done by FCHV during training.



Figure V Registration & screening at UC Shivachok.



Figure VI Waiting for Screening service & Mammogram service at AMDA clinic.



Figure VII FCHV of Ward 8 during Screening Camp.



Figure VIII Service provided by trained staff at UC Besigaum.



Figure IX Waiting for Mammogram Service at AMDA Clinic.

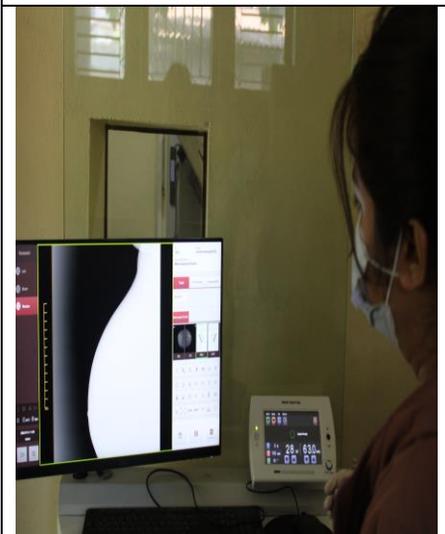


Figure X Mammogram service at AMDA Clinic



Figure XI Colposcopy service at AMDA Clinic



Figure XII Registration & Screening service at Shree Iswori Ma. Vidhayalaya.