

AMDA Nepal

Breast and Cervical Cancer Screening Project

Monthly Progress Report

Implementing organization	AMDA Nepal
Title of the Project	Project for Breast and Cervical Cancer Screening Camp
Project Location	Gokarneshwor Municipality, Kathmandu District, Bagmati Province
Funded By	Daiichi Sankyo Co. Ltd. / AMDA MINDS
Reporting Month	August 2023
Total Project Budget	Rs. 2,68,76,925
Total Annual Budget	Rs. 55,22,882
Total Expenses till this month	Rs. 26,57,969.22
Total Expenses of this Month	Rs. 2,59,169.22
Report Submitted By	Srijana Shrestha
Date of Submission	September 10, 2023

1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	1	1	13 August 2023
2	Kobo Tool –Door to Door Visit by FCHV	13 FCHV	200	August 2023
3	Educational Activities			
a.	Aama Samuha	3	106	4 and 23 August 2023
4	Screening Camp			
a.	AMDA Clinic, Ward 6	1	Reg. Client: 60 BCSS: 60 BL: 13 Suspicious Lump:0 CCSS: 58 VIA+ve: 0	12 August 2023
b.	Ghyam Gumba, Nayapati, Ward 2	1	Reg. Client: 61 BCSS: 61 BL: 5 Suspicious Lump:0 CCSS: 52 VIA+ve: 0	19 August 2023
c.	Jorpati Health Post, Ward 9	1	Reg. Client: 78 BCSS: 78 BL: 13 Suspicious Lump:0 CCSS: 75 VIA+ve: 2	26 August 2023

5	Diagnostic Screening Camp			
a.	Mammogram Service	120		1,12,22 and 29 August 2023
b.	USG Service	82		12 & 30 August 2023
c.	Colposcopy	6		12 August 2023
6.	Service Delivery from Health Facilities	8	49	August 2023

2. KEY ACHIEVEMENTS

- Attended Annual Review Meeting of Gokarneshwor Municipality(GM) on 13 August 2023 at meeting hall of GM in the presence of total 30 number of participants of health department and different 4 stakeholder of Gokarneshwor Municipality.
- Among total trained 22 FCHVs on Kobo Tool,13 FCHV had done the **door to door visit** by using Kobo tool on August 2023.
- We had conducted three **educational activities** among Tarebhir Sawastha Aama Samuha at Tarebhir Urban Health Center, Musare Tol Swastha Aama Samuha at Musure Tol, Tarebhir, ward 3 and Aarubari Mahila Samuha at Gram Nirman Bandu Mandal Club, ward 9 on 4 and 23 August 2023.
- 3 **events** of one-day free breast & cervical cancer **screening camp** were conducted at AMDA Clinic, Ward 6, Ghyam Gumba, Nayapati 2 and Jorpati Health Post, Ward 9 on 12, 19 and 26 August 2023 respectively. A total of 199 women attended the camp and among them 199 clients benefited from breast cancer screening service (BCSS) and 185 clients benefitted from cervical cancer screening services (CCSS) and. Out of them, 31 women found with Benign Lump and 2 clients with VIA positive.
- **Diagnostic screening camp** were conducted at AMDA Clinic. A total of 208 clients benefited with the service, where 82 client received the USG service, 120 clients received the Mammogram service and 6 clients received Colposcopy Service on 1,12,22,29, and 30 August 2023. We had disseminated the reports of mammogram to all the clients.
- Among total 10 **health facilities**, 8 health facilities have provided the breast and cervical cancer screening services to 49 clients at respective health facility in this month.

3. PROJECT ACTIVITY UPDATE

<i>Activity Code</i>	<i>Name of Activity</i>		
0	Coordination Meeting –Annual Review Meeting of Gokarehshwor Municipality		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	1	1	0
<i>Number of Participants/ beneficiaries</i>	35	40	5
<i>Budget</i>	0	0	0

<i>Narrative Explanation:</i>	
Date: 13 August 2023	Location: Meeting Hall of Gokarneshwor Municipality
Objective of the activity:	<ul style="list-style-type: none"> • To disseminate the key achievement, progress and update of the program from Jan 2021 to June 2023. • To discuss on lesson learned, challenges and way forward of the program. • To disseminate the plan of upcoming quarter. • To share about the positive impact of this program at Gokarneshwor Municipality.
<p>❖ Activity details:</p> <p>On 9 August 2023, attended the annual review meeting of Gokarneshwor Municipality which was conducted at meeting hall of Gokarneshwor Municipality in the presence of Chief Administrator, undersecretary of education department, finance officer, health department team, health facility in charge of Gokarneshwor Municipality and 4 different stakeholders of Gokarneshwor Municipality namely AMDA Nepal, NMC, Shankarapur Hospital and Shanta Bhawan Clinic.</p> <p>The program was conducted smoothly as per the planned program schedule. The program was commenced with the warm welcome speech by Hari Prasad Upadhaya, Public Health Officer, Gokarneshwor Municipality. The evaluation committee was formed for the evaluation on the presentation of respective health facilities. After that, along with the health post, 4 different stakeholders were requested to share the progress report of the respective program from Jan 2021 to June 2023.</p> <p>Here, we got an opportunity to share the presentation about the program from January 2021 to June 2023. We shared all the progress reports in respective activities we had accomplished with the key achievements, training to health service provider, follow up session, referral services and the positive impact on women health among community people through this program.</p> <p>Further, all the other stakeholder and health facility in charge shared the progress report they had in their respective health facilities.</p> <p>At the end of the program, closing remarks was given by Nawaraj Bagale, PHI, Gokarneshwor Municipality, with his valuable suggestion and appreciation regarding the program and also, highlighted on imperative aspects of all the program conducted through different health facilities to community people.</p> <p>❖ Participants feedback/ suggestions/ opinions: Not Any.</p> <p>❖ Follow-up plan (if any): Not any.</p>	

<i>Activity Code</i>	<i>Name of Activity</i>		
1.1	Door to Door Visit by FCHV- Kobo Tool		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
Number of Event/Person	18	13	5

Number of Participants/ beneficiaries	180	200	20
Budget	6500	6500	21000 (Expenses of previous quarter)
Narrative Explanation:			
Date: August 2023		Location: Gokarneshwor Municipality	
Objective of the activity:		<ol style="list-style-type: none"> 1) To conduct the door to door activities by FCHVs by using Kobo Tool in order to refer the new clients and follow up the old clients. 2) To record the door to door activities conducted by FCHV. 	
<ul style="list-style-type: none"> • Activity details Among total trained 23 FCHVs on Kobo Tool, only 13 FCHVs had done the door to door visit by using Kobo tool on August 2023. Total 200 clients had been visited by FCHV, among all 54 were old followed up clients and 146 clients were new clients to whom they referred for the service. Also, visited 2 FCHVs for reinstallation of the software and also ensured if there was any problem during door to door activities. Followed up 5 FCHVs to continue the door to door activities and to identify the reason for not continuing. • Participants feedback/ suggestions/ opinions: Not Any. • Follow-up plan (if any): Need to visit the FCHVs who did not continue the door to door activities. 			

Activity Code	Name of Activity		
1.2	Educational Activity		
	Plan	Actual	Variance
Number of Event	3	3	0
Number of Participants/ beneficiaries	75	106	31
Budget	18000	22129.2	4129.22
Narrative Explanation:			
Date: 4 and 23 August 2023		Location: Tarebhir Urban Health Center, Musure Tol, Tarebhir, Ward 3 and Gram Nirman Bandu Mandal Club, Ward 9	
Objective of the activity:		To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.	

- **Activity details**

Three educational events were conducted at Tarebhir Urban Health Center, Musure Tol, Tarebhir, Ward 3 and Gram Nirman Bandu Mandal Club, Ward 9 among Ananda Nagari Swargadwari Mahila Samuha, Musare Tol Swastha Aama Samuha and Aarubari Mahila Samuha where 106 women participated from Samuha on 4 and 23 August 2023.

During donor visit, FCHV of Tarebhir has informed regarding client perception about cancer screening service and the need of awareness activity. So, based on it and before the commencement of service from Tarebhir Urban Health clinic, we planned to conduct educational activities at two different groups at two different sites and our main objective along with awareness program was to advise the clients to receive the service from their nearby health facility. After this educational activity, the service has commenced from the health facility.

We aware about various aspects of Breast and Cervical Cancer Screening Services and its importance of early detection. Also emphasized the imperative aspects of screening on healthy person and tried to bring positive change in their health seeking behaviors of women instead of being shy and hesitated. Addressed the few queries they had regarding the Breast and Cervical cancer and gynae problems they had. Also, emphasized to receive the service from their nearby health facility as well.

We also accentuated on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3-year interval till the client reaches up to 60 years old at nearby health facilities.

- **Participants feedback/ suggestions/ opinions:**

Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. As this session had changed the view on screening services and need of regular checkup for the optimum health of their own instead of going hospital after being ill. Also, all women assured that they will go to receive the service on schedule day as well at their nearby health facilities.

- **Follow-up plan (if any):**

Not Any.

<i>Activity Code</i>	<i>Name of Activity</i>		
2.2	Screening Camp		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
Number of Event	2	3	1
Number of Participants/ beneficiaries	100	199	99
Budget	120000	115640	4360
Narrative Explanation:			

Date: 12,19, and 26 August 2023	Location: AMDA Clinic, Ward 6, Gyam Gumba, Nayapati, Ward 2 and Jorpati Health Post, Arubari, Ward 9												
Objective of the activity:	To provide screening services on breast & cervical cancer to all the women of Gokarneshwor Municipality.												
<ul style="list-style-type: none"> Activity details 3 events of one-day free breast & cervical cancer screening camp were conducted at AMDA Clinic, Ward 6, Gyam Gumba, Nayapati, Ward 2 and Jorpati Health Post, Arubari, Ward 9 on 12,19, and 26 August 2023 respectively. A total of 199 women attended the camp and among them 199 clients benefitted from breast cancer screening service (BCSS) and 185 clients benefitted from cervical cancer screening services (CCSS). Out of them, 31 women found with Benign Lump in the breast. Likewise, 2 clients were diagnosed with VIA positive. Furthermore, there were 19 clients with previous history of Breast Cancer Screening. However, 57 clients had previous history of Cervical Cancer Screening. Meanwhile, we had provided diagnostic screening services at AMDA clinic on USG and Mammogram services. Among all 31 Benign clients, total 22 client received the diagnostic screening services and remaining 8 clients didn't visit for the service. Furthermore, we will follow up, 2 VIA positive clients, for Colposcopy service on 30 August 2023. <p>Finding of clients suspected for benign and suspicious Lumps:</p> <table border="1"> <thead> <tr> <th>SN</th> <th>USG Services</th> <th>Mammogram Services</th> <th>Cervical Biopsy Report</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>4 client – Normal</td> <td>16 Clients - Normal</td> <td></td> </tr> <tr> <td></td> <td></td> <td>2 Client – Likely Fibroadenoma at right breast</td> <td></td> </tr> </tbody> </table>		SN	USG Services	Mammogram Services	Cervical Biopsy Report	1	4 client – Normal	16 Clients - Normal				2 Client – Likely Fibroadenoma at right breast	
SN	USG Services	Mammogram Services	Cervical Biopsy Report										
1	4 client – Normal	16 Clients - Normal											
		2 Client – Likely Fibroadenoma at right breast											
<ul style="list-style-type: none"> Participants feedback/ suggestions/ opinions: Clients were very glad to receive both cancer screening and diagnostic service nearby their locality and also glad to hear about free referral services. Also, stated that through this service, their perspective about camp has been changed. Follow-up plan (if any): To follow up the client for the colposcopy services. 													

<i>Activity Code</i>	<i>Name of Activity</i>		
<i>2.5</i>	<i>Diagnostic Screening camp</i>		
	<i>Plan</i>	<i>Actual</i>	<i>Variance</i>
<i>Number of Event</i>	4	5	1
<i>Number of Participants/ beneficiaries</i>	120	208	88
<i>Budget</i>	40,000	54655	14655
<i>Narrative Explanation:</i>			

Date: 1, 12,22,29 and 30 August 2023		Location: AMDA Clinic (AGWC)			
Objective of the activity:		To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.			
<ul style="list-style-type: none"> Activity details 					
SN	Date	Diagnostic Service	Number of Clients	Grand Total	Findings
1	12 & 30 August 2023	USG	82	208	All Normal except the following clients: <ul style="list-style-type: none"> 1 client: Well Circumscribed lesion in right breast likely fibroadenoma (BIRAD 2) 2 clients: Simple cyst in left breast 1 client: Bilateral axillary lymphadenopathy
2	1,12,22 & 29 August 2023	Mammogram	120		All Normal except the following clients: <ul style="list-style-type: none"> 1 client: Fibroadenoma in Right Breast 1 client: BIRAD 2 Category lesion in right breast –Likely fibroadenoma.
3	12 August 2023	Colposcopy	6		All Normal Except the following clients: <ul style="list-style-type: none"> 1 Client: Cervical Biopsy was sent to NMC but the report has not been received yet by the client.
<ul style="list-style-type: none"> Participants feedback/ suggestions/ opinions: Not Any. ❖ Follow-up plan (if any): <ul style="list-style-type: none"> To those clients who required for repeat colposcopy and for report of cervical biopsy. 					

Activity Code	Name of Activity		
2.3	Service Delivery from Health Facilities by trained staffs		
	Plan	Actual	Variance
Number of Event	10	8	2
Number of Participants/ beneficiaries	40	49	9
Budget	0	0	0
Narrative Explanation:			
Date: August 2023	Location: All health facility except Jorpati HP, ward 9 and Besigaun Urban Health Clinic, ward 8		
Objective of the activity:	To provide screening services on breast & cervical cancer to all the women of respective health facility.		
<ul style="list-style-type: none"> Activity details 			

Among total 10 health facilities, 8 health facilities have provided services of breast and cervical cancer screening services namely Sundarijal HP, Nayapati HP, Baluwa HP, Tarebhir Urban Health Clinic, Sarbeshwore Urban Health Clinic, Shivachock Urban Health Clinic, Urban Clinic Jorpati and Gokarneshwore Nagar Hospital. Also, advised the provider to refer the clients for diagnostic screening services at AMDA Clinic.

- **Participants feedback/ suggestions/ opinions:**
Clients were very glad to receive both cancer screening services at health facilities near by their locality.
- **Follow-up plan (if any):**
To follow up the provider to send the clients for USG and Mammogram services.

4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 55,22,882	Rs. 26,57,969.22	48%	
Quarterly Budget	Rs. 15,00,000	Rs. 775938.68	32%	
Monthly Budget	Rs. 5,00,000	Rs. 2,59,169.22	52%	

5. ISSUES, CHALLENGES

- Not Any

6. LESSONS LEARNED

- Not Any.

7. WAY FORWARD/RECOMMENDATION

- Continue the educational activities among mother's groups.
- Conduct screening and diagnostic screening camp as per need basis.
- Plan training to service provider of Gokarneshwor Municipality.
- Procurement of logistic items as required by program.
- Prepare for breast cancer awareness month.

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>
Training for service provider	1,51,600	Due to transfer issue of service provider of Gokarneshwor Municipality.

9. PLANNED ACTIVITIES (for upcoming month/ Period)

<i>Activity</i>	<i>Target</i>		<i>Planned Time Frame</i>	<i>Venue /Location of Activity</i>
	<i>No. of Events</i>	<i>Budget</i>		
1. Coordination Meeting	0	0		
2. Educational Activities	1	6,000	26 September 2023	Swatha Aama samuha
3. Screening Camp	3	2,00,000	2,23 & 30 September 2023	AMDA Clinic, Nayapati and Jorpati HP
4. Diagnostic Screening Camp	6	70000	5, 26,27 & 30 September 2023	AMDA Clinic
5. Training for Service provider	1	151,600	September 2023	Mariestopes Training Center Satdobato
6. Procurement Expenses	1	2,50,000	By the end of month	
7. Admin & Overhead Cost	1	130,000	By the end of month	
Total		Rs. 8,07,600/-		

Annex 2: Consolidate data Report



Consolidate Report
_ August 2023