

AMDA Nepal

Breast and Cervical Cancer Screening Services

Monthly Progress Report

Implementing organization	AMDA Nepal
Title of the Project	Breast and Cervical Cancer Screening Services
Project Location	Gokarneshwor Municipality, Kathmandu District, Bagmati Province
Funded By	Gokarneshwor Municipality
Reporting Month	Chaitra 2080
Total Project Budget	Rs. 15,00,000
Total Expenses of this month	Rs. 101223.33
Total Expenses till this Month	Rs. 101223.33
Report Submitted By	Srijana Shrestha
Date of Submission	10 th Baishak 2081

1. List of activities accomplished in this month

SN	Activities	Number of event	No. of beneficiaries/ Individuals	Date of conduction
1	Coordination Meeting	1	1	12 th Chaitra 2080
2.	Educational Activities			
a.	Aama Samuha	1	28	21 st Chaitra 2080
3	Screening Camp			
a.	Screening Camp at Sarbeshwore Urban Health Center, Ward 6	1	Reg. Client: 55 BCSS: 55 BL: 3 Suspicious Lump:0 CCSS: 49 VIA+ve: 3	24 th Chaitra 2080
5	Diagnostic Screening Camp			
a.	Mammogram Service	26		27 th Chaitra 2080

2. KEY ACHIEVEMENTS

- **Coordination meeting** was conducted with Gokarneshwor Municipality health department on 12th Chaitra 2080.
- We had conducted 1 **educational activity** among Ram Janaki Mahila Samuha at Srijana Secondary School, Ward 6 on 21st Chaitra 2080.
- 1 **event** of one-day free breast & cervical cancer **screening camp** were conducted at Sarbeshwore Urban Health Center, Ward 6, Ward 6 on 24th Chaitra 2080.

- 1 event of Mammogram Diagnostic screening camp were conducted at AMDA Clinic on 27th Chaitra 2080

3. PROJECT ACTIVITY UPDATE

Activity Code	Name of Activity		
1.2	Coordination Meeting		
	Plan	Actual	Variance
Number of Event	1	1	0
Number of Participants/ beneficiaries	10	7	3
Budget	3000	1500	1500
Narrative Explanation:			
Date: 12 th Chaitra 2080		Location: AMDA Meeting Hall	
Objective of the activity:		<ul style="list-style-type: none">To disseminate the planned program activities on cancer screening services at GM.To discuss on planned budget with the finance department of GM and AMDA-Nepal.To address the queries from GM if any and finalize the planned program on cancer screening services.	
<p>❖ Activity details:</p> <p>The preliminary meeting conducted on 12th Chaitra 2080 at AMDA Nepal Meeting Hall aimed to initiate discussions on the implementation of a breast and cervical cancer screening program at Gokarneshwor Municipality (GM). The key focus was to establish a framework for the program, identify potential challenges, and outline next steps. Introduced the proposed breast and cervical cancer screening program, highlighted on cost-effective service delivery and resource optimization, significance of community education program to increase awareness about breast and cervical cancer and discussed planned budget for each program by senior program officer.</p> <p>Mr. Hari Prasad Upadhaya, PHO, focal person of health department, had suggestion on to amend the contract with the number of screening camp as planned in program, to submit the data entry of previous project program. Also, suggested to discussion on budget with finance head and chief administrator of GM before the commencement of the program.</p> <p>Moreover, we had final discussion on all the activities we had planned to execute the program at Gokarneshwor Municipality along with the use of available resources and trained staffs of GM.</p> <p>This preliminary meeting served as a productive platform for initiating discussions and clear vision on execution of the breast and cervical cancer screening program.</p>			
<p>❖ Participants feedback/ suggestions/ opinions:</p> <p>Not Any.</p>			

❖ Follow-up plan (if any)

Planned meeting with Chief Administrator and finance Head of GM for the approval of planned budget of the program.

Activity Code	Name of Activity		
2.1	School Health Program		
	Plan	Actual	Variance
Number of Event	0	0	0
Number of Participants/ beneficiaries	0	0	0
Budget	0	0	0
Narrative Explanation:			
Date:		Location:	
Objective of the activity:			
<ul style="list-style-type: none">Activity detailsParticipants feedback/ suggestions/ opinions:Follow-up plan (if any):			

Activity Code	Name of Activity		
2.2	Educational Activity		
	Plan	Actual	Variance
Number of Event	1	1	0
Number of Participants/ beneficiaries	30	28	2
Budget	4000	3900	100
Narrative Explanation:			
Date: 21st Chaitra 2080		Location: Srijana Secondary School, Ward 6	
Objective of the activity:		<ul style="list-style-type: none">To disseminate and bring awareness among community women regarding imperative aspect of breast & cervical cancer screening services.To empower women with knowledge about early detection, prevention, and available screening service	
<ul style="list-style-type: none">Activity details			

The educational activity on breast and cervical cancer screening program aimed to raise awareness, provide information, and promote early detection and prevention of these two prevalent forms of cancer.

One educational event was conducted on 21 Chaitra 2080 at Sarbeshwore Urban Health Center, Ward 6 where 28 women participated from the Ramjanki Mahila Samuha.

During the program, we provided an overview of breast and cervical cancer, including risk factors, symptoms, and prevalence.

Key Highlights of the Program:

- ✚ Emphasized the significance of early detection in improving treatment outcomes and survival rate
- ✚ Discussed recommended screening guidelines for breast and cervical cancer, including mammography, clinical breast examination, USG and VIA tests
- ✚ Explained the process and frequency of screenings based on age and risk factors, highlighted the benefits of regular screening in detecting cancer at an early stage when treatment is more effective
- ✚ Addressed common myths and misconceptions surrounding cancer screening, provided information about available screening services, including locations, scheduling appointments, and free costs of services
- ✚ Demonstrated breast self-examination techniques for breast and also on cervical health, empowering women to monitor changes and seek medical attention if necessary.

We also emphasized on the breast diagnostic screening camp that need to done at AMDA clinic for USG and Mammogram services after clinical examination. And importance of regular screening of both services after 3-year interval till the client reach 60 years old at nearby health facilities.

Moreover, we also facilitated an interactive Q&A session to address participants' questions, concerns, and personal experiences related to cancer screening and encouraged open dialogue and sharing of knowledge among participants

The educational activity on breast and cervical cancer screening services among Aama Samuha was highly successful in disseminating valuable information and fostering a sense of empowerment and responsibility towards health. Continued efforts are needed to ensure sustained engagement and uptake of screening services among women in the community.

- **Participants feedback/ suggestions/ opinions:**

Participants were feeling grateful for such informative session and also expressed about their health seeking behavior. As this session had changed the view on screening services and need to do regularly for the optimum health of their own instead of going hospital after being ill. Also, all women assured that they will come to receive the service on schedule day.

- **Follow-up plan (if any):**

Not Any.

Activity Code	Name of Activity		
2.2	Screening Camp		
	Plan	Actual	Variance
Number of Event	1	1	0
Number of Participants/ beneficiaries	50	55	5
Budget	40000	34033.33	5966.67
Narrative Explanation:			
Date: 24th Chaitra 2080		Location: Sarbeshwore Urban Health Center, Ward 6	
Objective of the activity:		<ul style="list-style-type: none">To aimed to provide accessible and comprehensive breast and cervical cancer screening services to women in the community.The primary goals were early detection, prevention, and raising awareness about the importance of regular screenings	
<ul style="list-style-type: none">Activity details 1 events of one-day free breast & cervical cancer screening camp were conducted at Sarbeshwore Urban Health Center, Ward 6 on 24th Chaitra 2080. Key Activities:<ul style="list-style-type: none">➤ Preparation and Set Up: Prior to the camp, logistical arrangements were made, including venue selection, equipment setup, and staffing including educational session was conducted prior the screening camp.➤ Registration: Women attending the camp were registered and provided with information about the screening process, including its purpose and benefits➤ Screening Services: Trained healthcare professionals conducted screenings for breast and cervical cancer using appropriate methods such as clinical breast examination, and VIA Test. Privacy and confidentiality were ensured throughout the screening process to maintain participants' comfort and dignity➤ Referral: Individuals requiring further evaluation or treatment were referred to AMDA clinic for diagnostic screening services.Findings: A total of 55 women attended the camp and among them 55 clients benefitted from breast cancer screening service (BCSS) and 49 clients benefitted from cervical cancer screening services (CCSS). Out of them, 3 women found with Benign Lump in the breast. Likewise, 3 clients were diagnosed with VIA positive. For which we had referred the clients for diagnostic screening services at AMDA clinic for colposcopy, USG and Mammogram services. Conclusion: The screening camp for breast and cervical cancer screening services was successful in reaching and serving women in the community. By providing accessible screenings, education, and referrals, the camp contributed to efforts aimed at reducing the burden of these cancers and promoting women's health and well-being of GM.Participants feedback/ suggestions/ opinions:			

Clients were very glad to receive both cancer screening and diagnostic service nearby their locality and also glad to hear about free referral services.

- Follow-up plan (if any):
To follow up the client for colposcopy, USG and Mammogram services.

Activity Code		Name of Activity			
2.5		Diagnostic Screening camp			
		Plan	Actual	Variance	
Number of Event		1	1	0	
Number of Participants/ beneficiaries		20	26	6	
Budget		13000	13790	790	
Narrative Explanation:					
Date: 27 th Chaitra 2080			Location: AMDA Clinic (AGWC)		
Objective of the activity:			<div>➤ To provide diagnostic screening services to the clients for the early detection of cancer and notify the report and advice for further referral accordingly.</div> <div>➤ The primary goal was to offer accessible and high-quality diagnostic services to individuals in need</div>		
<div>• Activity details: The diagnostic screening service played a vital role in promoting preventive healthcare and early intervention. By offering accessible and comprehensive diagnostic tests, the service contributed to improving health outcomes and enhancing the well-being of individuals in the community.</div> <div>Findings:</div>					
S N	Date	Diagnost ic Service	Number of Clients	Grand Total	Findings
1	27th Chaitra 2080	Mammo -gram	26	26	<div>All Normal except the following clients:</div> <div><div>• 1 client: Focal lesion in retro areolar region of right breast fibroadenoma vs hamartoma and advised for USG. USG report: Likely Benign lesion fibroadenoma</div><div>• 1 client: Tiny benign calcification in bilateral breast. BIRAD2</div></div>
<div>All the mammogram reports are disseminated to all the clients and advised to receive follow up services after each three years till the age of 60.</div> <div>• Participants feedback/ suggestions/ opinions:</div>					

Not Any.

- Follow-up plan (if any):
Not Any.

4. BUDGET STATUS

<i>Budget Period</i>	<i>Approved budget</i>	<i>Expenses</i>	<i>Expenses Percent (%)</i>	<i>Reason of Variation</i>
Annual Budget	Rs. 15,00,000	Rs. 101223.33	6.7%	
Monthly Budget	Rs. 375000	Rs. 101223.33	27%	

5. ISSUES, CHALLENGES

- Not Any.

6. LESSONS LEARNED

- Not Any.

7. WAY FORWARD/RECOMMENDATION

- Coordinate with health and education department of GM for program related activities.
- Continue the Educational activities at School and Mothers Groups.
- Conduct Mental Health and Stress Management program among GM staffs and Ward President of GM.
- Conduct Screening and Diagnostic Camp as per need basis.
- Plan for training to Health Facility Service Provider.

8. BRIEF SUMMARY OF ACTIVITIES NOT COMPLETED (If any) - Not Any

<i>Activity</i>	<i>Budget</i>	<i>Reason for not completing</i>

9. PLANNED ACTIVITIES (for upcoming month/ Period

Activity	Target		Planned Time Frame	Venue /Location of Activity
	No. of Events	Budget		
1. Educational Activities	3	9000	10,18 and 21 Baishak 2081	Swatha Aama samuha
2. School Awareness Program	2	20,000	18, and 21 Baishak 2081	School
3. Mental Health and Stress Management Program	1	60,000	13 and 12 Baishak 2081	Himali Ghar Pvt. Limited
4. Screening Camp	3	1,50,000	8,22, and 29 Baishak 2081	Nayapati Health Post, Shivachock UHC & AMDA Clinic
5. Diagnostic Screening Camp	5	32,000	10,12, 24, and 29 Baishak 2081	AMDA Clinic
6. Procurement Expenses	1	Rs. 5,00,000	By the end of month	
7. Admin & Overhead Cost	1	Rs. 54000	By the end of month	
Total		Rs. 8,25,000/-		

Annex 2: Consolidate data Report



Consolidate Report
_Chaitra 2080

Annex 3. Photographs

Educational Activity at Srijana Secondary School, Sarbeshwore, Ward 6 on 21st Chaitra 2080



Screening Camp at Sarbeshwore Urban Health Clinic, Ward 6 on 24th Chaitra 2080



Mammogram Diagnostic Screening Camp at AMDA Clinic on 27th Chaitra 2080.



