



**AMDA-Nepal**

**AMDA Institute of Health Science**

**Kharkhare, Damak-2, Jhapa**



**Monthly Academic Progress Report**

**2082 Baisakh**

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## 1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of Chaitra 2081.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

## **2. Background**

AMDA Institute of Health Science, located in Damak-2, Jhapa, is a renowned academic institution dedicated to the development of competent and compassionate health professionals. The institute offers diploma programs i.e. Nursing, HA, CMLT, Physiotherapy and Diagnostic Radiography with a strong emphasis on theoretical and practical learning.

As part of its academic and institutional responsibilities, the institute regularly prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in educational delivery, field training, and student development. This report provides an overview of academic activities conducted during the month of Baisakh 2082, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These reports serve as a vital tool for internal review and help maintain transparency and accountability across departments.

### **3. Academic activities of the Baisakh 2082**

#### **3.1 General Medicine, CMLT & PHYSIOTHERAPY 1<sup>st</sup> year:**

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes of 1<sup>st</sup> year students of General Medicine, Physiotherapy and CMLT programs respectively.
- ❖ Unit-wise tests were conducted for all relevant subjects as part of the continuous assessment process.
- ❖ Structured revision sessions were held focusing on key topics.
- ❖ A model question paper for the Second Internal Assessment was prepared.
- ❖ Held Second Internal Assessment.

#### **3.2 Certificate in Medical Laboratory Technology 2<sup>nd</sup> & 3<sup>rd</sup> year: -**

- ❖ CMLT 2<sup>nd</sup> year, all scheduled classes were conducted without any interruptions.
- ❖ Weekly class tests were conducted to assess students' comprehension and progress.
- ❖ Field visit was undertaken at Dhulabari (NMC) on 2082/01/10, focusing on pasteurization techniques, providing students with real-world exposure to food safety practices.
- ❖ CMLT 3<sup>rd</sup> year clinical postings were continued as scheduled in different clinical areas, i.e. AMDA Hospital, Damak Hospital and Nepal Red Cross Society, Damak.

#### **3.3 General Medicine 2<sup>nd</sup> & 3<sup>rd</sup> year:-**

##### **GM 2<sup>nd</sup> year**

- ❖ Successfully completed a 6-weeks clinical posting.
- ❖ Study block commenced from the 3<sup>rd</sup> week of Baisakh.
- ❖ First internal assessment results have been published.
- ❖ Conducted a meeting with students' guardians to discuss academic progress and attendance.

##### **GM 3<sup>rd</sup> year**

- ❖ Departed GROUP-B students for community diagnosis at Mechinagar Municipality.
- ❖ Clinical posting group were divided into different units and are posted as accordingly.
- ❖ Arranged 3 groups for eye posting and planned for posting 2 weeks for each group.
- ❖ Clinical and community postings continued smoothly as per the duty roster in AMDA Hospital, Amda Mechi Hospital, Dhulabari and Mechinagar Basic Hospital Dhulabari, Birta Jyoti Eye Hospital, Damak.

### 3.4 Certificate in Diagnostic Radiography 3<sup>rd</sup> year:-

- ❖ During the month of Baisakh RG 3<sup>rd</sup> year students continued their theoretical classes as well as clinical exposure posting at AMDA hospital. They are learning about patient preparation, machine operation, image acquisition and interpretation under the guidance of radiologists and technologists.

### 3.5 PCL Nursing 1st, 2nd & 3<sup>rd</sup> year

- ❖ Clinical postings for PCL Nursing 1st and 2nd-year 3<sup>rd</sup> year students were continued in various departments of AMDA Hospital. - Theoretical class continued alongside clinical postings, with class held one day per week as per the curriculum.
- ❖ Completed 2<sup>nd</sup> internal assessment

## 4. Administrative Activities

### 4.1 Staff Meeting:-

A staff meeting was conducted on 2<sup>nd</sup> Baisakh 2082 with the administrative team. The meeting aimed to discuss ongoing administrative activities, address any challenges faced, and plan for upcoming tasks. Important issues such as workflow improvement, coordination among departments, and resource management were discussed. All administrative staff members actively participated, and the meeting was held in a collaborative and constructive atmosphere.

### 4.2 Celebration of 205<sup>th</sup> International Nursing Day

On the occasion of the **205<sup>th</sup> International Nursing Day**, our team organized a special outreach program at **Anath Bal Briddha Ashram, Damak-9**. The event aimed to embody the true spirit of nursing by extending compassion, care, and support to the elderly and orphaned residents of the Ashram. We provided **basic essential items** such as hygiene kits, nutritional supplements, clothing, and other daily necessities.

As part of the celebrations, a joint effort with AMDA Hospital Damak a **fruit distribution program** was held, where fruits were distributed to in-patients as a gesture of care and compassion.

AMDA Hospital, AIHS and Nepal Red Cross, NAN Damak, Jhapa jointly organized a blood donation program to honor the selfless contributions of nurses and promote the spirit of service in healthcare in the program, nursing staff and students voluntary donated blood

## 5. Conclusion

The month of **Baisakh** marked a productive and engaging period for AMDA Institute of Health Science, Damak. Academic activities proceeded as scheduled, with successful completion of theoretical classes, practical sessions, and field-based learning components. Students actively participated in classroom discussions, laboratory work, and community outreach programs, demonstrating growth in both knowledge and professional skills.

## 6. PLAN FOR NEXT MONTH

### 6.1 GM, CMLT, & PHYSIOTHERAPY 1<sup>st</sup> year:

- ❖ Theoretical & practical classes, as well as unit test will be continued
- ❖ The results of the Second Internal Assessment will be published. Report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.

### 6.2 CMLT (2<sup>nd</sup> and 3<sup>rd</sup> year)

- ❖ A parents meeting will be conducted to brief 2<sup>nd</sup> internal assessments result of both 2<sup>nd</sup> and 3<sup>rd</sup> year
- ❖ Arrange public health field visit (water purification and hospital waste management for 2<sup>nd</sup> year students
- ❖ 3<sup>rd</sup> year students the group rotation in clinical posting.

### 6.3 GENERAL MEDICINE (2<sup>nd</sup> and 3<sup>rd</sup> year)

- ❖ Continue study block and conduct 2<sup>nd</sup> internal assessment and continuing theoretical classes
- ❖ Achieving completion of data collection, school health program and micro health project for community posting group (GROUP-B).
- ❖ Achieving at least 5 case recording by individual student from their respective duty station for clinical posting group. (GROUP-A).
- ❖ Continuing eye posting at Birta Jyoti Eye Hospital, Damak as scheduled.

#### **6.4 Certificate in Diagnostic Radiography (3<sup>rd</sup> year)**

- ❖ 2<sup>nd</sup> internal assessment, regular theoretical and clinical posting

#### **6.5 PCL Nursing:**

- ❖ For the upcoming month, PCL Nursing 1st year students continue their clinical postings in various hospital departments alongside regular theoretical classes; 2nd year students continue their clinical postings and complete the School Health Program; and 3rd year students will focus on completing the Hospital Leadership and Management

## 7. PHOTO GALLERY



**Fig: Conducting 2<sup>nd</sup> Internal Assessment (BASIC SCIENCE 1<sup>st</sup> year)**



**Fig: Blood Donation by AIHS students on the occasion of 205<sup>th</sup> Nursing International Day**



**Fig: Celebrating 205<sup>th</sup> International Nursing Day at Anath Bal Briddha Ashram, Damak-9**



**Fig: CMLT 2<sup>nd</sup> year Dhulabari / NMC visit**

**Thank you!**

AIHS

Damak-2, Jhapa