



**AMDA-Nepal**

**AMDA Institute of Health Science**

**Kharkhare, Damak-2, Jhapa**



**Monthly Academic Progress Report**

**2082 Magh**

## Table of Contents

<b>S.No</b>	<b>CONTENT</b>	<b>Page No.</b>
<b>1</b>	<b>Introduction</b>	<b>1</b>
<b>2</b>	<b>Background</b>	<b>2</b>
<b>3</b>	<b>Academic Activities of Asar2081</b>	<b>3</b>
3.1	General Medicine, CMLT & Physiotherapy (1st Year)	3
3.2	Certificate in Medical Laboratory Technology (2 <sup>nd</sup> & 3 <sup>rd</sup> year)	3
3.3	General Medicine (2nd and 3rd Year)	4
3.4	Physiotherapy 2 <sup>nd</sup> year	4
3.5	PCL Nursing	4 -5
<b>4</b>	<b>Administrative Activities</b>	<b>5</b>
4.1	Staff Meeting	5
<b>4.2</b>	<b>Saraswoti Puja 2082</b>	<b>5</b>
<b>5</b>	<b>Conclusion</b>	<b>6</b>
<b>6</b>	<b>Plan for next month –Academic section</b>	<b>6-7</b>
<b>7</b>	<b>Plan for next month –Admin section</b>	<b>7</b>
<b>8</b>	<b>Photo Gallery</b>	<b>8</b>

## 1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of Magh **2082**.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

## 2. Background

**AMDA Institute of Health Science**, located in Damak-2, Jhapa, is a renowned academic institution committed to producing competent and compassionate health professionals. The institute offers diploma-level programs in Nursing, Health Assistant (HA), Certificate in Medical Laboratory Technology (CMLT) and Physiotherapy with a strong emphasis on both theoretical knowledge and practical skill development.

As part of its academic and institutional responsibilities, the institute prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in teaching–learning processes, field training, and overall student development.

This report presents an overview of the academic activities carried out during **Magh 2082**, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These monthly reports serve as important tools for internal review and help maintain transparency, accountability, and consistent quality across all departments for the academic year **2082–2083**.

### 3. Academic activities of the Poush 2082

#### 3.1 General Medicine, CMLT & Physiotherapy 1<sup>st</sup> year:

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes of 1<sup>st</sup> year students of General Medicine, Physiotherapy and CMLT programs respectively.
- ❖ Unit-wise tests were conducted for all relevant subjects as part of the continuous assessment process
- ❖ Structured revision sessions were held focusing on key topics
- ❖ Saraswati puja was celebrated with devotion and prayers within the institute premises
- ❖ Sports week was conducted and accomplished with active participation of students in various indoor and outdoor games.

#### 3.2 Certificate in Medical Laboratory Technology 2<sup>nd</sup> & 3<sup>rd</sup> year: -

##### CMLT 3<sup>rd</sup> year:

- Approximately 60 % courses have been completed.
- A **Comprehensive Hospital Based Clinical Practices** has been conducted from 2082/09/01 to 2083/03/30 at:
  - ✓ AMDA Hospital laboratory department, Damak
  - ✓ Damak Hospital, Damak
  - ✓ Madan Bhandari Hospital & Trauma Center, Mangalabare, Morang &
  - ✓ A clinical posting will be posted to Red Cross Damak from 2080/11/01 to 2082/11/22 for the first group.
- A group 6, 8 and 14 students has been mobilized at 4 different hospitals on shift -wise duty.
- Regular morning classes for two subjects are being conducted.
- Saraswati puja has been conducted on 2082/10/09 at college premises.
- Sports Week was conducted successfully from 2082/10/13 to 2082/10/15.

##### CMLT 2<sup>nd</sup> Year:

- 40 % courses have been completed.
- Regular theory and practical classes are being conducted as per schedule.
- Saraswati puja has been conducted on 2082/10/09 at college premises.
- Sports Week was successfully conducted from 2082/10/13 to 2082/10/15

### 3.3 General Medicine 2<sup>nd</sup>& 3<sup>rd</sup> year:-

#### General Medicine 2<sup>nd</sup> year

- ❖ All scheduled classes were conducted without any interruptions. Approximate 50 % of course has been completed.
- ❖ **Study block sessions, demonstration classes, and practical classes** were continued as per the academic schedule.
- ❖ Sarasawati puja has been conducted on 2082/10/09 at college premises.
- ❖ Sports Week was successfully conducted from 2082/10/13 to 2082/10/15

#### General Medicine 3<sup>rd</sup> year

- ❖ All scheduled classes were conducted without interruption.
- ❖ Approximately 85% of the course has been completed.
- ❖ Monthly tests for individual subjects were conducted.
- ❖ Saraswati Puja was celebrated at the institute premises.
- ❖ Three days of extracurricular activities were organized successfully.

### 3.4 Physiotherapy 2<sup>nd</sup> year:-

- ❖ Theoretical classes for the academic session 2082/083 were continued regularly, with approximately 45% of the course completed.
- ❖ Class tests were conducted to evaluate students' understanding and academic progress.
- ❖ Students actively participated in Sports Week activities.
- ❖ Saraswati Puja was celebrated at the institute premises.

### 3.5 PCL Nursing 1<sup>st</sup>, 2<sup>nd</sup>& 3<sup>rd</sup> year

- ❖ Regular **theoretical classes continued as per the academic schedule**, and approximately **75% of the defined syllabus** has been completed during the month.
- ❖ PCL Nursing 1<sup>st</sup> year students were taken for observation visit to NMC Dairy, Waste disposal, Water purification and Geriatric home.
- ❖ Saraswoti puja was celebrated with devotion and prayers.
- ❖ Sports week was conducted and accomplished with success.

- ❖ Pediatric exhibition was conducted by 3<sup>rd</sup> year students in Sangha Devi School, Damak 10.
- ❖ Students were engaged in extracurricular activities like quiz contest, indoor games for refreshment.
- ❖ Community field visit started for the first year students.
- ❖ Clinical posting commenced for 3<sup>rd</sup> year students.

## 4 Administrative Activities

### 4.1 Staff Meeting:-

A staff meeting was conducted at **AMDA Institute of Health Sciences** to discuss and plan the effective organization of Saraswoti Puja and the Annual Sports Week. The meeting was attended by the administrative team, faculty members, and concerned coordinators. During the meeting, detailed discussions were held regarding program schedules, allocation of responsibilities, budget management, student participation, logistics, and overall coordination. Duties were distributed among staff members to ensure smooth execution of both events. The importance of cultural values, student engagement, teamwork, and discipline was emphasized. As a result of effective planning and coordination, Saraswoti Puja was celebrated with devotion and harmony, and Sports Week was successfully conducted with active participation from students and staff.

### 4.2 **Saraswoti puja 2082**

Saraswoti Puja was celebrated with great devotion and enthusiasm on Magh 9 at **AMDA Institute of Health Sciences**. The program was organized within the college premises in a peaceful and spiritually uplifting environment. Students, faculty members, and staff actively participated in the पूजा ceremony, offering prayers to Goddess Saraswoti for wisdom, knowledge, and academic success. The campus was beautifully decorated, and the ritual was conducted according to traditional customs. The celebration strengthened cultural values among students and promoted unity, harmony, and a positive academic atmosphere within the institution.

## 5 Conclusion

In conclusion, the month was productive and successfully accomplished at **AMDA Institute of Health Sciences, Damak**. All academic activities were conducted as per the scheduled plan, and significant progress was achieved in course completion across different programs. Internal assessments, clinical postings, community visits, and practical sessions were carried out effectively. In addition to academic advancement, extracurricular activities such as **Saraswoti Puja and Sports Week** were organized successfully, promoting cultural values, teamwork, and student engagement. Overall, the institute maintained a balanced focus on academic excellence and holistic student development during the reporting period.

## 6. PLAN FOR NEXT MONTH Phalgun 2082 (academic section)

### 6.1 GM, CMLT, & PHYSIOTHERAPY 1<sup>st</sup> year:

- ❖ Theoretical & practical classes, as well as unit test will be continued
- ❖ The results of the First Internal Assessment will be published. Report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.

### 6.2 CMLT (2<sup>nd</sup> and 3<sup>rd</sup> year)

#### CMLT 2<sup>nd</sup> year:

- ❖ Regular basis theory and practical class
- ❖ Lab observational clinical posting will be started ...from 2082/10/01 at various departments of Lab.

#### CMLT 3<sup>rd</sup> year:

- ❖ Comprehensive hospital-based clinical practice along with regular morning classes for three subjects will be conducted on a continuous basis.
- ❖ Parents meeting



### **6.3 General Medicine 2<sup>nd</sup> & 3<sup>rd</sup> year**

#### **GM 3<sup>rd</sup> year**

- ❖ Continue theory classes.
- ❖ Prepare operational calendar for new session.
- ❖ Discuss for clinical posting (hospital and community health posting)
- ❖ Discussion for monthly test of individual subjects.
- ❖ Plan for 2<sup>nd</sup> Internal Assessment.
- ❖ Plan for meeting with Mangalbare Hospital Team for Community Field Posting.

### **6.4 Physiotherapy 2<sup>nd</sup> year**

- ❖ Continue study block and practical classes as per the academic schedule.
- ❖ Plan parents meeting
- ❖ Conduct class test of all subjects
- ❖ Preparation for 2<sup>nd</sup> internal assessment.
- ❖ Celebrate AMDA day.

### **6.5 Nursing 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> year**

- ❖ To continue community field posting for 1<sup>st</sup> year student.
- ❖ To Continue clinical posting for 3<sup>rd</sup> year students.
- ❖ To commence clinical posting for 2<sup>nd</sup> year students.
- ❖ To prepare 2<sup>nd</sup> year students for school health program.
- ❖ Celebrate AMDA DAY

## **7. PLAN FOR NEXT MONTH Poush 2082 (admin section)**

- ❖ Monthly staff meeting for academic promotion and celebrate AMDA Day
- ❖ Celebrate AMDA Day

## 8. PHOTO GALLERY



Image: 1<sup>st</sup> year Observation Visit



Image: Toy Exhibition



Image: Sarswoti Puja

**Thank you !**

**AIHS,Damak**