



AMDA-Nepal

AMDA Institute of Health Science

Kharkhare, Damak-2, Jhapa



Monthly Academic Progress Report

2083 Baisakh

Table of Contents

S.No	CONTENT	Page No.
1	Introduction	1
2	Background	2
3	Academic Activities of Asar2081	3
3.1	General Medicine, CMLT & Physiotherapy (1st Year)	3
3.2	Certificate in Medical Laboratory Technology (2 nd & 3 rd year)	3
3.3	General Medicine (2nd and 3rd Year)	3-4
3.4	Physiotherapy 2 nd year	4
3.5	PCL Nursing	5
4	Administrative Activities	5-6
4.1	Staff Meeting	5
4.2	Participate in TVET Fair	6
5	Conclusion	6
6	Plan for next month –Academic section	6-7
7	Plan for next month –Admin section	7
8	Photo Gallery	8

1. Introduction:

The **AMDA Institute of Health Science (AIHS), Damak** formerly known as the AMDA Health Manpower Development Center was established in 1996 by AMDA Nepal under the umbrella of AMDA Hospital Damak. It is a premier academic institution committed to producing skilled, ethical, and competent health professionals through quality education, practical training, and community engagement. Established under the umbrella of AMDA-Nepal, the institute has been actively involved in providing education in nursing, General Medicine and other allied health sciences.

Initially, AIHS offered Technical School Leaving Certificate (TSLC) programs in Auxiliary Nurse Midwife (ANM) and Medical Lab Technology (Lab Assistant), with the Community Medical Assistant (CMA) course added in 1997. In 2008, the institute expanded its academic offerings by introducing the Proficiency Certificate Level (PCL)/Diploma in Nursing (Staff Nurse) program. In 2012, the center was renamed as AMDA Institute of Health Science (AIHS), and in the same year, it was recognized by the Council for Technical Education and Vocational Training (CTEVT) as the best institution in the Eastern Development Region on its 26th anniversary. Further expansion occurred in 2018 with the launch of the PCL/Diploma in General Medicine (Health Assistant) program. By 2022, the TSLC-level programs were upgraded to PCL/Diploma levels in Medical Lab Technology, diploma in diagnostic Radiography, and Physiotherapy.

As part of its commitment to academic excellence and accountability, AIHS Damak prepares monthly academic progress reports to monitor, review, and enhance academic activities. This report outlines the academic progress, departmental updates, student attendance, examination schedules, internal assessments, and faculty contributions during the month of **Baisakh 2083**.

The purpose of this monthly reporting system is to ensure continuous academic quality, identify challenges early, and promote timely interventions to support student success and institutional growth.

2. Background

AMDA Institute of Health Science, located in Damak-2, Jhapa, is a renowned academic institution committed to producing competent and compassionate health professionals. The institute offers diploma-level programs in Nursing, Health Assistant (HA), Certificate in Medical Laboratory Technology (CMLT) and Physiotherapy with a strong emphasis on both theoretical knowledge and practical skill development.

As part of its academic and institutional responsibilities, the institute prepares monthly reports to monitor progress, assess activities, and ensure continuous improvement in teaching–learning processes, field training, and overall student development.

This report presents an overview of the academic activities carried out during **Baisakh 2083**, including class schedules, attendance records, internal assessments, co-curricular engagements, and faculty contributions. These monthly reports serve as important tools for internal review and help maintain transparency, accountability, and consistent quality across all departments for the academic year **2082–2083**.

3. Academic activities of the Baisakh 2083

3.1 General Medicine, CMLT & PHYSIOTHERAPY 1st year:

- ❖ AIHS, Damak continued its regular schedule of theoretical and practical classes of 1st year students of General Medicine, Physiotherapy and CMLT programs respectively.
- ❖ Unit-wise tests were conducted for all relevant subjects as part of the continuous assessment process
- ❖ Structured revision sessions were held focusing on key topics
- ❖ PLAN for Third Internal Assessment
- ❖ Course completion
- ❖ Model Question for Third Internal Assessment
- ❖ Revision for Third Internal Assessment

3.2 Certificate in Medical Laboratory Technology 2nd&3rdyear: -

- ❖ Comprehensive hospital-based clinical practice along with regular morning classes for three subjects will be conducted on a continuous basis.
- ❖ Re-Exam was conducted those who failed to secure pass marks in second internal exam for 3rd Year CMLT students.
- ❖ 70% course has been completed for 3rd Year CMLT students.
- ❖ Completed Histopathology posting at Birat Medical College, Biratnagar

3.3 General Medicine 2nd& 3rd year:-

General Medicine 2nd year

- ❖ AIHS, DAMAK continued its regular schedule of theoretical and clinical posting of General Medicine 2nd year students.
- ❖ 2nd internal assessment completed as per schedule
- ❖ Completed 80-85% of course

General Medicine 3rd. Year

- ❖ Clinical posting at AMDA, Damak and Community posting at Madan Bhandari Trauma Center is being continued.
- ❖ Regular monitoring and supervision of students were continued at both clinical and community respectively.
- ❖ Case Presentations were performed by students at different units (Emergency, Medical-Surgical, OPD) at AMDA, Damak.
- ❖ “School Health Program”, “Micro Health Program” and “Grand Presentation” by students posted at Madan Bhandari Trauma Center, Urlabari, was conducted successfully.
- ❖ Groups were interchanged i.e. students posted at AMDA, Damak and Madan Bhandari Trauma Center, Urlabari were interchanged for next two months.
- ❖ PLAN for Second Internal Assessment.

3.4 Physiotherapy 2nd year:-

- ❖ Theoretical & practical classes, as well as unit test will be continued
- ❖ The results of the Second Internal Assessment will be published. Report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.
- ❖ Community research practical/community visits will be started

3.5 PCL Nursing 1st, 2nd & 3rd year

PCL NURSING 1ST year

- ❖ Continued fundamental clinical posting in AMDA hospital.
- ❖ Celebrate international Nurses' Day on May 12

PCL NURSING 2ND YEAR

- ❖ Continued clinical posting in AMDA hospital.
- ❖ Celebrate international nurses' day on May 12.

PCL NURSING 3RD YEAR

- ❖ Continued clinical posting in AMDA hospital in different departments like antenatal, labor, postnatal and pediatric ward. Completed hospital leadership and management of students by the 4th week of Baisakh at AMDA Hospital, Damak and celebrate international nurses' day on May 12.

4 Administrative Activities

4.1 Staff Meeting: -

A monthly staff meeting was conducted to discuss preparations for the new **Academic Session 2083/2084** and strengthen enrollment activities. During the meeting, faculty and staff reviewed academic plans, student recruitment strategies, and promotional activities to enhance institutional visibility. With the commencement of the admission process, application form distribution was initiated, and a dedicated **Help Desk** was established to provide information and guidance to prospective students and parents regarding programs, eligibility criteria, admission procedures, scholarships, and career opportunities. The meeting concluded with a commitment to ensure a smooth enrollment process and successful student intake for the upcoming academic session.

4.2 Participate in TVET Fair

AMDA Health Institute, Damak participated in the TVET Educational Fair to promote its health science programs and raise awareness about technical and vocational education. The institute provided information on academic programs, admission procedures, scholarships, and career opportunities, while interacting with students, parents, and other stakeholders. The event served as an effective platform to enhance the institute's visibility and connect with prospective students.

5 Conclusion

The month was productive and focused on preparations for the new academic session, enrollment promotion, and institutional development. Key activities, including staff meetings, admission campaigns, application form distribution, and the establishment of a **help desk**, were successfully carried out. These initiatives contributed to enhancing student outreach, improving stakeholder engagement, and ensuring a smooth admission process. The month's achievements reflect the institution's commitment to providing quality education and strengthening its presence within the community.

6. PLAN FOR NEXT MONTH Jestha 2083 (academic section)

6.1 GM, CMLT, & PHYSIOTHERAPY 1st year:

- ❖ Plan for Third Internal Assessment. Pre-BOARD EXAMINATION
- ❖ The results of the Third Internal Assessment will be published. Report cards will be distributed in the presence of both students and their guardians. Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.

6.2 CMLT (2nd and 3rd year)

- ❖ Planning for 3rd internal assessment from Jestha 3rd week.
- ❖ Continue clinical posting and study block

GM 3rd year

- ❖ Routine of Second Internal Assessment will be prepared.
- ❖ Clinical and Community posting will be continued
- ❖ The results of the Second Internal Assessment will be published.
- ❖ Report cards will be distributed in the presence of both students and their guardians.
Constructive feedback will be provided to students in each subject to help them understand their performance and improve in areas of weakness.

6.4 Physiotherapy 2nd year

- ❖ To continue theory classes and complete observation posting at AMDA Institute of Health Science, Damak Jhapa

6.5 Nursing 1st 2nd and 3rd year

PCL NURSING 1ST YEAR.

- To continue fundamental clinical posting in AMDA hospital and complete 3rd internal assessment

PCL NURSING 2ND YEAR

- To continue clinical posting in AMDA hospital and complete study block

PCL NURSING 3RD YEAR

To complete community leadership and management and PHC posting

7. PLAN FOR NEXT MONTH BAISAKH 2083 (admin section)

- ❖ Monthly staff meeting for new student enrollment

PHOTO GALLERY



Thank you!
AIHS, Damak